



# Trinity United Methodist Church

1205 Dolley Madison Blvd. | McLean, VA 22101

703-356-3312 | [umtrinity.org](http://umtrinity.org) | [info@umtrinity.org](mailto:info@umtrinity.org)

March 10, 2024

8:30 & 10:30 a.m.

We ask that everyone complete an attendance card found in the pew rack or scan the QR code on page 4 with your phone's camera and click the link to register your attendance today. Don't forget to include **each** family member present.

Prelude (8:30)  
Prelude (10:30)

*Air from Water Music* (Handel)  
*Jesus, Keep Me Near the Cross* (Krug)

Haakon Anderson, alto saxophone  
Trinity Ringers

Welcome and Announcements

Clergy

\* Call to Worship

Taehwan Roh

We gather to share in our love of God.

**Lord, open our hearts and let us share your Good News.**

We gather to share our witness to God's goodness.

**Lord, let our lives bear witness through service to your people.**

We gather to praise God whose love is eternal.

**Lord, open our hearts today to sing your praises. Amen.**

\* Gathering Hymn

*Come, Thou Fount of Every Blessing*

[UMH 400](#)

Children's Message

*Gavotte* (Gossec)

Laurie Strollo (8:30) and Children (10:30)  
Allison White, violin (10:30)

Prayers of the People

Taehwan Roh

Offering

Neil Hough

This morning's offering will be received as we pass the offering plates. You may also give online at <http://umtrinity.org/give> and through our app. On the website, scroll down and click on SET UP ONLINE GIVING.

Offertory (8:30)  
Offertory (10:30)

*Come, Ye Disconsolate* (Webbe)  
*And Can It Be?* (Forrest)

Catherine Wethington  
Chancel Choir

Scripture

Ephesians 2:1-10

Haakon Anderson (8:30)  
Evelyn Volovar (10:30)

You were dead through the trespasses and sins in which you once lived, following the course of this world, following the ruler of the power of the air, the spirit that is now at work among those who are disobedient. All of us once lived among them in the passions of our flesh, following the desires of flesh and senses, and we were by nature children of wrath, like everyone else. But God, who is rich in mercy, out of the great love with which he loved us even when we were dead through our trespasses, made us alive together with Christ—by grace you have been saved—and raised us up with him and seated us with him in the heavenly places in Christ Jesus, so that in the ages to come he might show the immeasurable riches of his grace in kindness towards us in Christ Jesus. For by grace you have been saved through faith, and this is not your own doing; it is the gift of God—not the result of works, so that no one may boast. For we are what he has made us, created in Christ Jesus for good works, which God prepared beforehand to be our way of life.

Message

*Words to Live By ... Grace*

Neil Hough

Sacrament of Holy Communion

Clergy

\* Closing Hymn

*Amazing Grace*

[UMH 378](#)

\* Benediction

Neil Hough

\* Closing Music

*Little Prelude and Fugue in E Minor* (Bach)

Jerry Rich

\* Please stand as you are able.

# Grow — Pray — Study

Things I'd like to remember from today's message:

---

---

---

---

---

---

---

---

---

---

---

---

## Monday, March 11 — Numbers 6:22-27

Grace — *the free and unmerited favor of God* — is a central thread that runs through the entirety of Scripture and the whole of human history. It is one of the primary themes of the blessing that God, through Moses, instructed Aaron to speak to the Israelites. The blessing reflects God's desire for health, wholeness, and salvation, which is not earned by good works or faithful living but is freely given by a loving and merciful God.

- In what ways have you experienced the grace and mercy of God? In what ways have you experienced the wholeness and salvation that God desires for your life? What is preventing you from experiencing God's grace right now?
- Prayer: *Merciful God, grant me your salvation and your peace. Let your light shine in my life. Fill me with your grace and a sense of your Spirit. Amen.*

## Tuesday, March 12 — Psalm 103:1-22

Psalm 103 celebrates the fullness of God's grace and mercy. The Psalm-writer is willing to acknowledge his sin and his need for God's grace. He offers thanks to God for divine forgiveness. The Book of Psalms, from beginning to end, teaches us that we can be honest with God and that we should be honest with God. Following the example of the Psalm-writers, we can confess our sin and trust in God's love and mercy.

