



# Trinity United Methodist Church

1205 Dolley Madison Blvd. | McLean, VA 22101

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May 18, 2025

8:30 a.m.

We ask that everyone complete an attendance card found in the pew rack or scan the QR code on page 8 with your phone's camera and click the link to register your attendance today. Don't forget to include **each** family member present.

Prelude	<i>To God Alone Be Glory</i> (Walther)	Jerry Rich
Welcome and Announcements		Clergy
* Call to Worship		Taehwan Roh
Jesus reminded the disciples <b>Love one another as I have loved you.</b> Jesus taught and witnessed to God's love <b>Love one another as I have loved you.</b> Jesus encourages us to love each other with tenderness, compassion, and hope. <b>Let us love one another as Christ loved us.</b>		
* Gathering Hymn	<i>Jesus Calls Us</i>	UMH 398
Children's Message		Laurie Strollo
Prayers of the People		Taehwan Roh
Offering		Neil Hough
This morning's offering will be received as we pass the offering plates. You may also give online at <a href="http://umtrinity.org/give">http://umtrinity.org/give</a> and through our app. On the website, scroll down and click on SET UP ONLINE GIVING.		
Offertory	<i>Litany to the Holy Spirit</i> (Hurford)	Philip Keirstead
Scripture	Mark 4:1-9	Taehwan Roh
Again he began to teach beside the lake. Such a very large crowd gathered around him that he got into a boat on the lake and sat there, while the whole crowd was beside the lake on the land. He began to teach them many things in parables, and in his teaching he said to them: 'Listen! A sower went out to sow. And as he sowed, some seed fell on the path, and the birds came and ate it up. Other seed fell on rocky ground, where it did not have much soil, and it sprang up quickly, since it had no depth of soil. And when the sun rose, it was scorched; and since it had no root, it withered away. Other seed fell among thorns, and the thorns grew up and choked it, and it yielded no grain. Other seed fell into good soil and brought forth grain, growing up and increasing and yielding thirty and sixty and a hundredfold.' And he said, 'Let anyone with ears to hear listen!'		
Message	<i>The Journey of Discipleship</i>	Anne Hough
Sacrament of Holy Communion		Clergy
* Closing Hymn	<i>O Jesus I Have Promised</i>	UMH 396
* Benediction		Neil Hough
* Closing Music	<i>Trumpet Voluntary in C</i> (Alcock-Stubley)	Jerry Rich

\* Please stand as you are able.

# Grow — Pray — Study

Things I'd like to remember from today's message:

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## **Monday, May 19 — Mark 4:1-9**

Jesus' parable of the sower contains several lessons for our discipleship, and for the church. The four types of soil describe the variety of human conditions that God's Word finds when the Gospel is shared. It won't all take root, but the seed that finds fertile soil bears a miraculous harvest. It teaches us to till the soil of our lives so that God's Word can grow in us. It also teaches us to keep sharing the Good News and trust that God's Word will grow and bear fruit. That's what God desires — that God's Word grows and bears fruit in our lives, and in the world.

- Take some time today to reflect on Jesus' parable. What kind of soil has God's Word found in you? Is God's Word growing in you? Is God's Word bearing fruit in you?
- Prayer: *Eternal God, thank you for the teaching and example of Jesus. Help me to receive your Word and allow it to grow and bear fruit in my life. Amen.*

## **Tuesday, May 20 — 1 Corinthians 3:1-9**

When the letter to the Corinthians was written, the church in Corinth was facing deep divisions and conflict. It seems that the Corinthians were more focused on, and divided by, their human leadership and allegiances than in the leadership of Jesus. (See 1 Corinthians 1:10-17 for some of the context.) In his response, Paul (the writer) reminds them that both he and Apollos played a role in their development as believers. But he insists that it is *"only God who gives the growth"* (1 Corinthians 3:7).

