

Recovery Coaching and
Recovery Support
Navigation Services are
both covered benefits
under most MassHealth
Insurance Plans!

CONTACT US
(978) 632-0934 x358
for eligibility benefits
information.

AFFORDABLE
PRIVATE PAY OPTIONS
AVAILABLE

REACH OUT

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RECOVERY
COACHING

RECOVERY
SUPPORT
NAVIGATOR
SERVICES

SERVICES
PROVIDED BY
GAAMHA, INC.

A RECOVERY COACH IS...

A ROLE MODEL

A MENTOR

A COMMUNITY ORGANIZER

A LIFESTYLE CONSULTANT

AN EQUAL

A RECOVERY COACH IS NOT...

A SPONSOR

A COUNSELOR

A THERAPIST

A NURSE/DOCTOR

RECOVERY COACHES

NON-CLINICAL ASSISTANCE

Our Recovery Coaches are not associated with any particular method or means to recovery, allowing a non-biased approach to each individual's needs throughout their recovery process.

SUPPLEMENTAL CARE

Serving as a guide and mentor the Recovery Coach provides supplemental care either as a stand-alone service or as part of a comprehensive support plan.

EARLY INTERVENTION

Recovery coaching is available for people as young as 15 and can be an effective early intervention and prevention tool for young people starting to experience trouble as a result of their substance use.

RECOVERY SUPPORT NAVIGATORS

NAVIGATION ASSISTANCE

Our Recovery Support Navigator works with individuals who have a diagnosed substance use disorder and/or co-occurring disorders to address the barriers to successful recovery and create an individualized service plan that assists in achieving their recovery goals.

ALL INCLUSIVE SUPPORT

Recovery Support Navigators assist individuals by providing recovery and community resources as part of broader care coordination and help facilitate a wide range of services in order to provide as much support as possible.



A RECOVERY SUPPORT NAVIGATOR IS...

A RECOVERY LIASON

A COMMUNITY SUPPORT
CONNECTOR

A CLINICAL RESOURCE

A FACILITATOR

AN ADVOCATE

A RSN ASSISTS WITH...

RECOVERY EDUCATION
(Inpatient, Outpatient, Detox, etc.)

COMMUNITY RESOURCES
(Income, Food, Transportation, Housing, etc.)

CARE PLANS
(DCF, Medical, or Clinical)

INSURANCE ISSUES