Kaiser Permanente Monterey County
2023 Community Health Snapshot

Serving communities along the Central Coast.



Building healthier communities

Improving health and equity in the communities we serve is foundational to Kaiser Permanente's mission. We're proud to partner with community organizations throughout Monterey County to improve access to health care and address the many factors that affect health.

In 2023, Kaiser Permanente provided more than $487,000 to support local nonprofits and partners working to build healthier communities in Monterey County.

Strengthening community mental health

With a rise in demand for mental health services and an ongoing shortage of mental health professionals, we supported programs to expand the pool of qualified, diverse mental health professionals and increase access to community services for young people and vulnerable individuals.

Working with our partners at Community Human Services, we supported no cost mental and behavioral health services to 3,000 residents through two Family Service Centers located in Seaside and Salinas. Reported outcomes included improved mental health, recovery from substance abuse, and safe paths to permanent housing.

Helping people meet basic needs

Nutritious food and stable housing are essential to health, but they're out of reach for many people in our community. We supported organizations that help those with low incomes access healthy food, enroll in benefit programs such as CalFresh, and find safe, affordable housing.

Through our funding, Food Bank for Monterey County purchased products from local BIPOC farmers to stock the food bank's mobile food and produce truck. It served up to 25,000 farmworkers in the Pajaro area at the highest risk for hunger, Type 2 diabetes, and related chronic illnesses caused by undernutrition.

Improving access to care

Millions of Californians with low incomes rely on Medi-Cal for critical medical, dental, and mental health services. We supported community partners in keeping eligible residents enrolled. Through grants, training, and technical assistance, we also helped safety-net hospitals and health centers to improve quality and expand access to care for people who need it most.

Hospice of Santa Cruz County improves access to health care for patients affected by serious, life-limiting illnesses. Kaiser Permanente's support of the Beyond Watsonville: North Monterey County expansion project allowed hospice to build trust and relationships in the Latino community that encouraged utilization of palliative and hospice care.

> **"Enhanced funding for Latino outreach allows us to address health inequities in North Monterey County while creating a community where care and compassion reach everyone in need, ensuring all families receive the support they deserve during this crucial time."**
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> – Liz Dasher, Director of Fund Development
> Hospice of Santa Cruz County

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