



Trinity United Methodist Church

1205 Dolley Madison Blvd. | McLean, VA 22101

703-356-3312 | umtrinity.org | info@umtrinity.org

October 9, 2022

8:30 & 10:30 a.m.

We ask that everyone complete an attendance card found in the pew rack or scan the QR code with your phone's camera to register your attendance today. This attendance will be used should contact tracing become necessary.



Trinity Ringers

Prelude

Oh, How I Love Jesus (arr. Lamb)

Welcome and Announcements

Clergy

* Call to Worship

Eileen Gilmer

Make a joyful noise to the Lord, all you people!

With shouts of joy we celebrate the good news of God's love.

Open your hearts to the warmth of God's redeeming love.

God has poured such wonder into our lives!

Come, let us worship God with hearts and souls and voices!

Let our praise ring to the rafters and ascend to the heavens! Amen.

* Gathering Hymn

Leaning on the Everlasting Arms

p. 3 / UMH 133

Children's Message

Laurie Strollo

Prayers of the People

Gilmer

Mission Moment

Oscar Serrano

Offering

Neil Hough

This morning's offering will be received as we pass the offering plates. You may also give online at <http://umtrinity.org/give> and through our app. On the website, scroll down and click on SET UP ONLINE GIVING.

Anthem (8:30)

The Call (Vaughan Williams)

Maggie Rabe

Anthem (10:30)

Hymn of Promise (Sleeth)

Chancel Choir

Scripture

Ephesians 4:1-16

Eileen Gilmer

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all.

But each of us was given grace according to the measure of Christ's gift. Therefore it is said,

'When he ascended on high he made captivity itself a captive;
he gave gifts to his people.'

(When it says, 'He ascended', what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knitted together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

Message

We Are Gifted

Neil Hough

The Sacrament of Holy Communion (8:30)

Clergy

* Closing Hymn

Lord, You Give the Great Commission

p. 3 / UMH 584

* Benediction

Hough

Closing Music

Voluntary in D (Stanley)

Jerry Rich (8:30); Yorke Allen, III, violin (10:30)

* Please stand as you are able.

Grow — Pray — Study

Things I'd like to remember from today's message:

Monday, October 10 — Exodus 31:1-11

One of the truths of Scripture is this: God equips the people God calls into service. We often think that it works the other way, that God calls people that are already equipped for ministry and service. But what we find in the Scripture—both Old and New Testaments—is that when God calls us to serve, God gives us the abilities we need to do what God asks of us. This is one of the lessons from the story of Bezalel and Oholiab. God called them to construct the tabernacle and give them the gifts they needed to do so.

- What do you think God has called you to do? Do you trust that God will give you the ability to do what you've been called to do?
- Prayer: *God of Eternity, thank you for calling me into your service. Help me to not only hear your call, but also to trust that you will provide the abilities I need to serve you. Amen.*

Tuesday, October 11 — Jeremiah 1:4-10

One of the consistent themes of the Bible's call stories is that the people God called were reluctant to say "yes." Abram and Sarai were too old (Genesis 17:17); Moses had a checkered past and couldn't speak very well (Exodus 4:10); Isaiah was a man of unclean lips (Isaiah 6:5); Simon Peter was a sinful man (Luke 5:8); and Jeremiah was only a boy (Jeremiah 1:6.) Yet God used them all to do great things in God's name.

- What excuses have you used to resist answering God's call in your life? Based on these examples, how might God respond to your reluctance?
- Prayer: *God of Mercy, forgive me for having too many excuses for not answering your call. Forgive me for not trusting your promises. Transform my life by your grace. Amen.*

Wednesday, October 12 — 1 Timothy 4:11-16

Some modern-day Christians have described the New Testament letters to Timothy and Titus as, *Letters to Young Christians*. The recipients of these letters were next generation church leaders and probably considered too young to have any responsibility or authority in the church. But the writer insists that Timothy should "let no one despise your youth" (1 Timothy 4:12). In the church, we often dismiss ourselves, and others, for a variety of reasons.

- How has the impact of your service to God been limited by your own mindset, or the mindset of someone else? How has your judgment of someone else, impacted their service to God?
- Prayer: *Loving God, open my eyes and ears, my heart and mind, to the promises of Scripture. Use me—in what way you please—to set an example for others. Amen.*

Thursday, October 13 — Exodus 4:10-12, Acts 2:1-4

Through our baptism, followers of Jesus are both called and empowered to share the Good News of the life-changing power of God's love and grace. We are filled with the Holy Spirit, who gives us the words we need to tell others about all that God has done. Yet, even though the Holy Spirit is at work in our lives, we let our doubts and fears get in the way of what God wants to do in and through us.

