



# Trinity United Methodist Church

1205 Dolley Madison Blvd. | McLean, VA 22101

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August 28, 2022

8:30 & 10:30 a.m.

We ask that everyone complete an attendance card found in the pew rack or scan the QR code with your phone's camera to register your attendance today. This attendance will be used should contact tracing become necessary.



|   |   |                  |
|---|---|------------------|
| Prelude   | <i>Entrée in G Minor</i> (Handel)           | Jerry Rich       |
| Welcome and Announcements   |   | Clergy           |
| * Call to Worship   |   | Eileen Gilmer    |
| When we are left to our own devices, we become like weak and cracked vessels, unable to sustain love, mercy, and justice.   |   |                  |
| <b>But when we come before God, seeking God's healing love, we are given the strength and courage to serve others.</b>  |   |                  |
| We often want to have our own way in all that we do.  |   |                  |
| <b>We have a difficult time trusting in God.</b>  |   |                  |
| Lord, come to us this day, healing our mistrust and our hesitancy.  |   |                  |
| <b>Give us spirits ready to receive your forgiveness and mercy. Amen.</b>   |   |                  |
| * Gathering Hymn  | <i>Holy, Holy,. Holy! Lord God Almighty</i> | p. 3 / UMH 64    |
| Blessing of the Backpacks   |   | Laurie Strollo   |
| Prayers of the People   |   | Gilmer           |
| Offering  |   | Neil Hough       |
| This morning's offering will be received as we pass the offering plates. You may also give online at <a href="http://umtrinity.org/give">http://umtrinity.org/give</a> and through our app. On the website, scroll down and click on SET UP ONLINE GIVING.  |   |                  |
| Anthem (8:30)   | <i>O God Beyond All Praising</i> (Holst)    | Philip Keirstead |
| Anthem (10:30)  | <i>How Firm a Foundation</i> (Shackley)     | Ensemble         |
| Scripture   | 1 Thessalonians 4:1-7                       | Gilmer           |
| Finally, brothers and sisters, we ask and urge you in the Lord Jesus that, as you learned from us how you ought to live and to please God (as, in fact, you are doing), you should do so more and more. For you know what instructions we gave you through the Lord Jesus. For this is the will of God, your sanctification: that you abstain from sexual immorality; that each one of you know how to control your own body in holiness and honor, not with lustful passion, like the gentiles who do not know God; that no one wrong or exploit a brother or sister in this matter, because the Lord is an avenger in all these things, just as we have already told you beforehand and solemnly warned you. For God did not call us to impurity but in holiness. |   |                  |
| Message   | <i>Lust (Chastity)</i>                      | Neil Hough       |
| The Sacrament of Holy Communion (8:30)  |   | Gilmer           |
| * Closing Hymn  | <i>Love Divine, All Loves Excelling</i>     | p. 3 / UMH 384   |
| * Benediction   |   | Hough            |
| Closing Music (8:30)  | <i>Little Prelude in F, BWV 556</i> (Bach)  | Rich             |

\* Please stand as you are able.

# Grow — Pray — Study

Things I'd like to remember from today's message:

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## **Monday, August 29 — Exodus 20:4-6, Judges 2:16-23**

We often think of lust in sexual terms, but, by definition, lust is any kind of intense desire or craving. In fact, the Bible speaks not only about sexual lust, but also about the human desire (lust) for other gods or idols. We find a summary of Israel's unfaithfulness in Judges 2. The primary charge against them is that they *"lusted after other gods and bowed down to them"* (Judges 2:17). The truth is that the Israelites are not the only people who lust after other gods.

- What other gods tempt you to serve and worship them? Money? Recognition? Relationships? Sex? How do you resist temptations?
- Prayer: *God of Eternity, forgive me when I lust after other gods and fail to worship you with all my heart, mind, soul, and body. Amen.*

## **Tuesday, August 30 — Exodus 20:14, 17, Matthew 5:27-30**

The sexual nature of lust is more than simply noticing an attractive person. Jesus warns about the kind of lust that covets another person and desires an adulterous relationship with them. Jesus emphasizes that lustful thoughts are dangerous (deadly) because they can lead to coveting and adultery. He challenges his disciples to seek a greater righteousness (see Matthew 5:17-20).

