



Trinity United Methodist Church



*"The Road to Emmaus," Robert Zund
Oil on Canvas, Swiss, 1877*

*What are you discussing
with each other
while you walk along?*

Luke 27:17a

1205 Dolley Madison Blvd. | McLean, VA 22101
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April 19, 2026

8:30 & 10:30 a.m.



Welcome to Trinity Church! We are grateful you are here. We'd appreciate it if you would complete the registration pad and pass it down. For those worshipping in the Chapel today, please complete an attendance card. Remember to name each family member present today.
Please join us in our Fellowship Lobby following each service for delicious food and a chance to get to know one another!

PRELUDE

Air from Water Music (Handel)

Jerry Rich

WELCOME

* CALL TO WORSHIP

The road from here seems long.

How much farther is it?

The stones are sharp.

The wind is against us.

This route is just a routine now.

We wonder if we have enough to eat and drink.

When we reach our destination, I don't expect us to stay together.

There are so many forces now pulling us apart.

But even so, stay with us?

Stay with us at Table.

For it seems that in arriving we yet have further to go,

but now don't mind the journey so much, at all.

* GATHERING HYMN

At the Font We Start Our Journey (verses 1, 2, 4)

FWS 2114

**At the font we start our journey,
in the Easter faith baptized;
doubts and fears no longer blind us,
by the light of Christ surprised.
Alleluia! Alleluia!
Hope held out and realized.**

**At the pulpit we are fashioned
by the Easter tale retold
into witnesses and prophets,
by the power of Christ made bold.
Alleluia! Alleluia!
Faith proclaimed, yet still untold.**

**At the door we are commissioned,
now the Easter victory's won,
to restore a world divided
to the peace of Christ as one.
Alleluia! Alleluia!
Easter's work must still be done.**

PRAYER OF CONFESSION

Risen Christ,

Like the disciples on the road to Emmaus, we confess that we struggle to recognize you in the everyday journey of our lives.

**We walk on, consumed by our own anxieties and agendas,
often failing to notice you coming beside us.**

We confess that we are often "slow of heart" to believe what you have spoken.

**We allow our disappointments, fears, and doubts to blur our vision,
and we hold onto despair even when you are walking with us.**

[a time of silent reflection]

Open our eyes, you who conquered death, to your work of transformation in and around us.

Forgive our doubt and slowness to understand.

As you brought the Word to life on that road, ignite our hearts again to be witnesses to your hope.

Stay with us, Lord, for it is nearly evening. Amen.

CHILDREN'S MESSAGE

Laurie Strollo

(Continued on page 2)

PRAYERS OF THE PEOPLE

Our prayer will conclude with:

**Our Father who art in heaven, hallowed be thy name.
Thy kingdom come, thy will be done, on earth as it is in heaven.
Give us this day our daily bread, and forgive us our trespasses
as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil,
for thine is the kingdom, and the power and the glory forever. Amen.**

SCRIPTURE READING

Luke 24:13-35

Vinnie DeMicco (8:30)
John Dunn (10:30)

This is the Word of God, for us, the People of God. **Thanks be to God.**

MESSAGE

Giving Up and Going Home

Dave Rochford

COMMUNION (8:30)

OFFERING

*Our offering is received as we pass the plates, but you may also give online at
<http://umtrinity.org/give> or through our app.*

Offertory

*We Walk by Faith (Alford)
I'll Sing the Praise of Jesus (Courtney)*

Philip Keirstead (8:30)
Chancel Choir (10:30)

Doxology

**Praise God, from whom all blessings flow;
Praise God all creatures here below:
Alleluia! Alleluia!
Praise God, the source of all our gifts!
Praise Jesus Christ, whose power up lifts!
Praise the Spirit, Holy Spirit!
Alleluia! Alleluia! Alleluia!**

UMH 94

Prayer of Thanksgiving

* CLOSING HYMN

*On the Day of Resurrection (verses 1-4, 6)
[Sung to the tune of *For the Bread Which We Have Broken*, UMH 614]*

UMH 309

**On the day of resurrection
to Emmaus we return;
while confused, amazed, and frightened,
Jesus comes to us, unknown.**

**Then we near our destination.
Then we ask the stranger in,
and he yields unto our urging;
Jesus stays with us, unknown.**

