

Staying Informed About Black Maternal Health

Documentaries: For longer reflection and to be better informed on the areas of Black maternal mortality.



When The Bough Breaks

Milwaukee Public Broadcasting Station's "When the Bough Breaks" examines the mystery of the Black-White infant mortality gap.

High Risk: Black Mothers Protecting Themselves and Their Babies

A documentary film addressing the high maternal mortality rate of Black women in the United States.

Ted Talks: The following Ted talks are continuing with theme of improving maternal health outcomes.

Midwives, Maternal Mortality, and the Black Experience of Birth

Maternal mortality is higher among Black American women. Tammi McKinley discusses the beneficial role of midwives and their personal connection with the family.

How the United States medical community fails Black mothers

In the US, Black women are nearly 300 percent more likely to die as a result of childbirth than white women. Wanda Irving explains how racism and bias in health care minimizes and dismisses Black women's pain.

How we can improve maternal healthcare -- before, during and after pregnancy?

The United States has the highest rate of deaths for new mothers of any developed country. Sixty of them are preventable. Elizabeth Howell, a physician explains the causes of maternal mortality and shares ways the medical community can make pregnancy safer for women before, during and after childbirth.

Reading Lists: If you're interested in learning more on advocacy and legislation to reduce these outcomes, read articles below.

The Black Maternal Health Momnibus Act of 2021

Maternal care program within the Department of Veterans Affairs

WBEZ Chicago: A New Push to Close Black Maternal Health Disparities (features an AAH Trinity Hospital doctor on panel)

Louis, J. M., Menard, M. K., & Gee, R. E. (2015). Racial and ethnic disparities in maternal morbidity and mortality. *Obstetrics & Gynecology*, 125(3), 690-694.

Podcasts

[Breaking Down The 2021 Momnibus Bill](#), Health Affairs Podcast, February 12, 2021

[Great podcast on midwifery care](#)

Additional Resources

[Advocate Health Care High-Risk Pregnancy](#)

Management through a multi-disciplinary team of experts, diagnostic services and fetal medicine.

Text4Baby. Get support throughout your pregnancy and your baby's first year with free text messages on topics like prenatal care, baby health, parenting & more.

[Mother and Baby Postpartum Care](#)



After the Baby Arrives – CDC. Includes a wide range of health, safety, and child development resources and information.

Office on Women's Health offers resources on pregnancy, getting ready for baby, and childbirth and beyond.

Illinois Department of Healthcare and Family Services offers resources on improving moms' and babies' health, preconception care, screening services and more.

The City of Milwaukee Health Department's Maternal and Child Health programs provide resources to improve birth outcomes and reduce infant mortality.

Doula Organizations and Programs

Milwaukee

- [WE RISE](#)
- [Southeastern Wisconsin Black Doula Directory](#)
- [CARE Network Wisconsin](#)
- [Birth Outcomes Made Better \(BOMB\) Doula Program](#)

Illinois

- [Chicago Volunteer Doulas](#)
- [Chicago Birthworks Collective](#)
- [Birth Guide Chicago](#)

Out-of-Hospital Birth Information

- [Differences between a midwife and doula](#)
- [Comparison Chart of Midwives](#)