

APRIL 2026

TASTY	HEALTHY	FUN	VARIETY	BALANCED
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Name of the menu : K-8 Grades Allergen Free Lunch Menu	Options : Hot Meals
Grade : K-8 Grades	Meal Pattern : NSLP Meal : Lunch

**NO DAIRY
NO GLUTEN (NO WHEAT)
NO EGG
NO SOY
NO FISH**

**NO SHELL FISH
NO SESAME (SEEDS & OIL)
NO PEANUTS
NO TREE NUTS
NO SUNFLOWER (SEEDS, OIL & BUTTER)**

		Wednesday, 4/1/2026	Thursday, 4/2/2026	Friday, 4/3/2026
Week VI HOT MEAL		Chicken Fajita w/Rice	Beef Meatballs	Chicken & Potatoes
		Seasoned Chicken & Peppers	Brown Rice	Steamed Rice
		Served w/ Brown Rice	Steamed Carrots & Peas	Fresh Carrot Slims
		Black Beans	Fruit of the Day	Fruit of the Day
		Fruit of the Day & Milk Substitute	Corn Chips & Milk Substitute	Milk Substitute

		Monday, 4/6/2026	Tuesday, 4/7/2026	Wednesday, 4/8/2026	Thursday, 4/9/2026	Friday, 4/10/2026
Week I HOT MEAL		Yummy Beef & Scallion	Chicken Sukkhar	Beef Fried Rice	Spice Rubbed Chicken Fillet	Beef Taco Meat Over Rice
		Golden Corn Chips	Steamed Rice	Fresh Broccoli	Steamed Rice	Serve Seasoned Beef on Brown Rice
		Black Bean & Fresh Carrots	Steamed Green Beans	Fruit of the Day	Baby Carrots	Steamed Black Beans & Corn
		Fruit of the Day	Fruit of the Day	Milk Substitute	Fruit of the Day	Fruit of the Day & Corn Chips
		Milk Substitute	Milk Substitute		Milk Substitute	Milk Substitute

		Monday, 4/13/2026	Tuesday, 4/14/2026	Wednesday, 4/15/2026	Thursday, 4/16/2026	Friday, 4/17/2026
Week II HOT MEAL		Chicken Supreme	Beef Nachos	Marinated Grilled Chicken Fillet	Chicken Pilaf	Beef & Potatoes
		Steamed Rice	Taco Beef & Golden Corn Chips	Brown Rice	Crisp Broccoli	Steamed Rice
		Steamed Green Beans	Black Bean & Corn	Fresh Baby Carrots	Fruit of the Day	Steamed Peas
		Fruit of the Day	Fruit of the Day	Fruit of the Day	Milk Substitute	Fruit of the Day
		Milk Substitute	Milk Substitute	Milk Substitute		Milk Substitute

		Monday, 4/20/2026	Tuesday, 4/21/2026	Wednesday, 4/22/2026	Thursday, 4/23/2026	Friday, 4/24/2026
Week III HOT MEAL		Chicken Fried Rice	Beef & Broccoli	Chicken Fajita w/Rice	Beef Meatballs	Chicken & Potatoes
		Steamed Broccoli	Brown Rice	Seasoned Chicken & Peppers	Brown Rice	Steamed Rice
		Fruit of the Day	Steamed Corn	Served w/ Brown Rice	Steamed Carrots & Peas	Fresh Carrot Slims
		Milk Substitute	Fruit of the Day	Black Beans	Fruit of the Day	Fruit of the Day
			Milk Substitute	Fruit of the Day & Milk Substitute	Corn Chips & Milk Substitute	Milk Substitute

		Monday, 4/27/2026	Tuesday, 4/28/2026	Wednesday, 4/29/2026	Thursday, 4/30/2026
Week IV HOT MEAL		Yummy Beef & Scallion	Chicken Sukkhar	Beef Fried Rice	Spice Rubbed Chicken Fillet
		Golden Corn Chips	Steamed Rice	Fresh Broccoli	Steamed Rice
		Black Bean & Fresh Carrots	Steamed Green Beans	Fruit of the Day	Baby Carrots
		Fruit of the Day	Fruit of the Day	Milk Substitute	Fruit of the Day
		Milk Substitute	Milk Substitute		Milk Substitute

Milk / Milk Substitute offered daily. Milk Substitute includes but not limited to Soyfree milk, Lactose Free Milk or Cow's Milk (For Non-Dairy Allergic Participants) etc.

This menu uses WG products and 100% full-strength juices in all featured places. Check page 2 to know more about what goes into our menus and to take a peek at the upcoming menu plan.



WHAT GOES INTO OUR MENUS?

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

All rice dishes /rice products are made of whole grain brown rice.

All juices listed in the menu are 100% full-strength fruit Juice.

(Menu Subject to Change) MAY 2026

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		Friday, 5/1/2026
Week IV HOT MEAL		Beef Taco Meat Over Rice Serve Seasoned Beef on Brown Rice Steamed Black Beans & Corn Fruit of the Day & Corn Chips Milk Substitute

	Monday, 5/4/2026	Tuesday, 5/5/2026	Wednesday, 5/6/2026	Thursday, 5/7/2026	Friday, 5/8/2026
Week V HOT MEAL	Chicken Supreme Steamed Rice Steamed Green Beans Fruit of the Day Milk Substitute	Beef Nachos Taco Beef & Golden Corn Chips Black Bean & Corn Fruit of the Day Milk Substitute	Marinated Grilled Chicken Fillet Brown Rice Fresh Baby Carrots Fruit of the Day Milk Substitute	Chicken Pilaf Crisp Broccoli Fruit of the Day Milk Substitute	Beef & Potatoes Steamed Rice Steamed Peas Fruit of the Day Milk Substitute

	Monday, 5/11/2026	Tuesday, 5/12/2026
Week VI HOT MEAL	Chicken Fried Rice Steamed Broccoli Fruit of the Day Milk Substitute	Beef & Broccoli Brown Rice Steamed Corn Fruit of the Day Milk Substitute