**Then this stranger asks a question,
"What is this which troubles you?"
Meets us in our pain and suffering;
Jesus walks with us, unknown.**

**Opened eyes, renewed convictions,
journey back to scenes of pain;
telling all that Christ is risen.
Jesus is through us made known.**

**In our trouble, words come from him;
burning fire within our hearts
Tells to us the scripture's meaning.
Jesus speaks to us, unknown.**

BENEDICTION

* POSTLUDE

Voluntary 1 in D (Boyce)

Jerry Rich

**congregation invited to stand*

Grow — Pray — Study

Our weekly devotional is available at <https://bit.ly/TrinityGPS>



Monday, April 20 — 1 Kings 19:1–18

Elijah's journey begins in exhaustion, disappointment, and withdrawal. After a moment of great courage, he reaches a point where he no longer sees a purpose in continuing. What is striking is that God does not meet Elijah first with correction or demand, but with presence, rest, and care. Before direction is given, strength is restored.

This reminds us that faith is not always sustained by pushing harder. Sometimes the most faithful thing is to recognize weariness honestly and allow space for renewal. God's work often begins not by removing us from difficulty, but by meeting us gently within it.

- Where in your life do you feel emotionally or spiritually depleted right now?
- What would it mean to receive care instead of trying to push through on your own?
- **Prayer:** Merciful God, when I feel tired and discouraged, meet me with your steady presence. Help me to receive your care and not tune out your voice. Amen.

Tuesday, April 21 — Psalm 42

This psalm does not hide inner conflict. Longing, sorrow, memory, and hope all appear together. The writer does not force resolution too quickly but speaks honestly about the ache of absence while still turning toward God. Faith here is not denial of pain, but persistence within it.

That honesty matters! Spiritual life is not weakened by naming disappointment; in fact, truthfulness can become the place where deeper trust begins. Hope is not always loud or immediate. Sometimes it is simply the refusal to stop turning toward God.

- What disappointment or heaviness have you quietly been carrying?
- How might naming that honestly before God become part of healing rather than a sign of weakness?
- **Prayer:** Compassionate God, when my heart feels unsettled, help me to bring what is true into your presence. Hold me steady when hope feels distant. Amen.

Wednesday, April 22 — Lamentations 3:19–26

This passage begins by acknowledging bitterness and weariness, yet it turns on a deliberate act of remembering. Hope does not arise because circumstances have suddenly improved, but because something deeper is recalled: God's steadfast love has not ended.

Remembering is not passive here. It is a practice of returning to what remains true when emotions are unstable. In seasons of discouragement, memory can become a spiritual anchor. What God has been before may help us recognize how God is still present now.

- What truth about God do you most need to remember today?
- What past experience of God's faithfulness might help steady you in the present?
- **Prayer:** Faithful God, when discouragement clouds my vision, bring back to mind what is still true. Help me to remember your faithfulness and wait with trust. Amen.

Thursday, April 23 — Hebrews 10:19–25

This passage emphasizes endurance through community. The invitation is not only to hold fast personally, but to remain connected, encouraging one another toward love and faithfulness. Perseverance is not ultimately a solitary effort!

This matters in moments of disappointment. When expectations collapse or hope weakens, isolation can come easily. Yet this passage suggests that part of God's sustaining work comes through shared presence, mutual encouragement, and ordinary acts of care.

- When are you tempted to withdraw rather than stay connected?
- Who might need your encouragement this week—and whose support might you need to receive?
- **Prayer:** Gracious God, keep me from turning inward when life feels heavy. Help me to remain open to the strength you offer through others. Amen.

Friday, April 24 — John 21:1–14

The disciples return to familiar work after the confusion of loss and uncertainty. They go back to what they know, yet even there, Jesus comes to find them. The encounter happens not in a dramatic setting, but in the middle of an ordinary morning marked by frustration and disappointment. This passage reminds us that God's presence is not limited to moments when faith feels strong. Jesus meets people in the midst of routine, disappointment, and unfinished questions. Sometimes recognition comes slowly, through ordinary grace that gradually opens our eyes.

- To what ordinary part of your life might God already be drawing near?
- How can you become more attentive to quiet signs of grace this week?
- **Prayer:** Present God, when I feel like I am simply going through the motions, open my eyes to your presence. Help me to notice your grace in ordinary places. Amen.