- How have you experienced the power of fear and doubt in your life? To whom is the Holy Spirit sending you to talk about Jesus today?
- Prayer: *Sending God, I am so grateful for the presence and power of the Holy Spirit. I am willing to go where you send me. With your help, I will share the Good News today. Amen.*

Friday, October 14 — 1 Corinthians 12:4-11 (12-31)

The twelfth chapter of 1 Corinthians describes the Church as the Body of Christ. This image helps us understand that the Church is made up of a variety of unique members and that the Church is the embodiment of the living Christ in the world today. Through the power of the Holy Spirit, the Body of Christ (the Church) continues the earthly ministry of Jesus in the world. The Good News (for us) is that the Holy Spirit distributes the variety of gifts that makes the Church's ministry possible. We are gifted, so that we can be the Body of Christ in the world.

- What gifts have you received? How are you using the gifts that God has given you?
- Prayer: *Gift-giving God, thank you for making me a member of the Body of Christ. Thank you for giving me the gifts I need to do my part. Teach me to trust you more fully. Amen.*

Saturday, October 15 — Ephesians 4:1-16

Ephesians 4 uses the image of the Body of Christ to call for unity within the Church. All of our abilities come from God and they are all essential for a healthy Body and an effective Church. Specifically, we are gifted "to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God ..." (Ephesians 4:12-13). In other words, we are not given gifts for our own glory. We are given gifts to accomplish God's purposes in the world. We are given gifts to be the people God calls us to be. We are given gifts to be the Church God calls us to be.

- How are you using the gifts that God has given you?
- Prayer: *Gracious God, thank you for the ultimate gift: your Son, Jesus. Help me grow up in my faith, so that I can do my part to build up the Body of Christ. Amen.*

Leaning on the Everlasting Arms

1. What a fellowship, what a joy divine,
leaning on the everlasting arms;
what a blessedness, what a peace is mine,
leaning on the everlasting arms.

Refrain:
Leaning, leaning,
safe and secure from all alarms;
leaning, leaning,
leaning on the everlasting arms.
2. O how sweet to walk in this pilgrim way,
leaning on the everlasting arms;
O how bright the path grows from day to day,
leaning on the everlasting arms.
(Refrain)
3. What have I to dread, what have I to fear,
leaning on the everlasting arms?
I have blessed peace with my Lord so near,
leaning on the everlasting arms.
(Refrain)

Our Prayer List

Al, Alan, Alex & Sarah, Amber & Briana, Andrea, Andrew, Arthur, Asher, Barb & JR, Barbara & Barry, Betty, Bill, Bill & Maddie, Bob, Boris, Carol & Rich, Cathryn, Cathy, Charlie, Christine, Colin & Kelly, Daniel, Danny, Darlene & Steve, Dave & Carol, Davey, David, Diane, Dick, Dillian & Abby, Donna, Earl & Mary Lou, Eduardo, Eileen, Elaine, Ellen, Ellie, Emily, Evelyn, Evey, Finn, Fiona, Fran & Tom, Franco, Gary & Lindie, Gilmore family, Greenberg family, Hanson family, Harriet, Hoepfl family, Homer, Isobel, Jackie, Janet, Jeff, Jeffmader, Jeremy, Jessica, Jill, Joe & Doris, Joe & Marie, John, Jorge, June, Junior, Katherin & Tim, Kathy, Kathy & Russ, Kay & John, Kurtz family, Lana, Lena, Lindsay, Lisa, Liz & David, Luana, Maeve, Marcia, Marciene, Marilyn, Mark, Mickey, Mike, Milton & Janine, Pauline & Merlin, Patterson family, Peg & Dick, Robert, Roberto & Erica, Sandy, Sandy & Vinnie, Scott, Spencer, Starr family, Sue, Tim, Tom, Tony, Tracy, Valery, Vanessa, Vanna, Vicki, Viles family, Weiss family, Williams family, Yancey, Trinity's children, youth and volunteers, Trinity Preschool, those who mourn, the homeless, racial reconciliation in our country, those affected by natural disasters, violence and political turmoil around the world.

Send us your prayer requests at umtrinity.org.



Lord, You Give the Great Commission

1. Lord, you give the great commission:
"Heal the sick and preach the word."
Lest the church neglect its mission,
and the gospel go unheard,
help us witness to your purpose
with renewed integrity.
With the Spirit's gifts empower us
for the work of ministry.
2. Lord, you call us to your service:
"In my name baptize and teach."
That the world may trust your promise,
life abundant meant for each,
give us all new fervor, draw us
closer in community.
With the Spirit's gifts empower us
for the work of ministry.
3. Lord, you make the common holy:
"This my body, this my blood."
Let us all, for earth's true glory,
daily lift life heavenward,
asking that the world around us
share your children's liberty.
With the Spirit's gifts empower us
for the work of ministry.
4. Lord, you show us love's true measure:
"Father, what they do, forgive."
Yet we hoard as private treasure
all that you so freely give.
May your care and mercy lead us
to a just society.
With the Spirit's gifts empower us
for the work of ministry.
5. Lord, you bless with words assuring:
"I am with you to the end."
Faith and hope and love restoring,
may we serve as you intend
and, amid the cares that claim us,
hold in mind eternity.
With the Spirit's gifts empower us

Nursery on Sundays

Masks are optional for everyone who is fully vaccinated. The Nursery is staffed during both Sunday worship services for children 3 years old and under.