- We are often tempted to elevate our place in God's Kingdom and our role in God's Kingdom work. How might you resist that temptation? How might you remember that it's *"God who gives the growth"*?
- Prayer: *Merciful God, forgive me for failing to recognize that growing in discipleship is your desire for my life. Help me learn to trust that you will help me grow if I let you. Amen.*

## **Wednesday, May 21 — Colossians 1:9-14**

Growing in discipleship and *"in the knowledge of God,"* (Colossians 1:10) is a central theme in New Testament letters. What's assumed by the writers is that an encounter with the living God in Jesus Christ will change our lives. We will be *"filled with knowledge,"* *"lead lives worthy of the Lord,"* and *"bear fruit in every good work"* (Colossians 1:9-10). This growth is made possible by God's *"glorious power"* (Colossians 1:11).

- God expects that you will be *filled with knowledge, lead a life worthy of Jesus, and bear fruit* in your life. Are God's expectations being fulfilled in your life?
- Prayer: *Almighty God, fill me with the resurrection power that was unleashed in the world on Easter. Transform my life. Help me to lead a life worthy of Jesus. Amen.*

## **Thursday, May 22 — Ephesians 4:11-16**

The New Testament is clear that God intends to mold us into *"the measure of the full stature of Christ"* (Ephesians 4:13). The New Testament is also clear that facilitating this growth and maturity is the purpose of the Church, which has been given the necessary gifts to accomplish this purpose. This means that we are not only going to grow in our own discipleship, we are also going to help others do the same, using the gifts we have been given.

- First, reflect on your level of spiritual maturity. Where is God helping you grow? Second, reflect on the gifts you've been given to help others grow in their spiritual maturity. How are you using the gifts God has given you to help others?
- Prayer: *God of Grace, grant me the courage I need to allow you to work in my life. Help me grow in my ability to follow Jesus and live into the fullness of your Kingdom life. Amen.*

## **Friday, May 23 — Acts 2:37-47**

After the Holy Spirit fills Jesus' disciples (Acts 2:1-13), Peter stands and preaches a sermon about Jesus (Acts 2:14-36) that bears a miraculous harvest of converts (Acts 2:41). But that wasn't the end of the Pentecost story. The addition of 3,000 new believers was just the beginning of the Holy Spirit's work. What followed was the formation of the Church. In Acts 2:42-47 we find an outline of the Church's ministry and some of the spiritual disciplines that we still practice today: teaching/learning, spending time in fellowship, breaking bread (Communion), praying, sharing resources, and worshipping God.

- Of the spiritual disciplines listed in Acts 2:42-47, which ones are most meaningful for you? Which ones challenge you? Which ones will be your priority for the next few months?
- Prayer: *Loving God, thank you for the Church. Thank you for planting me in the midst of a community of believers that will help me grow in my discipleship. Amen.*

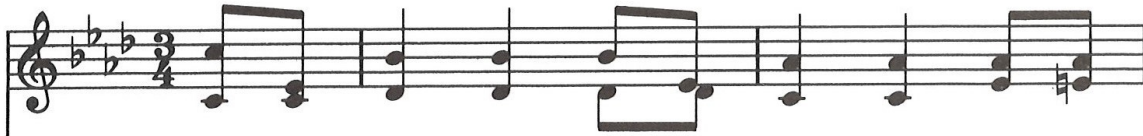
## **Saturday, May 24 — Ephesians 3:14-21**

End this week by spending time with the prayer and benediction that concludes the third chapter of Ephesians. Pray this prayer for yourself. Reflect on the ways this prayer is being answered in your life right now. Notice how the prayer is primarily about allowing God to work in your life. Notice how God is the one who gets the glory. Re-read 1 Corinthians 3:5-7. Remember that in the life of Christian discipleship, it is *"only God who gives the growth"* (1 Corinthians 3:7).