- When you pray, are you honest with God? Do you acknowledge your sin and your need for grace? Are you able to trust in God's mercy and willingness to forgive you — no matter what you have done?
- Prayer: *Loving God, though I am reluctant to do so, I confess that I am a sinner who needs your love and forgiveness. By your grace, create in me a clean heart. Amen.*

## Wednesday, March 13 — John 1:14-18

The prologue to John's Gospel (John 1:1-18) is a celebration of Jesus' divinity and incarnation — his coming as the "*word made flesh*" (John 1:14). The entire Gospel is summarized in John 1:16, "*From his fullness we have all received, grace upon grace.*" The Good News is that, through Jesus of Nazareth, God has offered every one of us the grace that leads to salvation and sanctification. We don't deserve God's grace. It is a gift that we can only receive through faith.

- Do you believe that, through Jesus, God has offered you the gift of grace? Have you accepted God's grace through faith? Have you allowed God's grace to transform your life?
- Prayer: *Heavenly Father, thank you for sending your Son, Jesus, to be my Lord and my Savior. I accept your grace and trust that you will transform my life. Amen.*

## Thursday, March 14 — Ephesians 2:1-10

Each of the New Testament writers describes and interprets, in their own way, God's gift of salvation by grace through faith in Jesus Christ. They not only affirm that we have been given a gift that we must receive by believing and trusting in God's faithfulness; they also insist that when we have received God's grace, our lives are transformed. The effect of God's grace in our lives is that we become the person God made us to be. By grace, we are "*created in Christ Jesus for good works*" (Ephesians 2:10).

- Where do you see evidence of God's grace in your life? How is God's grace making you the person you were created to be? What "*good works*" has God created you to do?
- Prayer: *Eternal God, by your love and grace, transform my life. By your love and grace, create in me the desire and ability to do your good works. Amen.*

## Friday, March 15 — Jonah 4:1-11

Many of us struggle with God's willingness to offer grace to people (we think) are undeserving. Like Jonah, we can be resentful and even angry with God (even though we might not want to admit it). We begin to embody grace as a **word to live by** when we celebrate the ways God's grace is making a difference in the lives of others — including our friends and our enemies. Jesus warned the Pharisees (and us) about this in Luke 15. Read Luke 15:1-2, 11-32 and think about the ways you are more like the older brother than the prodigal son.

- Can you relate to Jonah's resentment? How do you respond when others receive grace and mercy that they don't deserve? How do you respond when you receive grace and mercy that you don't deserve?
- Prayer: *God of Grace, forgive me for angry and resentful thoughts and actions. Teach me to celebrate when others receive the grace you freely offer to everyone. Amen.*

## Saturday, March 16 — 1 Timothy 1:12-18

One of the Gospel promises is that when God's grace overflows in our lives, we are transformed and become witnesses and ambassadors of the risen Christ: "*in Christ God was reconciling the world to himself, ... and entrusting the message of reconciliation to us. So, we are ambassadors for Christ, ...*" (2 Corinthians 5:19-20). This means that we will be an example for others. And like Timothy, we will be able to "*fight the good fight*" (1 Timothy 1:18).

- Are you an ambassador of God's grace and love? How do your words and actions witness to the grace and mercy and forgiveness of God?
- Prayer: *God of Love, let my life overflow with your grace. Make me your ambassador to the world. Let my life witness to your love, so that others can see you in me. Amen.*

## Nursery on Sundays

The Nursery is staffed during both Sunday worship services for children 3 years old and under.

## This Week on Zoom

Password 1205

## Engage Bible Study

Monday at 7 p.m. Contact Jim Wilson for log in link. [jaswilson@sloft.com](mailto:jaswilson@sloft.com).

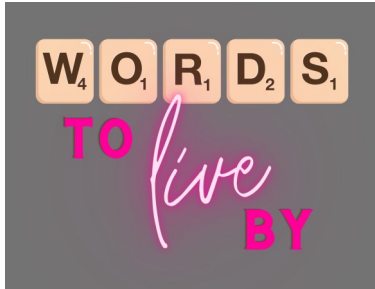
## Prayer Group

Wednesday at 9 a.m. Meeting ID: 875 6105 5580

Today, our Children's Worship children would like to share their Lenten prayer, or CHAT: **Confess, Honor, Ask, and Thank**. We can all have a CHAT with God!

## Sermon Series: Words to Live By

Between now and Easter, we will focus on some of the most important words that describe life as followers of Jesus. These are words we use all the time, and we too easily lose sight of their meaning. Each week, we will focus on one of these words, explore its meaning, and be challenged to embody the *"the word of the week"* in our daily lives. We'll discover that these words are not only part of our Christian vocabulary, they are **Words To Live By**.



