

Support Teams and Mental Health Care

All are Invited to Support Teams and Mental Health Care Webinar

Thursday, Oct. 1, 2:00-3:30 p.m.



As we care for the needs in our community, mental health is a concern. During COVID-19, mental health needs have skyrocketed and our volunteers are not always comfortable and trained in addressing them.

In this workshop, we will:

- Look at how to equip our volunteers and help them to be comfortable in addressing mental health issues with those they care for.
- Learn about different mental health challenges, how to train our volunteers to use active listening skills, maintain good boundaries and when and how to make a referral to a mental health professional.

Participants will walk away with practical tips and ideas for how their teams can best serve those within the community who are experiencing mental health issues.

Register at <https://tinyurl.com/y47o6k29>

Presenters

Maryanne Kyle-Di Pietropaolo (right) and Henrieta Ribeiro of IE3 are writers, speakers and retreat leaders with extensive experience in leading Support Teams and training others to lead them.