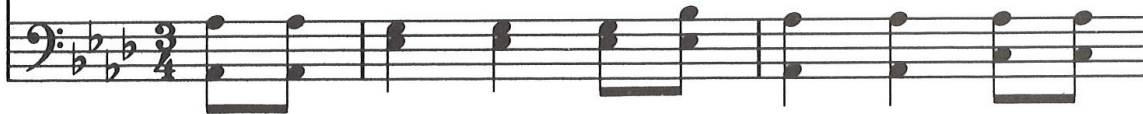
- Are you willing to allow God *"to accomplish abundantly far more than all [you] can ask or imagine"* (Ephesians 3:20) ... in your life?
- Prayer: *God of the Universe, I confess that I all too often fail to believe that your dreams for my life and for the world can be accomplished. Grant me the gift of faith. Amen.*

## Jesus Calls Us

398



1. Je - sus calls us o'er the tu - mult of our  
 2. As of old the a - pos - tles heard it by the  
 3. Je - sus calls us from the wor - ship of the  
 4. In our joys and in our sor - rows, days of  
 5. Je - sus calls us! By thy mer - cies, Sav - ior,



life's wild, rest - less sea; day by day his  
 Gal - i - le - an lake, turned from home and  
 vain world's gold - en store, from each i - dol  
 toil and hours of ease, still he calls, in  
 may we hear thy call, give our hearts to



sweet voice sound - eth, say - ing, "Chris - tian, fol - low me!"  
 toil and kin - dred, leav - ing all for Je - sus' sake.  
 that would keep us, say - ing, "Chris - tian, love me more!"  
 cares and plea - sures, "Chris - tian, love me more than these!"  
 thine o - be - dience, serve and love thee best of all.



## O Jesus, I Have Promised


396

1. O Je - sus, I have prom-ised to serve thee to the end;  
 2. O let me feel thee near me! The world is ev - er near;  
 3. O let me hear thee speak-ing in ac - cents clear and still,  
 4. O Je - sus, thou hast prom-ised to all who fol - low thee

be thou for-ev - er near me, my Mas - ter and my friend.  
 I see the sights that daz - zle, the tempt-ing sounds I hear;  
 a - bove the storms of pas-sion, the mur-murs of self - will.  
 that where thou art in glo - ry there shall thy ser-vant be.

I shall not fear the bat - tle if thou art by my side,  
 my foes are ev - er near me, a - round me and with - in;  
 O speak to re - as - sure me, to has - ten or con - trol;  
 And Je - sus, I have prom-ised to serve thee to the end;

nor wan-der from the path - way if thou wilt be my guide.  
 but Je - sus, draw thou near - er, and shield my soul from sin.  
 O speak, and make me lis - ten, thou guard-ian of my soul.  
 O give me grace to fol - low, my Mas - ter and my Friend.



On Sunday, June 8, we will be celebrating Neil Hough's ministry at Trinity. Neil will be preaching at both services, and we will have an opportunity to thank him and Anne for their many years of service in the church and community.

Then, after the 10:30 service, we'll gather for a picnic lunch. We plan to be outside, but please note that the picnic will be held rain or shine. Here are some details as you plan for Sunday:

- Hamburgers and hotdogs will be provided, grilled to perfection by the United Methodist Men.
- Drinks will be provided — water, iced tea, and sodas.
- We need you to help provide the rest of the feast. Please bring a vegetable, salad, side dish, or dessert to share. You can drop them off in the Fellowship Building Lobby before the service. The refrigerator will be available if you need it.
- If you have special dietary requirements, please bring what you need.

We need help setting up and cleaning up on Sunday. Set-up will start around 10 a.m. and we'll clean-up as the party draws to a close.

Finally, you can contribute to a Love Offering for Neil and Anne by going to [umtrinity.org/give-now](https://umtrinity.org/give-now) or using the app and choosing Love Offering in the Fund options. You can also write a check to bring or send to the church. Make sure it's clearly marked for the Love Offering.

I hope you'll plan to join us on Sunday June 8, not only to say goodbye to Neil and Anne, but also to spend time in Christian fellowship with the Trinity Church Family.

*Stephanie Gruenfelder*



# Graduate Recognition

The high school and post-secondary Class of 2024 will be recognized in worship on June 1. Send your name and the name of the school from where you graduated and future plans (as known) by May 28 to [info@umtrinity.org](mailto:info@umtrinity.org).

## Nursery on Sundays

The Nursery is staffed during both Sunday worship services for children 3 years old and under.

