

Contemplative Ministry Fall Schedule, 2022

Contemplative Ministry – Quiet Spaces Meditations

Mondays in August & September

Look for Quiet Spaces Meditations to appear in your inbox and on the FPC Facebook page Mondays during August. Take time in your busy schedule to spend some moments of quiet in contemplation of God's plan for us as a church family. Let the beauty of God's creation, the strength of God's word to us and the power of prayer help to center your day. In the stillness, may you find the presence of God in the world around you and within yourself.

A Service of Contemplation

Sunday, September 25 at 6:30 p.m.

If you are seeking a time of quiet contemplation and prayer, a time of song and scripture, a time of silence and reflection, we hope you will join in a Service of Contemplation on Sunday, September 25 at 6:30pm in the sanctuary. This sacred space will be filled candlelight and music for harp (Patrick Murphy) and violin (Jorge Rodriguez-Ochoa). In the stillness may you find the opportunity to listen for God's voice.

Tuesday Morning Meditation Group Begins September 6

Facilitated by Jane Wellford (Group meetings through Zoom from 8:00–8:45 a.m.).

An email including a contemplative practice, a passage for *Lectio Divina* or sacred reading and a guided meditation is sent weekly to group participants and a meditation guide is also posted on the FPC website each Tuesday. If you are interested in participating in this group, contact Jane Wellford at wellford@elon.edu.

Wednesday Morning Meditation Group

Facilitated by Nan Perkins (Group meets in person at the home of Nan Perkins and Bruce Shields, with Zoom available for those who need it. 7:45 a.m. on Wednesdays).

New members are welcome. Contact Nan Perkins at perkinsn@elon.edu for additional information.) One hour of conversation, reflection on a

spiritual text and silent meditation for those seeking to create space in busy lives to become more aware of the divine and to travel their faith journey with spiritual friends.