Mental Health First Aid Course

Just as CPR helps you assist an individual having a heart attack, Mental Health First Aid helps you assist someone experiencing a mental health or substance use-related crisis.

Two separate courses will be offered:

1. Adults interacting with adults
2. Adults interacting with youth

Both courses will include information on:

- Risk factors and warning signs for mental health and addiction concerns
- Strategies to help someone in both crisis and non-crisis situations
- Where to turn for help

Friday, February 28
9:30 a.m. - 6:00 p.m.
Aurora Medical Center
10400-75th Street
Kenosha
Conference Rooms E and F
Fee: $18.95 for course participant guide, plus Eventbrite processing fee

**To register for either course,
please visit EventBrite.com and search "*Mental Health First Aid*".**

For more information, please contact Kenosha County Division of Health at (262) 605-6741 or email narcan@kenoshacounty.org.

Registration space is limited and will close the week prior on February 21.

Lake Behavioral Hospital is generously providing lunch.

Sponsored by:

KENOSHA COUNTY WISCONSIN · Established 1850

Extension
UNIVERSITY OF WISCONSIN-MADISON

In partnership with:

Aurora Health Care®
We are AdvocateAuroraHealth

LAKE
Behavioral Hospital