## This Week on Zoom

Password 1205

### Pastor's Bible Study

Tuesday at 10:30 a.m. Meeting ID: 894 8087 9762  
Tuesday's class is also in-person. Wednesday at 7 p.m.: Meeting ID: 886 5257 6837 on Zoom only.

### Book Chat: **June 10**

Tuesday, 6:30 p.m. Meeting ID: 824 6934 5400

### Prayer Group

Wednesday at 9 a.m. Meeting ID: 875 6105 5580

### Pastor's Bible Study: Philippians

The power of Christ's resurrection continues to shape our daily lives long after Easter Sunday. Join Pastor Taehwan as we study the book of Philippians, a letter filled with encouragement, written by the Apostle Paul while in prison. Together, we are exploring the themes of lasting joy, Christlike humility, and the strength of Christian community. This 3-week study offers space for listening, reflection, and sharing. It's not too late to participate. No prior experience is needed — just come with an open heart. All are welcome!

- ⇒ **Tuesdays at 10:30 a.m.** – Trinity Library (Hybrid with Zoom)
- ⇒ **Wednesdays at 7 p.m.** – Zoom Only

## Our Prayer List

Aaron, Alan & Rhonda, Allen family, Amy, Anita, Anne, Anusha, AP, April, Audrina, Barb & JR, Barbara & Barry, Becca, Becky, Ben, Ben & April, Betty, Bill, Bob, Brent, Brett & Laurie, Bruce, Bud, Cameron, Cami, Carl, Carol & Rich, Caspari family, Catherine, Cathy, Charlie, Chick, Chris, Christine, Christopher, Chuck, Dan, Daniel, Danielle, Danny, Dara, Darlene & Steve, Davey, David, David & Carol, David & Doreen, David & Sara-Michelle, Debbie & Steve, Diane, Douglas, Eifiona, Eleanor, Ella, Ellen, Emily, Eric, Erica, Evan, Frank, Franklin, Gail, Gary & Lindie, Geoff, Gregg, Hanna, Harry, Holly, Hoyt, Hyland, Jack, Jack & June, Jackie & Ron, Jason & Emmett, Jeff, Jennifer, Jewel, Jim, Jim, Jimmy, Joan, Joanna, Joe, John, Jonathan, Jones family, Judy, Juli, Julie, Katie, Ken, Kevin, Krista & Robert, Kurt, Ladye, Laura, Leo, Leonore, Leslie, Levi, Libby, Linda, Lon & Barb, Luke, Macy & Ellie, Mandy & Mack, Margarita, Marie & Joe, Margie, Marguerite & John, Marilyn, Mark, Matthew, Melissa, Merlin, Mia, Mickey & Ruth, Mikey, Mikie, Myrtle, Nancy, Nanette, Nolen family, Okun family, Olin, Owena, Pearl, Peggy, Peter, Pi, Ples, Rishi, Rosemary, Rowan, Sam, Sam & Evan, Sheila, Silva, Sissi, Sitta, Spencer, Stacy & Ellie, Steve, Susan, Teddy, Teresa & Norman, Terry, Tessa, Tim, Thomas, Tom, Tom & Hannah, Veda, Victor, Vinnie, Wayne family, Winie & Joseph, Woody, Yancey, and those who are traveling, people losing jobs, success for employment seekers, the children and staff at Heart to Heart Worldwide Village in Honduras, The Leadership Center, our nation's leadership and unity, soldiers abroad and at home, peace on earth, an end to antisemitism and Islamophobia, leadership crisis in South Korea, those affected by the California wildfires and Myanmar earthquake, storm and flood victims, those trying to make a better future for our nation, government employees, immigrants, orphans in Ethiopia, victims of abuse and hostages throughout the world, and the Hough, Rochford & Roh families & Trinity UMC during the pastoral transition.

## Meditation & Mindfulness

Wednesday, May 21

7 - 8 p.m.

Langley Hall

Experience how mindfulness and meditation can quiet the mind, help us navigate the changing world, and explore our spiritual selves.