- Consider Matthew 5:27-30. What do you think about Jesus' warning about the danger of lust and his high expectations for you?
- Prayer: *Righteous God, inspire a greater righteousness in me today. Purify my heart. Cleanse my thoughts. Make me holy. Amen.*

## **Wednesday, August 31 — Numbers 15:37-41**

Through Moses, God instructed the Israelites to put blue cords on the fringes of their garments as a reminder to follow God's commandments and not follow the lust of their heart. God knew that they would be tempted to follow their own desires and "forget" God's commandments and God's instructions for a godly life. The cord was a tangible, physical reminder of God's presence and God's desire for obedience and holiness.

- What helps you keep God's commandments and resist the lusts of your heart? What will be your "blue cord"? What will help you remember and obey God's commandments and God's instructions.
- Prayer: *Almighty God, teach me how to live a Godly life every day. Keep your commandments on my heart and in my mind. Amen.*

## **Thursday, September 1 — 2 Peter 1:3-11**

In the opening sentences of his second letter, Peter reminds believers that God has given us everything we need to escape the corruption of the world, resist temptations, and lead a life of godliness. But, he says, we need to cultivate faith, goodness, knowledge, self-control, endurance, godliness, mutual affection, and love.

- Review Peter's list in 2 Peter 1:5-7. Use the characteristics he names to examine your life. Where are you strong? Where are you weak? How might you cultivate these characteristics in your life?
- Prayer: *God of Promises, thank you for the promise of salvation through Jesus Christ. Help me grow in faith every day. Amen.*

## **Friday, September 2 — 2 Corinthians 6:16-7:1**

In his first letter to the church in Corinth, the apostle Paul tells them that they are God's temple and that the Holy Spirit dwells in them (1 Corinthians 3:16). He builds on that theme in the second letter when he reminds them of God's promises and calls on them to be cleansed (by the power of God's grace) of imperfections and impurity and seek God's holiness in their lives.

- Spend time in prayer today. Ask God to shine the light of Christ into your life so that you can see yourself more clearly? What do you find? Seek God's forgiveness. Read and pray Psalm 51.
- Prayer: *God of Grace, today I see clearly that I am a sinner who needs your grace. Forgive my sins. Make me pure and holy. Amen.*

## **Saturday, September 3 — Romans 12:1-2, Ephesians 4:17-24**

The New Testament has a lot to say about transformation and new life. It is clear that Jesus' life, death, and resurrection has changed everything and that those of us who follow Jesus are to put away our old lives so that we can be transformed and put on a new life. In this new life we not only think differently — about God, about ourselves, and about the world — but we also act differently, following the teaching and example of Jesus. In the new life, we do the things Jesus did and do the things Jesus tells us to do.

- What is the status of your life transformation? What has changed in your life as a result of following Jesus? What has changed in your thinking? What has changed in your actions? How fully do you follow Jesus' example and teaching?
- Prayer: *Holy God, fill me with the power of your Holy Spirit. Transform my life so that I will fully follow Jesus' example and teaching. Amen.*

## Nursery on Sundays

Masks are optional for everyone who is fully vaccinated. The Nursery is staffed during both Sunday worship services for children 3 years old and under. Nursery attendants and children's ministry volunteers wear masks.