## Our Prayer List

Adam, Adams family, Alan, Alberto, Alice, Alison & Chris, Amanda & David, Amber & Brianna, Andi, Andrea, Andrew, Anne, Annie Ruth, Arnold, Audrey, Barb, Barry & Diane, Betty, Bill & Maddie, Brett, Brian, Briscoe family, Bruce, Bud, Catherine, Carol & Rich, Caroline, Carrie, Carson, Cathy, Chris, Christopher, Colleen, Currie family, Daniel, Daniel & Cindy, Danny, Dara, Daria & Larry, Dave, Davey, David, David & Carol, Darlene & Steve, Desarae, Di Letti family, Donnie, Doris, Doris & Joe, Dudley & Susan, Easley family, Ed, Elaine, Eileen, Ellie, Emmett, Eric, Erica & Roberto, Erik, Evans family, Fran, Frank, Gabe, Gabrielle, Gary & Lindie, Garry, Glenda, Geoff, George, Gill family, Gray, Greg, Gregg, Gwen, Hammer family, Hanna, Harriet, Harris family, Harry, Heather, Hefferon family, Helena, Hemingway family, Henry, Hilary, Holmes family, Hong family, Jackie, Jackson family, Jan, Janice, Jason, Jean, Jeanette, Jeanne, Jeff, Jenna, Jenny & Michael, Jessica, Jimmy, Joann, Joe, Joe & Marie, John, John & Angeliki, Jomer, Josie, Judi, Judy, June, Karen, Kathy, Kay & John, Kelly, Kenny family, Krista, Kobi, Kyle, Landaverde family, Laura, Leigh, Lejoy family, Leslie, Libby, Linda, Lindstedt family, Lisa, Liz & David, Lois, Lon, London family, Long family, Lorene, Lori, Luana, Luis, Lynne, Mack, Macy, Marcia, Marcienne, Marcy, Marilyn, Ma-her family, Mark, Matha & Ken, Marty & Mary, Mary, Matt, Matthi-as, Matthew, McClain family, Melissa, Meredith, Michael, Michelle, Mickey & Ruth, Mike, Moore family, Nancy, Nell, Nina, Niro, Nor-ma, Norman, Olivia, Pat, Patty, Paul, Pauline & Merlin, Pearl fami-ly, Peg & Dick, Peter, Peter & Laura, Prisilla, Quinn family, Randall family, Rebecca, Rob, Robin & Jim, Sabbagh family, Sally, Sam, Samantha, Sandra, Scott, Sheila, Spencer, Skyard family, Steph-anie, Stephen, Steve, Sue, Summers family, Susan, Sushi, Sylvia, Teresa, Tim, Tom, Tony, Trapp family, Vanitha, Vanna, Velda, Vinnie, Wayne, Williams family, Yancey, and Zard, travelers, those who mourn, the homeless, racial reconciliation in our country, those affected by the opioid epidemic and those working to end it, victims of famine and war, peace and more empathy in the world, protection from gun violence in the world and for its victims and families, those living in war zones, hostages, those living with can-cer.

## HOLY WEEK

Palm Sunday  
Sunday, March 24  
8:30 & 10:30 a.m.

Maundy Thursday  
Thursday, March 28  
7 p.m.

Good Friday  
Friday, March 29  
7 p.m.

Easter Sunday  
Sunday, March 31  
7, 8:30 & 10:30 a.m.

## EASTER FLOWER ORDERS

ORDER BY  
MARCH 10

On Easter Sunday, March 31, Trinity's Sanctuary will be decorated with lilies, tulips and hydrangeas, given in honor or memory of loved ones. Please fill out the form at [umtrinity.org/worship/easter-flowers](http://umtrinity.org/worship/easter-flowers). All memorials/honors will be noted in the Easter Sunday bulletin. Deadline: March 10.

## Highlights from E-News

If you're not receiving our Friday e-mail, please send your email address to [info@umtrinity.org](mailto:info@umtrinity.org)

### Book Chat

Meets Tuesday, **March 12** at 6:30 p.m. on Zoom. New readers are always welcome: <http://umtrinity.org/education/adults>.

### Children's Ministries

**Children's Worship Folders** are available during worship services and are categorized by age and reading ability. Please return your folder to the used bin so it can be replenished.

