

# **Trinity United Methodist Church**

April 23, 2023 8:30 & 10:30 a.m.

We ask that everyone complete an attendance card found in the pew rack or scan the QR code on page 3 with your phone's camera to register your attendance today.

Prelude Aria in B-flat (Gaß) Jerry Rich

Welcome and Announcements Clergy

\* Call to Worship Anne Hough

Welcome! It's wonderful to greet you in the name of Jesus. Thank you! We are glad to be here.

Today we will speak of a special trip Jesus took.

We are eager to hear about this.

Ah, but it isn't only about Jesus, it's also about us!

Lord, make us ready for this journey with Jesus. Amen.

\* Gathering Hymn Thine Be the Glory UMH 308

Children's Message Laurie Strollo

Prayers of the People A. Hough

Offering Neil Hough

This morning's offering will be received as we pass the offering plates. You may also give online at http://umtrinity.org/give and through our app. On the website, scroll down and click on SET UP ONLINE GIVING.

Anthem (8:30) We Walk by Faith (Alford) Joey Wilson Anthem (10:30) Breathe on Me, Breath of God (Jackson) Chancel Choir

Scripture Philippians 2:1-11 A. Hough (8:30), Cayden Frantz (10:30) If then there is any encouragement in Christ, any consolation from love, any sharing in the Spirit, any compassion and sympathy, make my joy complete: be of the same mind, having the same love, being in full accord and of one mind. Do nothing from selfish ambition or conceit, but in humility regard others as better than yourselves. Let each of you look not to your own interests, but to the interests of others. Let the same mind be in you that was in Christ Jesus, who, though he was in the form of God, did not regard equality with God as something to be exploited, but emptied himself, taking the form of a slave, being born in human likeness. And being found in human form, he humbled himself and became obedient to the point of death—even death on a cross.

Therefore God also highly exalted him and gave him the name that is above every name, so that at the name of Jesus every knee should bend, in heaven and on earth and under the earth, and every tongue should confess that Jesus Christ is Lord, to the glory of God the Father.

Message Friends and Neighbors Neil Hough

Communion (8:30) Hough

Reception of New Members (10:30): Gene, Eric & Joseph McKean Clergy

\* Closing Hymn Take Time to Be Holy UMH 395

\* Benediction N. Hough

Closing Music Voluntary 1 (Boyce) Rich

<sup>\*</sup> Please stand as you are able.

# Grow — Pray — Study

Things I'd like to remember from today's message:	

# Monday, April 24 — Proverbs 17:9, 17, Proverbs 18:24

The Book of Proverbs offers God's wisdom for living a good life. The book is more than 2,500 years old, but its words are still relevant and powerful today. Like many of the Bible's books, Proverbs affirms the importance of relationships and offers guidance for living well amid our variety of personal connections.

- Proverbs 17 lists forgiveness and love as two primary qualities for friendship. Which of your friends embody the spirit of forgiveness and love in your life? How fully do you embody forgiveness and love for others?
- Prayer: Forgiving God, grant me the wisdom to forgive my friends in the same way I want to be forgiven. Help me to love and forgive others the way you love and forgive me. Amen.

# Tuesday, April 25 — Proverbs 22:24-25

Proverbs 22 advises us to choose our friends carefully. We know this is wise counsel; it is what we teach our children. We know the power of peer pressure and how easily our friends can help us live a good life or lead us astray. Note the specific warning in Proverbs 22:24, "Make no friends with those given to anger."

- Think about your friends. What kind of influence do they have in your life? What kind of influence do you have in their life? What kind of example do you set for them? Are any of your friends "given to anger"? Are you?
- Prayer: Loving God, help me choose my friends wisely, especially those who are not given to anger. Help me to be a good friend and set an example for the people in my life. Amen.

# Wednesday, April 26 — Matthew 9:10-11, Matthew 11:16-19

One of the themes of the Gospels is that the religious leaders are offended that Jesus hangs around with the wrong kinds of people. In first -century Jewish culture, a "good" person did not associate with tax collectors and sinners. According to Matthew, Jesus acknowledged that he had reputation as a friend of the "wrong kind" of people.

- Jesus and the religious leaders had different criteria for choosing friends. What do you think about that? What do you think about Jesus being a friend of sinners? What would you say to Jesus?
- Prayer: God of Heaven and Earth, thank you for Jesus. Help me to learn from his teaching and follow his example. Teach me to do your will in all areas of my life. Amen.

# Thursday, April 27 — Matthew 6:7-15

In these familiar words from Sermon on the Mount, Jesus teaches about prayer. Notice the connection between asking that God's will be done on earth and forgiveness of sins. Notice also that Jesus teaches us to pray as a community of believers. When we pray, "Our Father ...", we acknowledge that we pray with friends and family in faith, promising to forgive each other.