## This Week on Zoom

Password 1205

### Prayer Group

Wednesday at 10 a.m. Meeting ID: 875 6105 5580

## Our Prayer List

Al, Alan, Alex, Alex & Sarah, Amber & Briana, Andrea, Ann, Annabelle, Annie Kate, Asher, Ballard family, Barb & JR, Barbara, Betty & Tracy, Bev, Bill & Ann, Bill & Maddie, Bob, Boris, Bricker family, Brunnet family, Carol & Rich, Carolina, Cathryn, Cathy, Chris, Claire, Connie, Claudia, Daniel, Danny, Darlene & Steve, Dave & Carol, Dave & Siri, Davey, David, Diane & Chris, Dillian & Abby, Donna, Earl & Mary Lou, Eason-Williams family, Elaine, Elizabeth, Ellie, Evey, Fran & Tom, Franco, Gary & Lindie, Gerry & Kathy, Gilmore family, Greenberg family, Hanse family, Hanson family, Harriet, Hoda, Howard, Janet, Jeremy, Jill, Joe & Marie, John, June, Karen, Kathy, Kay & John, Krista, Kristin, Kyu, Ladye, Lana, Lena, Lindstedt family, Lisa, Liz & David, Lois, Luana, Lauren, Maher family, Marcia, Marciene, Marcy, Maria, Marilyn, Mark, Mary, Matthew, Mickey, Mike, Monica, Nancy, Owen, Pauline & Merlin, Peg & Dick, Phillip, Raymond, Rob, Robert, Roberto & Erica, Sandy & Vinnie, Sarah, Sasha, Shelley, Suzy, Tatiana, Thomas, Tom, Vanna, Vicki, Weiss family, Williams family, Woodward family, Yancey, travelers, the people of Ukraine and those assisting them, Afghanis, Sudanese, victims of human trafficking, Trinity's children, youth and volunteers, healthcare and emergency workers, hospital chaplains, those who mourn, the homeless, those distributing vaccines, racial reconciliation in our country, those affected by natural disasters and political turmoil around the world.

We extend sympathy to the family of Nell Gilmore on her Aug. 25 death.

Today's hymn texts for those worshipping at home.

## Holy, Holy, Holy! Lord God Almighty

1. Holy, holy, holy! Lord God Almighty!  
Early in the morning our song shall rise to thee.  
Holy, holy, holy! Merciful and mighty,  
God in three persons, blessed Trinity!
2. Holy, holy, holy! All the saints adore thee,  
casting down their golden crowns around the glassy sea;  
cherubim and seraphim falling down before thee,  
which wert, and art, and evermore shalt be.
3. Holy, holy, holy! Though the darkness hide thee,  
though the eye of sinful man thy glory may not see,  
only thou art holy; there is none beside thee,  
perfect in power, in love and purity.
4. Holy, holy, holy! Lord God Almighty!  
All thy works shall praise thy name, in earth and sky  
and sea.  
Holy, holy, holy! Merciful and mighty,  
God in three persons, blessed Trinity.

## Love Divine, All Loves Excelling

1. Love divine, all loves excelling,  
joy of heaven, to earth come down;  
fix in us thy humble dwelling;  
all thy faithful mercies crown!  
Jesus, thou art all compassion,  
pure, unbounded love thou art;  
visit us with thy salvation;  
enter every trembling heart.
2. Breathe, O breathe thy loving Spirit  
into every troubled breast!  
Let us all in thee inherit;  
let us find that second rest.  
Take away our bent to sinning;  
Alpha and Omega be;  
end of faith, as its beginning,  
set our hearts at liberty.
3. Come, Almighty to deliver,  
let us all thy life receive;  
suddenly return and never,  
nevermore thy temples leave.  
Thee we would be always blessing,  
serve thee as thy hosts above,  
pray and praise thee without ceasing,  
glory in thy perfect love.
4. Finish, then, thy new creation;  
pure and spotless let us be.  
Let us see thy great salvation  
perfectly restored in thee;  
changed from glory into glory,  
till in heaven we take our place,  
till we cast our crowns before thee,  
lost in wonder, love, and praise.



Bounce Back Sunday  
September 11  
after 10:30 worship

Potluck lunch, games, bounce house, fun and fellowship for all!

## Highlights from E-News

If you're not receiving our Friday e-mail, please send your email address to [info@umtrinity.org](mailto:info@umtrinity.org)

### Chancel Choir Seeks Singers

Our Chancel Choir is a vital part of Trinity's worship life; members learn about their faith as they minister to others through music. We welcome new singers! Rehearsals start on **Sunday, Sept. 18 at 11:45 a.m.** in the Sanctuary. Why not give us a try? For more information, please email Jerry Rich ([jrich@potomacschool.org](mailto:jrich@potomacschool.org)).

### Children's Ministries

**Children's Worship Folders** are available during Sunday morning worship services and are categorized by age and reading ability. Please remember to return your folder to the used bin so it can be replenished for next week.

