

How to Prevent Foggy Glasses While Safely Masking



- Fit the mask securely over your nose
- Use soapy water to create an anti-fog film on the lens
- Use your glasses to seal the facemask
- Secure the top of the mask with skin-friendly medical or sports tape



PRO TIP:

Items like pipe cleaners, wired ribbon, and twist ties can be used to help create a seal on your facemask.