

Risking Connection[®]



A Trauma-Informed Curriculum for Faith Communities

About the Workshop:

Risking Connection in Faith Communities is a 2-day workshop developed by the Sidran Institute to equip faith leaders (clergy and lay) to build trauma responsive congregations.

By the end of the workshop you will:

- ◆ Understand the basic dynamics of trauma and how these experiences impact people's behavior, health, and well-being;
- ◆ Understand the spiritual impact of trauma and the ways in which spirituality supports resilience;
- ◆ Be able to use the RICH approach in your relationships in your home, congregation and community;
- ◆ Attend to your own vicarious trauma and the impact on your own well-being and leadership
- ◆ Be prepared to take practical steps to create a RICH, trauma- responsive environment in the congregation.

Who should attend:

Faith Leaders (clergy and lay), religious educators, youth leaders, care and support committees, day care staff, health and wellness councils, faith nurses and anyone who is concerned about how faith and spirituality can help bring healing and hope and foster resilience in our communities.

March 13th and 14th - Westside Community Triage & Wellness Center

4133 W. Madison, Chicago, IL

<https://riskingconnectionfaith.eventbrite.com>

Registration is \$50 which covers breakfast, lunch and materials for both days.

For questions or scholarships contact Octavia.tyson@cityofchicago.org

What happens after the workshop? The Chicagoland Trauma-Informed Congregations Network (CTICN) offers many opportunities for continued learning, peer-to-peer networking and partnership building. Sign-up for the CTICN newsletter at: <https://www.faithhealthtransformation.org/newsletter-signup-form/>

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