This Week on Zoom

Password 1205

Engage Bible Study

Monday at 7 p.m. Contact Jim Wilson for log in link.
jaswilson@sloft.com.

Pastor's Bible Study: Not meeting this week.

Prayer Group

Wednesday at 10 a.m. Meeting ID: 875 6105 5580

This Week at Trinity on TV

Our sermons air on Fairfax Public Access Channel 36 (on Cox and Verizon) on Wednesdays at 5 p.m., Fridays at 7:30 p.m. and Sundays at 7 a.m.

Highlights from E-News

If you're not receiving our Friday e-mail, please send your email address to info@umtrinity.org

Book Chat

Another season of reading and chatting begins on Tuesday, **Oct. 11** at 6:30 p.m. on Zoom. New readers are always welcome. The Oct. book is *the Mystery of Mrs. Christie* by Marie Benedict. More at <https://umtrinity.org/education>. Contact Kathy Maher, kathyngs@gmail.com, for more.

Chancel Choir Seeks Singers

Our Chancel Choir is a vital part of Trinity's worship life; members learn about their faith as they minister to others through music. We welcome new singers! We rehearse in the Sanctuary following the 10:30 a.m. service. Why not give us a try? For more information, please email Jerry Rich (jrich@potomacschool.org).

Children's Ministries

Children's Worship Folders are available during Sunday morning worship services and are categorized by age and reading ability. Please remember to return your folder to the used bin so it can be replenished for next week.

Children's Worship (ages 4 - 4th grade) and **Club 56** (grades 5 & 6) meet during the 10:30 service following the Children's Message.

Crafts for a Cause

Crafts for a Cause meets every other Monday from 7 to 8:30 p.m., in Room 124: Oct. 17. No crafting experience is needed and all are welcome. If you'd like to sign up, please email **Alesha Luxon** at alesha.luxon@gmail.com.

Good Works Day

Trustees and Trinity Preschool will host Good Works Day on Saturday, October 22, from 8 a.m. - 12 p.m. The whole Trinity community is invited to come out and join the Congregation; Preschool Parents and Staff; Youth Group; Scouting Units and UMM in this morning of service. Trustees and the Preschool will have the tools and supplies for helpers of all ability levels to work on inside and outside projects around the campus. Please let Reba Page (pagerann@hotmail.com) know if you can help provide some goodies to thank our hard-working volunteers. Drop in when you are able and join your friends for a morning of fun and fellowship that will enhance our campus and serve our neighbors! Look for more details at <http://umtrinity.org/gwd!>

Trunk or Treat

Our annual Trunk or Treat will be after the 10:30 worship service on Oct. 30. Please sign up at <http://umtrinity.org/trunk> to bring your decorated car and participate.

Youth Group (Grades 7-12)

Today, 4:30 - 6 p.m.
Register at <http://bit.ly/youthreg22>
Are you an adult interested in volunteering with our youth or do you want more information about joining youth group? Contact Catherine Wethington (umtrinityyouth@gmail.com).

Coming Up

October

- 9 Oscar Serrano (Honduras) visit
- 10 Office Closed
- 11 Book Chat
- 15 Christ House
- 17 Crafts for a Cause
- 22 Good Works Day
- 30 Trunk or Treat
- 30 Celtic Service
- 31 Crafts for a Cause

November

- 1-8 Honduras Mission Trip
- 5 Rise Against Hunger
- 6 Martha's Table
- 8 Book Chat
- 8 Charge Conference
- 11 Office Closed
- 14 Crafts for a Cause
- 19 Christ House
- 20 Hanging of the Greens
- 27 Celtic Service
- 28 Crafts for a Cause

Children & Youth Activities Registration 2022-23

Use your phone's camera to scan the QR code or visit the webpage to complete the registration today.

Children
Preschool - 6th grade
<http://bit.ly/childreg22>



Youth
7th - 12th Grade
<http://bit.ly/youthreg22>

Trinity Church Staff

Neil Hough
Eileen Gilmer
Harriet Latta
Jose Nuñez
Jerry Rich
Emily Yosmanovich
Catherine Wethington
Laurie Strollo

Senior Pastor
Associate Pastor
Office Manager
Sexton
Director of Music
Preschool Director
Director of Youth Ministry
Director of Children's Ministry

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Office Hours:
Monday – Friday 9 a.m. - 3 p.m.

Worship is live streamed on Sundays from the Chapel at 8:30 a.m. and from the Sanctuary at 10:30 a.m. on YouTube: youtube.com/UMTrinity. The Celtic Service can be seen on the last Sunday of the month at 5 p.m. on YouTube and Facebook. Sermons air on Fairfax Public Access Channel 36 (on Cox and Verizon). Tune in Wednesdays at 5 p.m., Fridays at 7:30 p.m., and Sundays at 7 a.m.