

# FAMILY SUPPORT PARTNERS



PA Parent and Family Alliance

[www.paparentandfamilyalliance.org](http://www.paparentandfamilyalliance.org)

## How Can the Parent Alliance Help the Families You Serve?

Family Support Partners (FSP's) can deliver peer to peer support to the families you serve who are caring for children and young adults (up to age 26) with identified or suspected social, emotional, behavioral, or mental health challenges. This is inclusive of learning and attention issues, as well as substance use disorders.

Our Family Support Partners are just that, partners. They are highly trained parents who have raised or are raising a child with challenges that may mirror the ones your families may also be encountering. Family Support Partners will walk with them on their journey until they feel ready to walk on their own.

**Services are:  
FREE &  
CONFIDENTIAL**

### To Refer a Family to Us for Service:

- Have them call us at:  
888-273-2361
- Have them reach us online  
[HERE](#).
- Have them book "A Time to Talk" on our website [here](#). This will allow them to select a time that works for their schedule.

Check out our [Be Supported Page](#) for more information.

### What can an FSP help with?

#### Connect

The families you serve are not alone. We can help connect them with other families in their area or across the state.

#### Support

Our Family Support Partners (FSP's) follow the family's lead and embrace the challenges they choose to address by offering a partnership of support. They're in charge. FSPs can also be a great ally to send families to if you have a waiting list to get them support as soon as possible.

#### Navigate

We can provide guidance to help the families you serve to find the services in their area that their child/family needs.

#### Educate

Through educational resources, we help the families you serve successfully problem-solve and build skills in managing the systems put in place for their child.

#### Training

We provide training for families, providers, and communities from a family point of view. We utilize trainers with experience and an understanding of the challenges families are facing. We also offer personalized training for providers, to learn more about this email us at [contact@paparentandfamilyalliance.org](mailto:contact@paparentandfamilyalliance.org).

#### Advocate

When the family is ready, we'll be here to help them build or enhance their advocacy skills. These skills will support their child and others like them in their community and across the state.