**Children's Worship** (ages 4 - 4th grade) and **Club 56** (grades 5 & 6) meet during the 10:30 service following the Children's Message.

### Christ House Closet

Christ House, a medical facility for homeless men in Washington, D.C. provides all newly admitted patients with comfortable, clean clothing. The current needs list is in the E-News. Collection bins are in the Fellowship Lobby.

### Crafts for a Cause

Crafts for a Cause meets every other Monday from 7 to 8:30 p.m., in Room 124: Sept. 6 & 19. No crafting experience is needed and all are welcome. If you'd like to sign up, please email **Alesha Luxon** at [alesha.luxon@gmail.com](mailto:alesha.luxon@gmail.com).

### Fall Women's Retreat: Seeking Inner Peace

Reverend Anne Hough will be leading this day retreat on **Saturday, October 1** from 9 a.m. – 4 p.m. in the Fellowship Building. The cost to cover lunch and supplies is \$20 payable by check, or through the church app, and designated for the retreat. For details, please visit <http://umtrinity.org/education/adults>. To facilitate planning, **please register as soon as possible**, by emailing Anne, [eahough@gmail.com](mailto:eahough@gmail.com).

### Fellowship

As we gather back at church we look forward to fellowship with our friends and family. We look forward to catching up and getting to know each other better. Feel free to join us after each service in the Fellowship Lobby. We also need volunteers to make this Fellowship happen. If you are willing to help, please email Alesha Luxon ([alesha.luxon@gmail.com](mailto:alesha.luxon@gmail.com)). Instructions will be provided. Thanks to all for supporting this church and this ministry.

### Youth Group (Grades 7-12)

**Sunday, August 28, 3 - 5 p.m.** Pool Party at the Wethington Residence, celebrate the end of Summer and the start of the school year! Youth group is for all youth in 7th-12th grade. Are you an adult interested in volunteering with our youth or do you want more information about joining youth group? Contact Catherine Wethington ([umtrinityyouth@gmail.com](mailto:umtrinityyouth@gmail.com)).

## Coming Up

### August

- 22 Crafts for a Cause
- 28 Celtic Service
- 28 Youth Group Pool Party

### September

- 3 William Watters Foundation Mtg
- 5 Office Closed
- 6 Executive Council
- 6 Crafts for a Cause
- 11 Bounce Back Sunday
- 13 Book Chat
- 17 Music Concert: Brassolatura
- 19 Crafts for a Cause
- 25 Celtic Service

### October

- 1 Women's Retreat
- 2 Pet Blessing
- 3 Crafts for a Cause
- 9 Oscar Serrano (Honduras) visit
- 10 Office Closed
- 11 Book Chat
- 17 Crafts for a Cause
- 30 Celtic Service
- 31 Crafts for a Cause

### November

- 1-8 Honduras Mission Trip
- 5 Rise Against Hunger
- 8 Book Chat
- 11 Office Closed
- 14 Crafts for a Cause
- 20 Hanging of the Greens
- 27 Celtic Service
- 28 Crafts for a Cause

### Trinity Preschool of McLean

Class options for children two and a half years old - Kindergarten.  
<http://umtrinity.org/preschool>.

### Trinity Church Staff

Neil Hough  
Eileen Gilmer  
Harriet Latta  
Jose Nuñez  
Jerry Rich  
Emily Yosmanovich  
Catherine Wethington  
Laurie Strollo

Senior Pastor  
Associate Pastor  
Office Manager  
Sexton  
Director of Music  
Preschool Director  
Director of Youth Ministry  
Director of Children's Ministry

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### Summer Office Hours:

Monday – Thursday 9 a.m. - 3 p.m.; Friday: 9 a.m.—12 p.m.

Worship is live streamed on Sundays from the Chapel at 8:30 a.m. and from the Sanctuary at 10:30 a.m. on YouTube: [youtube.com/UMTrinity](http://youtube.com/UMTrinity). The Celtic Service can be seen on the last Sunday of the month at 5 p.m. on YouTube and Facebook. Sermons air on Fairfax Public Access Channel 36 (on Cox and Verizon). Tune in Wednesdays at 5 p.m., Fridays at 7:30 p.m., and Sundays at 7 a.m.