- Take time today to examine the primary relationships in your life. Are there any offenses against you that Jesus would have you forgive? Have you committed any offenses for which you need to seek forgiveness? Pray the Lord's Prayer today.
- Prayer: Heavenly Father, I need your forgiveness for my sins. Teach me how to forgive my friends who sin against me. Help me reconcile broken relationships. Amen.

# Friday, April 28 — Philippians 2:1-11

The words we read in the second chapter of Paul's letter to the Philippians were written to members of the Christian community in Philippi. They teach us important principles for strengthening and maintaining many kinds of relationships, including friendships. Verse 4 serves as an ideal job description for a friend, Christian or otherwise. The self-giving life of Jesus is an example every Christian should follow — in every aspect of life.

- Philippians 2:3-5 are challenging verses. Which of Paul's instructions concern you most? Do you want to have the mind of Christ? If you desire to follow the example of Jesus, where do you need to grow?
- Prayer: God of strength, help me to think of others, not myself. Help me seek the best for everyone I meet today. Let the same mind be in me that was in Christ Jesus. Amen.

# Saturday, April 29 — John 15:8-17

In his final discourse (before his arrest, trial, and death) Jesus instructed his disciples to love one another in the same way he loved them. They were to "abide" in his love. He told his disciples that they were his friends because he revealed God to them and because they chose to do what he commended them to do. He promised that if they followed his teaching and example their joy would be complete.

- Being a friend of Jesus is essential if you are going to be a good friend to others. In prayer today, ask Jesus to be your friend.
- Prayer: Merciful Savior, I welcome Jesus' friendship today and promise to do what he commanded me to do. Mold me into a faithful and loving friend. Amen.

# **Nursery on Sundays**

Masks are optional for everyone who is fully vaccinated. The Nursery is staffed during both Sunday worship services for children 3 years old and under.

# This Week on Zoom

Password 1205

# **Engage Bible Study**

Monday at 7 p.m. Contact Jim Wilson for log in link. jaswilson@sloflt.com.

# **Prayer Group**

Wednesday at 10 a.m. Meeting ID: 875 6105 5580

# This Week at Trinity on TV

Our sermons air on Fairfax Public Access Channel 36 (on Cox and Verizon) on Wednesdays at 5 p.m., Fridays at 7:30 p.m. and Sundays at 7 a.m.

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# **Our Prayer List**

Al, Alan, Alex, Alex & Sarah, Allesandro, Alexandra & Jeff, Amanda & David, Analise, Andrea, Angeliki, Ann. Annette, Annie Ruth, Art & Marcie, Barb & JR, Barbara & Barry, Bennett family, Bernadette, Betty, Bill & Maddie, Boris, Brooks family, Bruce, Bud & Steve, Candice, Carol & Rich, Carrine, Catherine, Cathy, Chatham family, Cindy, Claudia & Yauwu, Cusenza family, Dan & Chris. Daniel. Danny. Darlene & Steve. Dave. Davey, David & Carol, Debbie, Debbie & Steve, DeMicco family, Desarae, Detwiler family, Dick, Eileen, Eileen & Ray, Elaine, Eliana, Elizabeth, Emily, Emma. Evey, Fran & Tom, Friend, Ferd & Martha, Gabrielle, Gaeber family, Gary & Lindie, George, Greg, Griggs family, Guizen, Gwen, Hanna & Franz, Harry, Harriet, Henrietta, Hunt family, Jackie, Jacob, Jean, Jeanne, Jenny, Jeffrey, Jessica, Jewell family, Jill, Jim, Joan, Joe, Joe & Marie, John, Jon, Jorge, June, Justin, Karen, Katharine, Katherine, Kathy, Kay & John, Keith, Kelly, Kim, Laurie, Lazalier family, Leonard family, Linda, Lisa & Mike, Liz & David, Lois, Lorna, Luana, Marciene, Marcy, Marilyn, Mark, Martha & Fred, Melinda, Meredith, Minou, Myers family, Quinn family, Pam, Pauline & Merlin, Peg & Dick, Peggy, Podesta family, Preston, Priscilla, Rae, Rasmussen family, Raguel, Richard, Richard & Anne, Robert, Roberto & Erica, Sarah, Shadle family, Sharon, Spencer & Emily, Strollo family, Suzanne, Sweeney family, Teresa, Tessa, Tim, Tom, Tony, Tracie, Vanna, Vicki, Vinnie, Wally & Beverly, Yancey, Zanarini family, travelers, those who mourn, the homeless, racial reconciliation in our country, those affected by the opioid epidemic and those working to end it, those affected by natural disasters, violence and political turmoil, and the Covenant Church & School community.

