



Mental Health Training Opportunities

AgriSafe Network leads the nation in the delivery of health and safety training for agricultural communities and those who serve them. Mental health offerings are outlined below.

Question, Persuade, Refer (QPR) for Agricultural Communities (in person or virtual)

- QPR is a live 1.5-hour suicide prevention session teaching participants how to recognize and respond to someone at risk of suicide. [Click here for more info](#). *General continuing education credits are available.*

Enhancing Relationships to Reduce Stressors (in person or virtual)

- Communication and relationships are common stressors cited by producers and farm families. Combining family and business is challenging. Presented through a farm family lens, this **1-hour training** focuses on building communication skills to navigate tough conversations whether talking to an employee or a spouse. Designed to mitigate miscommunication, achieve mutual goals, and create positive outcomes, this topic is popular with commodity groups and producer serving organizations.

Animal Depopulation Resiliency Training (in person or virtual)

- AgriSafe's newest training option is a 1–2-hour workshop that equips individuals and teams with practical tools to navigate the physical and emotional demands of depopulation events. [Click here for more info](#). *General continuing education credits are available. In the process of securing continuing education credits for veterinarians and vet techs.*

Conversations on Access to Lethal Means (CALM) for Agricultural Communities (in person or virtual)

- CALM training educates participants on reducing access to means of self-harm (medications, firearms, etc) among individuals in crisis. It is especially relevant in rural areas where firearms are common. [Click here for more info](#). *General continuing education credits are available.*

Counseling on Access to Lethal Means (CALM) Workshop for health professionals (in person or virtual)

- CALM Counseling is a 4-hour workshop for mental health clinicians, primary care providers, substance abuse counselors, hotline responders, and crisis intervention services. This training includes case studies, video vignettes, and provides focused practice between learners. The workshop is designed to help health professionals create a safety plan with a collaborative approach with clients and their families and explore alternative choices for safe storage to “cause a pause”. [Click here for more info](#). *Florida Psychiatric Association continuing education credits available.*

FarmResponse® (On demand)

- FarmResponse is a virtual, on-demand, 3.5-hour continuing education course for a wide range of healthcare providers and new professionals working in the agricultural support space, covering topics such as stressors in agriculture, suicide risk, and effective communication with farmers. [Click here for more info](#).
- FarmResponse is listed in the **Suicide Prevention Research Center's Best Practice Registry!** AgriSafe has trained close to 3000 individuals in FarmResponse to date. FarmResponse holds

continuing education credits for eight health professional disciplines including veterinarians and vet techs.

- If a corporation is interested in purchasing a group of seats for their employees or stakeholders, the course costs \$150 per participant with the understanding they distribute the codes.

Organizations that AgriSafe has trained in mental health include:

American Farm Bureau • Pennsylvania Department of Agriculture • CHS
Animal Plant Health Inspection Services, USDA • Texas Farm Service Agency • USA Rice Federation
Farm Credit Services of America • Missouri Department of Agriculture • Washington Farm Bureau
Southeastern Cotton Growers and Ginners • Wyoming Department of Agriculture • Nationwide
Texas Department of Agriculture • Ohio Poultry Association • Louisiana Farm Bureau
New Alliance of Behavioral Health-Washington • Central States Center for Agriculture Safety and Health
Crisis Connections of Washington • National Farm Medical Center-Wisconsin • Southwest Ag Center
DFW Community Health Worker Association • National Council of Agricultural Employers
Rural Nurses Organization • Northeast Texas Community Health Worker Coalition

Customized Trainings Based on Your Needs

AgriSafe works closely with health professionals and agricultural leaders to customize trainings or technical assistance to meet your community's needs. AgriSafe has an extensive [library of trainings](#) and is also prepared to develop new trainings or resources as needs arise.

Estimated fees are outlined below. AgriSafe will provide a customized quote for each collaboration.

Virtual Trainings – \$850 (approximately 2 hrs)

- Each virtual suicide prevention training includes two presenters and a support room person; other trainings include one presenter

In-Person Trainings

- Presenter's time spent customizing and instructing a training – \$150/hr
 - Two presenters are required for suicide prevention training with audiences over 30 people.
- Travel costs include presenter's time spent traveling (\$75.00/hr) plus associated costs such as mileage, airfare, rental car/transportation, per diem, parking, hotel, and/or incidentals

Membership Discount

- A 20% discount on customized training is available to entities with a corporate [membership](#) to AgriSafe. Discount does not apply to travel costs.