



Trinity United Methodist Church

1205 Dolley Madison Blvd. | McLean, VA 22101
703-356-3312 | umtrinity.org | info@umtrinity.org

September 28, 2025

8:30 & 10:30 a.m.

Welcome to Trinity Church! We are grateful you are here. We'd appreciate it if you would complete an attendance card found in the pew rack (or scan the QR code on page 4 with your phone's camera and click the link) to register your attendance today. And do include **each** family member present.

Prelude	Reverie (How)	Jerry Rich
Welcome and Announcements		
* Call to Worship	from Psalm 91	
God is our refuge and our fortress. In God, we place our trust. When we are weary, God lifts us up on wings like eagles. Come before the Lord with joy and longing. God is our hope and our salvation.		
* Gathering Hymn	Jesus Is All the World to Me	UMH 469
Prayer of Confession		
Merciful God, we confess that too often we chase after things that do not last. We cling to possessions, status, and success as though they could secure our lives. Forgive us, Lord. Our hearts are restless, and we forget that true peace is found only in you. You call us to live with faith, love, patience, and gentleness. Yet we are quick to choose selfish ways, to hold on to grudges, and to let fear guide our steps. Have mercy on us, God. Turn our desires back to you. Heal what is broken within us, and shape us into your people once more. Gracious God, in Christ you promise us life that is full and everlasting. In this promise we place our hope. [a time of silent prayer follows] Renew us by your Spirit, that we may walk in your ways and find joy in your salvation. Amen.		
Children's Message	Children are invited to Children's Worship in Room 402, a place for those 4 years through 6th grade to connect with God in their own ways.	Laurie Strollo
Prayers of the People and The Lord's Prayer		Dave Rochford
Our prayer will conclude with: Our Father who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil, for thine is the kingdom, and the power and the glory forever. Amen.		
Offering	Our offering is received as we pass the plates, but you may also give online at http://umtrinity.org/give or through our app.	
Offertory	How Can I Keep from Singing? (Lowry) God That Madest Earth and Heaven (Thorne)	Brendon O'Donnell (8:30) Chancel Choir (10:30)
Reading from the Scriptures	1 Timothy 6:6-19	
Of course, there is great gain in godliness combined with contentment; for we brought nothing into the world, so that we can take nothing out of it; but if we have food and clothing, we will be content with these. But those who want to be rich fall into temptation and are trapped by many senseless and harmful desires that plunge people into ruin and destruction. For the love of money is a root of all kinds of evil, and in their eagerness to be rich some have wandered away from the faith and pierced themselves with many pains. But as for you, man of God, shun all this; pursue righteousness, godliness, faith, love, endurance, gentleness. Fight the good fight of the faith; take hold of the eternal life, to which you were called and for which you made the good confession in the presence of many witnesses. In the presence of God, who gives life to all things, and of Christ Jesus, who in his testimony before Pontius Pilate made the good confession, I charge you to keep the commandment without spot or blame until the manifestation of our Lord Jesus Christ, which he will bring about at the right time—he who is the blessed and only Sovereign, the King of kings and Lord of lords. It is he alone who has immortality and dwells in unapproachable light, whom no one has ever seen or can see; to him be honor and eternal dominion. Amen.		

(Continued on page 2)

As for those who in the present age are rich, command them not to be haughty, or to set their hopes on the uncertainty of riches, but rather on God who richly provides us with everything for our enjoyment. They are to do good, to be rich in good works, generous, and ready to share, thus storing up for themselves the treasure of a good foundation for the future, so that they may take hold of the life that really is life.

This is the Word of God, for us, the People of God. **Thanks be to God.**

Message

True Contentment and True Life

Taehwan Roh

The Sacrament of Holy Communion (8:30)

* Closing Hymn

Forth in Thy Name, O Lord

[UMH 438](#)

* Benediction

* Postlude

Finale from Symphony (Boyce)

Jerry Rich

* Please stand as you are able.

Grow — Pray — Study

Our weekly devotional is available at <https://bit.ly/TrinityGPS>

Monday, September 29 — Ecclesiastes 5:10–20

The Teacher observes that those who love money will never be satisfied with enough, as abundance does not bring peace of mind. Wealth can slip away through misfortune, and even when it remains, it cannot follow us into death. Yet the text also affirms that simple joys—food, drink, and satisfaction in work—are gifts from God. True enjoyment comes not from hoarding but from receiving life as grace. This challenges us to reconsider where we search for meaning. If we chase wealth, it will never be enough. But if we learn to see daily bread, family, and labor as God's provision, even ordinary life can be rich in joy.

- Where are you tempted to look for satisfaction apart from God? How can you practice gratitude for God's daily gifts this week?
- **Prayer:** Giver of life, free me from chasing what does not satisfy. Open my eyes to see your hand in daily blessings, and teach me to find contentment in you. Amen.

Tuesday, September 30 — Proverbs 11:24–28

Proverbs paints a paradox: the one who scatters grows richer, but the one who withholds falls into poverty. Generosity brings blessing, not just to others but to the giver. By contrast, trusting in wealth leads only to downfall. These short sayings cut to the heart of wisdom: true security comes not from possessions but from righteousness and generosity rooted in God. In a world that tells us to keep more for ourselves, this wisdom feels countercultural. But Proverbs reminds us that the life that flourishes is the one that gives freely, reflecting the generous heart of God.

