

MARCH 2026

TASTY

HEALTHY

FUN

VARIETY

BALANCED

Name of the menu : K-8 Grades Allergen Free Lunch Menu

Options : Hot Meals

Grade : K-8 Grades

Meal Pattern : NSLP

Meal : Lunch

**NO DAIRY
NO GLUTEN (NO WHEAT)
NO EGG
NO SOY
NO FISH**

**NO SHELL FISH
NO SESAME (SEEDS & OIL)
NO PEANUTS
NO TREE NUTS
NO SUNFLOWER (SEEDS, OIL & BUTTER)**

	Monday, 03/02/2026	Tuesday, 03/03/2026	Wednesday, 03/04/2026	Thursday, 03/05/2026	Friday, 03/06/2026
Week II HOT MEAL	Chicken Supreme	Beef Nachos	Marinated Grilled Chicken Fillet	Chicken Pilaf	Beef & Potatoes
	Steamed Rice	Taco Beef & Golden Corn Chips	Brown Rice	Crisp Broccoli	Steamed Rice
	Steamed Green Beans	Black Bean & Corn	Fresh Baby Carrots	Fruit of the Day	Steamed Peas
	Fruit of the Day	Fruit of the Day	Fruit of the Day	Milk Substitute	Fruit of the Day
	Milk Substitute	Milk Substitute	Milk Substitute		Milk Substitute

	Monday, 03/09/2026	Tuesday, 03/10/2026	Wednesday, 03/11/2026	Thursday, 03/12/2026	Friday, 03/13/2026
Week III HOT MEAL	Chicken Fried Rice	Beef & Broccoli	Chicken Fajita w/Rice	Beef Meatballs	Chicken & Potatoes
	Steamed Broccoli	Brown Rice	Seasoned Chicken & Peppers	Brown Rice	Steamed Rice
	Fruit of the Day	Steamed Corn	Served w/ Brown Rice	Steamed Carrots & Peas	Fresh Carrot Slims
	Milk Substitute	Fruit of the Day	Black Beans	Fruit of the Day	Fruit of the Day
		Milk Substitute	Fruit of the Day & Milk Substitute	Corn Chips & Milk Substitute	Milk Substitute

	Monday, 3/16/2026	Tuesday, 3/17/2026	Wednesday, 3/18/2026	Thursday, 3/19/2026	Friday, 3/20/2026
Week IV HOT MEAL	Yummy Beef & Scallion	Chicken Sukkhar	Beef Fried Rice	Spice Rubbed Chicken Fillet	Beef Taco Meat Over Rice
	Golden Corn Chips	Steamed Rice	Fresh Broccoli	Steamed Rice	Serve Seasoned Beef on Brown Rice
	Black Bean & Fresh Carrots	Steamed Green Beans	Fruit of the Day	Baby Carrots	Steamed Black Beans & Corn
	Fruit of the Day	Fruit of the Day	Milk Substitute	Fruit of the Day	Fruit of the Day & Corn Chips
	Milk Substitute	Milk Substitute		Milk Substitute	Milk Substitute

	Monday, 3/23/2026	Tuesday, 3/24/2026	Wednesday, 3/25/2026	Thursday, 3/26/2026	Friday, 3/27/2026
Week V HOT MEAL	Chicken Supreme	Beef Nachos	Marinated Grilled Chicken Fillet	Chicken Pilaf	Beef & Potatoes
	Steamed Rice	Taco Beef & Golden Corn Chips	Brown Rice	Crisp Broccoli	Steamed Rice
	Steamed Green Beans	Black Bean & Corn	Fresh Baby Carrots	Fruit of the Day	Steamed Peas
	Fruit of the Day	Fruit of the Day	Fruit of the Day	Milk Substitute	Fruit of the Day
	Milk Substitute	Milk Substitute	Milk Substitute		Milk Substitute

	Monday, 3/30/2026	Tuesday, 3/31/2026
Week VI HOT MEAL	Chicken Fried Rice	Beef & Broccoli
	Steamed Broccoli	Brown Rice
	Fruit of the Day	Steamed Corn
	Milk Substitute	Fruit of the Day
		Milk Substitute

Milk / Milk Substitute offered daily. Milk Substitute includes but not limited to Soyfree milk, Lactose Free Milk or Cow's Milk (For Non-Dairy Allergic Participants) etc.

This menu uses WG products and 100% full-strength juices in all featured places. Check page 2 to know more about what goes into our menus and to take a peek at the upcoming menu plan.

WHAT GOES INTO OUR MENUS?

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

All rice dishes /rice products are made of whole grain brown rice.

All juices listed in the menu are 100% full-strength fruit Juice.

(Menu Subject to Change)

APRIL 2026

		TASTY	HEALTHY	FUN	VARIETY	BALANCED
Week VI HOT MEAL				Wednesday, 04/01/2026	Thursday, 04/02/2026	Friday, 04/03/2026
				Chicken Fajita w/Rice	Beef Meatballs	Chicken & Potatoes
				Seasoned Chicken & Peppers	Brown Rice	Steamed Rice
				Served w/ Brown Rice	Steamed Carrots & Peas	Fresh Carrot Slims
				Black Beans	Fruit of the Day	Fruit of the Day
			Fruit of the Day & Milk Substitute	Corn Chips & Milk Substitute	Milk Substitute	
Week I HOT MEAL	Monday, 04/06/2026	Yummy Beef & Scallion	Chicken Sukkhar	Beef Fried Rice	Spice Rubbed Chicken Fillet	Beef Taco Meat Over Rice
		Golden Corn Chips	Steamed Rice	Fresh Broccoli	Steamed Rice	Serve Seasoned Beef on Brown Rice
		Black Bean & Fresh Carrots	Steamed Green Beans	Fruit of the Day	Baby Carrots	Steamed Black Beans & Corn
		Fruit of the Day	Fruit of the Day	Milk Substitute	Fruit of the Day	Fruit of the Day & Corn Chips
		Milk Substitute	Milk Substitute		Milk Substitute	Milk Substitute