Questions? Call the Church Office, 703-356-3312

## Vacation Bible Saturday

Saturday, July 12

10 a.m. - 2 p.m.

ages 3 - rising 4<sup>th</sup> grade

Register at [umtrinity.org/vbs](http://umtrinity.org/vbs)

## Highlights from E-News

### Book Chat

Book Chat meets on Tuesday, **June 10** at 6:30 p.m. on Zoom. This month's book is *Notes of a Native Son* by James Baldwin. All are welcome and you don't need to be a Trinity member or have even read the book to join. Zoom information on p. 7.

### Camp Highroad

**Summer Camp** ages 5 – 12<sup>th</sup> grade. <https://www.camphighroad.org/summer-camp>

**Camp Highroad is hiring** summer counselors, counselors in training and program staff. <https://camphighroad.campbrainstaff.com/>

### Children's Ministries

**Children's Worship Folders** are available during worship services and are categorized by age and reading ability. Please return your folder to the used bin so it can be replenished.

**Children's Worship** (ages 4 - 6th grade) meets during the 10:30 service following the Children's Message.

**Vacation Bible Saturday** will be July 12. More details will be available soon.

### Fellowship

Each week individuals, families or ministry groups host our Fellowship snacks. Please consider signing up for either the 8:30 or 10:30 service's Fellowship time. Scan the QR code at the right to sign-up. Today's hosts are Charles & Genée Boykin (8:30). There will be a reception for the Confirmation class at 10:30.

### Meditation & Mindfulness

Experience how mindfulness and meditation can quiet the mind, help us navigate the changing world, and explore our spiritual selves. The hour-long session begins at 7 p.m. on **Wed., May 21**, in Langley Hall.

Maureen Kammerer will conduct the session and has been giving lessons in mindfulness for over 30 years, helping others to experience the peace of a comfortable seated guided meditation. Questions? Call the church office, 703-356-3312.

### Prayer Group

Meets on Zoom on Wednesdays at 9 a.m.! Everyone is welcome.

### Trinity Preschool of McLean

Class options for children two and a half to six years old. Enrollment for Summer Camp 2025 and 2025-26 is open. Call the school office today to inquire about current openings or to schedule a school tour. <http://umtrinity.org/preschool>.

### Youth Group (Grades 7-12)

Youth Group will meet on May 18, 4:30 - 6 p.m.

To receive youth emails, contact Catherine Wethington, [umtrinityyouth@gmail.com](mailto:umtrinityyouth@gmail.com).

## Coming Up

### May

18 Confirmation Sunday  
20 Trustees  
21 Meditation & Mindfulness  
25 Celtic Service  
26 Office Closed

### June

1 Martha's Table  
1 Choir Concert  
8 The Houghs last Sunday  
8 Farewell Reception for Houghs  
10 Book Chat  
11-14 VA Annual Conference  
15 *Spire* deadline  
19 Office Closed  
21 Christ House  
29 Pastor Dave's first Sunday

### July

4 Office Closed  
12 Vacation Bible Saturday

### Quick Links

Scan this QR code with your phone's camera and click the link for quick access to forms. Or, visit: [umtrinity.org/about-us/quick-links](http://umtrinity.org/about-us/quick-links)  
This page currently holds:

- > Worship attendance
- > Children and youth registration
- > Christ House wish list
- > Fellowship hosts
- > Ushers
- > VBS



### Trinity Church Staff

Neil Hough  
Taehwan Roh  
Harriet Latta  
Jose Nuñez  
Jerry Rich  
Angi Oxendine  
Catherine Wethington  
Laurie Strollo

Senior Pastor  
Associate Pastor  
Office Manager  
Facilities Manager  
Director of Music  
Preschool Director  
Director of Youth Ministry  
Director of Children's Ministry

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Office Hours: Monday – Friday 9 a.m. - 3 p.m.

Worship is live streamed on Sundays from the Chapel at 8:30 a.m. and from the Sanctuary at 10:30 a.m. on YouTube: [youtube.com/UMTrinity](https://youtube.com/UMTrinity). The Celtic Service can be seen on the last Sunday of the month at 5 p.m. on YouTube and Facebook.