

# JOIN US!

## Free Family Peer Support Specialist Training

Pennsylvania is pleased to offer the Family Peer Support Specialist training for primary caregivers who are interested in becoming a Family Peer Support Specialist (FPSS). A Family Peer Support Specialist is a person who is or has been the primary caregiver of an individual which includes children, youth or young adults experiencing emotional, behavioral or co-occurring challenges who inspires hope in family/caregivers. They promote empowerment, self-determination, understanding, coping skills, advocacy, education, development of natural supports, multi-system and services navigation, or other meaningful activity of the families choosing, crisis management support, skills training, and effective utilization of services, community and natural supports.

This is a 5-day comprehensive training using the Family-Run Executive Director Leadership Association (FREDLA) Parent Peer Support Provider Practice Model. This Practice Model provides a framework for the essential functions of a Family Peer Support Specialist, offering core competency training and practicing of skills across the 6 phases of family peer support: Connect, Discover, Support, Empower, Prepare and Take Care.

To participate in the training, you **MUST** be a parent/caregiver who has raised or been the primary caregiver of a child or youth who has been involved in the Mental Health/Behavioral Health System. Your lived experience is an essential piece of being able to work with families who are navigating systems and sharing the same or similar experiences as your own!

**COMING:** A Pennsylvania certification for Family Peer Support Specialist. This training will be a mandatory requirement for certification. **This training does NOT guarantee employment.**

**Where:** Community Behavioral Health

801 Market St, Philadelphia, Pa.

11<sup>th</sup> Floor

Room 1154B

**Dates:** August 26-30 2019

**Time:** 9:00 am – 4:30pm

**When:** Deadline for applications: August 19, 2019

**Additional Information:** Priority will be given to Philadelphia School District employees. A light breakfast and lunch will be provided. Wear comfortable clothes. Training materials will be provided. Bring a pen and paper for taking notes.

What do I need to do? If you are interested fill out the application to participate and the Training Program Coordinator will contact, you.

<https://www.surveymonkey.com/r/Y7Z573P>

**Questions:** Contact Jill Santiago at [santiagoj@upmc.edu](mailto:santiagoj@upmc.edu)

**Family Peer Support Specialist Training Program Coordinator**

