TOGETHER WE CAN SAVE LIVES

**Stay home**
- Do not gather or play sports with others in places like parks.
- Do not go to others’ homes to socialize. Do not have visitors.
- Do not have family gatherings.

**If you must leave home, take precautions**
- Do not leave home except for essential needs (work, groceries).
- Keep 6 feet between yourself and others.
- Only ride the bus if you **MUST** (work, pharmacy, urgent care).
- When home, take off your shoes and leave them at the door.
- Wash your hands often for 20 seconds.

**If you must go out, wear a mask**
- Do not place a mask on children 2 years old or younger.
- Use a blanket to cover an infant carrier.

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**How to make a no-sew cloth mask**

1. Cut 7-8 inches off the bottom of a t-shirt.
2. Cut the strings 6-7 inches in from the right.
3. Tie the strings around the neck and over the top of the head.

Content source: Centers for Disease Control and Prevention
FACT

You can pass COVID-19 without showing symptoms.

Wearing a mask or bandanna can help stop the spread of COVID-19.

Wash your hands often for 20 seconds.

Staying at least 6 feet apart helps stop the spread of COVID-19.

Our communities will survive as long as we trust the facts to stop the spread of COVID-19.

FALSE

Black or brown people cannot catch COVID-19.

Drinking alcohol can kill COVID-19.


Hand dryers can kill COVID-19.

If you can hold your breath for 10 seconds without coughing you don’t have COVID-19.

Content source: Project Brotherhood