- What does generosity look like in your life today? In what ways might God be calling you to “scatter” rather than hold back?
- **Prayer:** Generous God, release my grip on possessions. Make my heart reflect your own, that I may give with joy and trust in your abundance. Amen.

Wednesday, October 1 — Matthew 6:19–34

Jesus warns against storing up treasures on earth, where moth and rust consume. He reminds us that no one can serve both God and wealth. Then he shifts to worry: life is more than food and clothing. The birds and lilies testify that God provides. Therefore, seek first the kingdom, and all these things will be given as well. This passage invites us into freedom: freedom from anxiety, freedom from divided loyalties, freedom to trust that God knows our needs. When our hearts are fixed on God's reign, our daily concerns find their rightful place.

- What worries about money or daily needs weigh on you right now? How can seeking God's kingdom reshape your priorities this week?
- **Prayer:** Loving God, quiet my anxious heart. Help me to trust your care and seek your kingdom above all else. Amen.

Thursday, October 2 — Luke 12:13–21

A man asks Jesus to settle an inheritance dispute, but Jesus responds with a warning: “Be on guard against all kinds of greed.” He tells a parable of a rich man who built bigger barns to store his crops, only to die that very night. The problem wasn't his harvest but his heart—he lived for himself, not toward God. This story asks us to examine where we place our security. Bigger barns cannot hold eternal life. True riches are found in being “rich toward God”—living with open hands, ready to share, and aligning our lives with God's purposes.

- Where are you tempted to build “bigger barns” for yourself? What would it mean to be “rich toward God” in your current season?
- **Prayer:** Lord, protect me from greed. Teach me to live not for myself but for you, storing up treasure that lasts in your kingdom. Amen.

Friday, October 3 — Philippians 4:10–20

Paul writes from prison, thanking the Philippians for their generosity. He shares a secret: “I have learned to be content with whatever I have.” He knows both need and plenty, hunger and abundance. Contentment, Paul says, comes through Christ who strengthens him. Their gift, meanwhile, is not only support but a fragrant offering pleasing to God. Here contentment and generosity meet. Both are rooted in Christ. Contentment trusts Christ in every circumstance; generosity reflects Christ's self-giving love. Together, they form a life of true freedom—where joy is not tied to possessions but to God's presence.

- Where do you need to learn contentment in this season? How can generosity become a joyful expression of your trust in Christ?
- **Prayer:** Christ my strength, teach me contentment in every circumstance. Shape my heart in generosity that reflects your own. Amen.

Saturday, October 4 — 1 Timothy 6:17–19

Paul instructs those who are rich not to be haughty or set their hopes on uncertain wealth, but on God who richly provides. Instead, they are to do good, be generous, and ready to share. In this way they build a foundation for the future and take hold of “the life that really is life.” This passage reminds us that generosity is not loss but gain. When we give, we participate in God's life. True wealth is not measured by what we keep but by how we live toward God and others. The invitation is clear: take hold of real life by living generously.

- What does it mean for you to “take hold of the life that really is life”? How can you use your resources to bless others this week?
- **Prayer:** God of abundance, guard me from pride and misplaced hope. Help me to take hold of true life by living generously in your name. Amen.

Today at Trinity

Today

Celtic Service

September 28

5 p.m.

In-person in our Chapel

The Celtic Service returns the last Sunday of the month in the Chapel at 5 p.m. Come to experience the holy at this Celtic Evensong. With both quiet moments of reflection and contemplative music, experience God in a new way. God is waiting. All are welcome. We will resume in-person worship and live stream the service.



Chancel Choir, 10 a.m.

The Chancel Choir meets at 10 a.m. to prepare to lead worship at 10:30 a.m. New singers are always welcome. If you'd like to know more about Trinity's music ministry, please contact Jerry Rich, jrich@potomacschool.org.

Children's Worship, 10:30 a.m. (ages 4 - 6th grade) meets following the Children's Message.

This Week

Tuesday & Wednesday: Fall Bible Study

Revolutionary Parables: Jesus' Little Stories that Shake the World with Pastor is a thought-provoking study exploring how Jesus' parables challenge and reframe our everyday lives. Sessions meet Tuesdays at 10:30 a.m. in the Church library (also on ZOOM), and Wednesdays at 7 p.m. via ZOOM only. We'll use an Orientation/Disorientation/Reorientation approach to uncover how these stories serve as on-ramps to God's Kingdom. The study runs through mid-October. In-person attendance is encouraged when possible! Questions? Contact Pastor Dave.

Wednesday, 9 a.m.: Prayer Group

A dedicated community that meets via Zoom to lift up the needs of our church family, community and world. If you'd like to know more or to participate, please speak to one of our pastors or call the office, 703-356-3312.

Coming Up

October 5: Martha's Table Snack Packaging

Following both worship services today, we will make bags of trail mix for weekday distribution by Martha's Table in Washington, D.C. The snack bag assembly line is fun and also makes a difference in the lives of hundreds of people in our community. All supplies provided! See you in the Fellowship Lobby after worship.