# Spouse or Significant Other You & Me: Nurturing the Relationships that Matter Most Friends & Colleagues & Co-workers

# Sermon Series: You and Me: Nurturing the Relationships that Matter Most

Our lives are lived in the middle of intersecting circles of relationships: with God, with friends and neighbors, with colleagues and co-workers, with spouses and significant others, and with parents and children. These relationships are a gift from God and the source of many blessings in our lives. But they are also the source of much pain through conflict, disappointment and hurt feelings. Starting on April 16, we'll look at what the Bible says about these relationships. We'll discover how our relationship with God affects our human relationships and what we can do to strengthen the most important relationships in our lives. Focusing on our own lives (what we can control, not on our desire to change others) we'll learn how to be better children of God, better friends, better workers, better spouses/partners, and better parents or children.

# **Highlights from E-News**

If you're not receiving our Friday e-mail, please send your email address to info@umtrinity.org

### **Book Chat**

Our next meeting is on Tues., **May 9** at 6:30 p.m. on Zoom. New readers are always welcome. More at https://umtrinity.org/education or contact Kathy Maher, kathyngs@gmail.com.

# **Children's Ministries**

Children's Worship Folders are available during Sunday morning worship services and are categorized by age and reading ability. Please remember to return your folder to the used bin so it can be replenished.

Children's Worship (ages 4 - 4th



grade) and **Club 56** (grades 5 & 6) meet during the 10:30 service following the Children's Message.

## Crafts for a Cause

We meet every other Monday from 7 to 8:30 p.m., in Room 124: April 24. All are welcome. For more information, contact Alesha Luxon at alesha.luxon@gmail.com.

# **Fellowship**

Fellowship hosts provide snacks during Fellowship following the Sunday morning worship services. Please

consider signing up for a week. The sign up is on a white board sitting on top of the coffee bar in the Fellowship Lobby. Contact Alesha Luxon, alesha.luxon@gmail.com.

# **Interfaith Community Concert**

On Sunday May 7 at 7 p.m. in the Trinity Sanctuary, Trinity's Chancel Choir will join singers from other faith communities in the McLean community for a One World Interfaith Choir Concert. Through the power of music, we'll celebrate what we have in common as people of faith and how we are in ministry together as supporters of SHARE of McLean. The concert is free. Everyone is welcome. Invite a friend and join us.

# Youth Group (Grades 7-12)

Sunday, 4:30 - 6 p.m.

For more information about volunteering or joining youth group, contact Catherine Wethington,

umtrinityyouth@gmail.com. Youth registration QR code:



# **Coming Up**

## **April**

- 24 Crafts for a Cause
- 25 Trustees Meeting
- 30 Celtic Service

# May

- 7 Martha's Table
- 7 One World Concert
- 8 Crafts for a Cause
- 9 Book Chat
- 16 Trustees Meeting
- 20 Christ House
- 22 Crafts for a Cause
- 28 Celtic Service
- 29 Office Closed

### June

- 4 Martha's Table
- 4 Confirmation Sunday
- 5 Crafts for a Cause
- 11 Eileen Gilmer Farewell
- 13 Book Chat
- 17 Christ House
- 18 Crafts for a Cause
- 19 Trustees Meeting
- 25 Celtic Service

# **Volunteers Needed**

- Children's Ministry
- Fellowship Hosts
- Ushers
- and more



For more information, scan the QR code or visit umtrinity.org/get-involved/volunteer

Trinity Church Staff

Neil Hough Harriet Latta Jose Nuñez Jerry Rich Emily Yosmanovich Catherine Wethington Laurie Strollo Senior Pastor
Office Manager
Facilities Manager
Director of Music
Preschool Director
Director of Youth Ministry
Director of Children's Ministry

Office Hours: Monday – Friday 9 a.m. - 3 p.m. nhough@umtrinity.org hlatta@umtrinity.org 703-356-3312 jrich@potomacschool.org director.trinitypreschool@gmail.com umtrinityyouth@gmail.com Istrollo@umtrinity.org

Worship is live streamed on Sundays from the Chapel at 8:30 a.m. and from the Sanctuary at 10:30 a.m. on YouTube: youtube.com/UMTrinity. The Celtic Service can been seen on the last Sunday of the month at 5 p.m. on YouTube and Facebook. Sermons air on Fairfax Public Access Channel 36 (on Cox and Verizon). Tune in Wednesdays at 5 p.m., Fridays at 7:30 p.m., and Sundays at 7 a.m.