**Children's Worship** (ages 4 - 4th grade) and **Club 56** (grades 5 & 6) meet during the 10:30 service following the Children's Message.

### Easter Egg Hunt

The children's egg hunt will be after worship on **Sunday, March 24**. You may donate candy that fits in plastic eggs; please bring it by **March 17**.

### Easter Flowers by March 10

On Easter Sunday, March 31, Trinity's Sanctuary will be decorated with lilies, tulips and hydrangeas, given in honor or memory of loved ones. Please fill out the form at [umtrinity.org/worship/easter-flowers](http://umtrinity.org/worship/easter-flowers). All memorials/honors will be noted in the Easter Sunday bulletin. Deadline is **TODAY**.

### Fellowship

To provide snacks during Fellowship, sign up on the white board on the coffee bar. Contact Alesha Luxon, [alesha.luxon@gmail.com](mailto:alesha.luxon@gmail.com).

### Preschool Enrollment Open

Enrollment for **Summer Camp 2024** and **2024-25** is open. For details, please visit [umtrinity.org/preschool](http://umtrinity.org/preschool).

### Youth Group (Grades 7-12)

Youth Group after 10:30 worship.

Contact Catherine Wethington, [umtrinityyouth@gmail.com](mailto:umtrinityyouth@gmail.com). Scan the QR code at the right to register for 2023-24 youth activities.

## Coming Up

### March

10	Easter Flower Orders Due
11	Crafts for a Cause
12	Book Chat
16	Christ House
23	Good Works Day
24	Palm Sunday
24	Egg Hunt
25	Crafts for a Cause
28	Maundy Thursday
29	Good Friday
31	Easter Sunday
31	Celtic Service

### April

1	Office Closed
7	Martha's Table
8	Crafts for a Cause
9	Book Chat
20	Christ House
22	Crafts for a Cause
28	Celtic Service

## Quick Links

Scan this QR code with your phone's camera and click the link for quick access to forms. This page currently holds:

- > worship attendance
- > children and youth registration
- > flower orders, etc.
- > ushers



Please join Trinity's Trustees on **March 23**, for fellowship and the shared joy of caring for our church home! We will complete non-routine upkeep and repairs in anticipation of Holy Week and Easter. A light breakfast, snacks, and a pizza luncheon will be served.

### 123JUNK at Good Works Day

Karen Briscoe and Lizzy Conroy are sponsoring 123JUNK from 10 a.m. – noon. This is for anyone in the church and community who wants to clean-up, clean-out, and get rid of unwanted items. Find out more about what they will and will not take at <https://123junk.com/about-us/faqs>.

### Yard Sale at Good Works Day!

If you have items we could sell to raise money for Trinity, please bring them on Saturday, March 23, 6:30-7 a.m. If you can help manage our first Good Works Day Yard Sale, email Peggy Fox at [thepeggyfox@gmail.com](mailto:thepeggyfox@gmail.com).



## Trinity Church Staff

Neil Hough  
Taehwan Roh  
Harriet Latta  
Jose Nuñez  
Jerry Rich  
Emily Yosmanovich  
Catherine Wethington  
Laurie Strollo

Senior Pastor  
Associate Pastor  
Office Manager  
Facilities Manager  
Director of Music  
Preschool Director  
Director of Youth Ministry  
Director of Children's Ministry

[nhough@umtrinity.org](mailto:nhough@umtrinity.org)  
[troh@umtrinity.org](mailto:troh@umtrinity.org)  
[hlatta@umtrinity.org](mailto:hlatta@umtrinity.org)  
703-356-3312  
[jrich@potomacschool.org](mailto:jrich@potomacschool.org)  
[director.trinitypreschool@gmail.com](mailto:director.trinitypreschool@gmail.com)  
[umtrinityyouth@gmail.com](mailto:umtrinityyouth@gmail.com)  
[lstrollo@umtrinity.org](mailto:lstrollo@umtrinity.org)

### Office Hours:

Monday – Friday 9 a.m. - 3 p.m.

Worship is live streamed on Sundays from the Chapel at 8:30 a.m. and from the Sanctuary at 10:30 a.m. on YouTube: [youtube.com/UMTrinity](https://youtube.com/UMTrinity). The Celtic Service can be seen on the last Sunday of the month at 5 p.m. on YouTube and Facebook.