

What's Next?

A support group for those experiencing grief and loss



Wednesdays, beginning July 8

6:00-7:00 p.m. CST

Attend any or all sessions.

Register at: <http://tiny.cc/8iy3rz>

All are invited to find blessings in the midst of grief.

The effects of grief and loss interrupt meaningful connections in our lives. This path can lead to broken hearts, painful detachments and unmet desires.

These sessions will offer tools of reconstruction. We will learn how to embrace various feelings associated with loss with courage and anticipation toward wholeness.

You will be supported along your journey.



LaShondria Purnell, RN, facilitates the support group and is committed to journeying alongside you in your time of grief.

**If you have questions, contact Lashondria at:
Lashondria.Purnell@advocatehealth.com or
708-506-8724.**

Lashondria, known as Shonie, is a community referral source and Faith Community Nurse with Advocate Health Care.



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Building Community in South Chicago