October 5: Blessing of the Pets

Your whole family, especially the furry, winged and finned members, are invited to our Blessing of the Pets. The service will be held on the church green by the Fellowship Building at 2 p.m. next Sunday!

October 5: Youth Group

Youth Group, grades 7-12, meets 4:30 - 6 p.m. in the Fellowship Building.

October 13: Office Closed

October 14: Book Chat

The book for **October 14** is *Remarkably Bright Creatures* by Shelby Van Pelt. Full schedule for this Zoom meeting can be found on the church website. Use the QR code on page 4 for more.

October 18: Christ House Meal Mission

Christ House is a place of healing; a residential, medical facility for homeless men located on Columbia Road in the Adams Morgan area of Washington, DC. We prepare lunch on the third Saturday of every month. Contact Connie Jeremiah for more information, 703-307-4635 or dcjeremiah@verizon.net.

October 18: Good Works Day

All abilities, skills and ages welcome to help with campus improvement projects and to enjoy fellowship and a pizza lunch. 8 a.m. - 12 p.m. Come serve with us!

October 18: Langley Fall Tastings & Auction

Join Langley Residential Support Services (LRSS) for the *Langley Fall Tastings & Auction Benefit – A Harvest of Hope* from 6 - 9 p.m. held at a private home in McLean. Enjoy hors d'oeuvres, live music, and auctions - all in support of adults with developmental disabilities. Use the QR code on page 4 to learn more.

October 19: Youth Group

Youth Group, grades 7-12, meets 4:30 - 6 p.m. in the Fellowship Building.

October 28: Charge Conference

November 8: Rise Against Hunger

Annual meal packing event at Lutheran Church of the Redeemer. Use QR code on page 4 for details and registration. Register early - slots fill up fast. Our Youth will be at the 8 a.m. time and Pastor Dave will offer the prayer during that time slot as well.

About Our Ministries

Nursery

The **Nursery** is staffed during both our Sunday worship services for children 3 years old and under. Our nursery is located in the Fellowship Building; simply speak to an usher and they will provide assistance.

Children's Worship Folders

Folders are available during worship services and are categorized by age and reading ability. Please return your folder to the used bin so it can be replenished.

Fellowship: Getting Connected

You are cordially invited to meet friends and neighbors after each of our worship services. Join us in the Fellowship Lobby to the right of the breezeway. Each week individuals, families or ministry groups host our refreshments. Please consider signing up for either the 8:30 or 10:30 service's Fellowship time. Scan the QR code under Quick Links at the right to sign-up.

Trinity Preschool of McLean

TPoM welcomes all students ages 2-6. Please visit umtrinity.org/preschool to learn more about this vibrant ministry or to schedule a tour for your child.

Ushers Needed

Ushers are needed each Sunday to greet people, answer questions and hand out bulletins. Use the QR code below to volunteer for this essential ministry of hospitality.

Our Prayer List

Anne, Annie Ruth, Arnold family, Leth, Ben, Brett, Bud, Corbin, Dane & Scott, Dara, Dave, Davey, David, Debbie, Douglas, Emmett, Evan, Gililand family, Jason, Joan, Joel, Karen, Kenny family, Luke, Maines family, Margie, Michael, Nancy, Rubina, Sheila, Spinks family, Vasser family, Vicki, Willis & Carter, Winie & Joseph, Wyatt, Yancey, and prayer life for Trinity congregation, those who are traveling, employment seekers, the children and staff at Heart to Heart Worldwide Village in Honduras, The Leadership Center, our nation's leadership and unity, soldiers abroad and at home, peace on earth, an end to antisemitism and Islamophobia, those affected by natural disasters, those trying to make a better future for our nation, government employees, immigrants, the homeless, victims of abuse and hostages throughout the world.

Quick Links

Scan QR code with your phone's camera & click the link. This page currently includes:

- > Worship attendance
- > Children & Youth registration
- > Book Chat discussion group
- > LRSS Benefit registration
- > Rise Against Hunger registration
- > Christ House wish list
- > Fellowship Hour hosts
- > Ushers



BLESSING OF THE PETS

Next
SUNDAY, OCT. 5
2 p.m.

All are welcome. Dogs should be on leashes and all other pets in carriers.



Trinity Church Staff

Dave Rochford
Taehwan Roh
Harriet Latta
Jose Nuñez
Jerry Rich
Angi Oxendine
Catherine Wethington
Laurie Strollo

Lead Pastor
Associate Pastor
Office Manager
Facilities Manager
Director of Music
Preschool Director
Director of Youth Ministry
Director of Children's Ministry

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Office Hours: Monday – Friday 9 a.m. - 3 p.m.

Worship is in-person and livestreamed on Sundays from our Chapel at 8:30 a.m. and from our Sanctuary at 10:30 a.m. on YouTube: youtube.com/UMTrinity. Our 5 p.m. Celtic Service is in-person and streamed on the last Sunday of the month. If you're not yet receiving our Friday weekly events e-mail, please send us your address at info@umtrinity.org