How to Prevent Foggy Glasses While Safely Masking

- Fit the mask securely over your nose
- Use soapy water to create an anti-fog film on the lens
- Use your glasses to seal the facemask
- Secure the top of the mask with skin-friendly medical or sports tape

PRO TIP:
Items like pipe cleaners, wired ribbon, and twist ties can be used to help create a seal on your facemask.

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