Saturday, April 25 — Romans 15:1–13

Paul connects hope with the shared life of a community shaped by patience, encouragement, and welcome. Hope here is not described as private optimism, but as something strengthened through mutual care and a wider vision of God's faithfulness.

This is important in a world where discouragement often narrows our perspective. Hope grows when we are reminded that our confidence is not rooted in our present mood. God continues to work through people, promises, and relationships in ways we may not yet fully see.

- How might you become a source of steadiness or encouragement for someone else this coming week?
- What practice could help you make more room for hope in your daily life?
- **Prayer:** God of hope, fill me with the kind of hope that is steady, generous, and grounded in your faithfulness. Help me to carry that hope into the lives of others. Amen.

Today at Trinity

Fellowship Hosts

9:30 a.m. Kathy Lindstedt

11:30 a.m. Trinity Preschool of McLean

Chancel Choir, 10 a.m.

The Chancel Choir meets each Sunday at 10 a.m. to prepare to lead worship at 10:30 a.m. New singers are always welcome! If you'd like to know more about Trinity's music ministry, please contact Jerry Rich, jrlich@potomacschool.org.

Children's Worship, 10:30 a.m. (ages 4 - 6th grade)
Children's Worship takes place following the Children's Message in our Fellowship Building across the Breeze-way.

This Week

Tuesday, 11 a.m. Youth Retreat

Youth in grades 7-12 are invited to retreat with us in the Fellowship Building for a day of reflection and fellowship.

Tuesday, 6:30 p.m.: Trustees Meeting on Zoom

Wednesday, 9 a.m.: Prayer Group

A dedicated community that meets via Zoom to lift up the needs of our church family, community and world. We are praying for you to join us! If you'd like to know more or to participate, please speak to one of our pastors or call the office, 703-356-3312.

Saturday, 4 p.m.: Interfaith Choir rehearsal

Coming Up

April 26: Youth Group

Youth Group, grades 7-12, meets 4:30 - 6 p.m. in the Fellowship Building for an engaging lesson and lively conversation.

May 3: Martha's Table Snack Packaging

Following both worship services, we will gather in the Fellowship Lobby to make bags of trail mix for weekday distribution by Martha's Table in Washington, D.C. The snack bag assembly line is fun and also makes a difference in the lives of hundreds of people in our community. All supplies provided!

May 7, 6:30 p.m.: Executive Council Meeting

May 12: 6:30 p.m.: Book Chat

Book Chat will meet on Zoom at 6:30 p.m. to discuss *The Berry Pickers* by Amanda Peters. For more information, contact Suzanne Hamilton or use the QR code on page 5.

May 16: Christ House Meal Mission

Christ House is a residential medical facility for homeless men located in the Adams Morgan area of Washington, DC. We prepare and serve lunch on the third Saturday of every month. Contact Connie Jeremiah for more information, dcjeremiah@verizon.net or 703-307-4635.

May 16: Trustees Meeting

IF I CAN HELP SOMEBODY



10TH ANNUAL BENEFIT CONCERT SHARE OF MCLEAN

INTERFAITH CONCERT

May 17 @ 7pm

Trinity United Methodist Church

1205 DOLLEY MADISON BLVD.
MCLEAN, VIRGINIA

Donate an item as your entrance ticket
<https://www.shareofmclean.org/most-needed-list>

Reception with service fair to follow



May 17, 7 p.m.: SHARE Interfaith Benefit Concert

Trinity's Chancel Choir will join with other local choirs in a benefit concert for SHARE of McLean. All are welcome to attend this free concert and bring something from SHARE's most needed items list. The list can be found using the QR code on page 5.

May 25: Office Closed for Memorial Day

May 31, 11:30 a.m.: Rededication of Trinity House

After each of our services, you are invited to gather at Trinity House (by the playground at the far end of the parking lot) for a celebration of its rededication as a parsonage for our associate pastor and his family. Refreshments provided by our SPRC and tours by our trustees.

Our Prayer List

Adeline, Anne, Annie Ruth, Barb & JR, Billy & Susie, Bracken family, Brett, Brian, Carina, Carol & Rich, Carol & David, Carol, Carolyn, Carrie, Cathey, Chris, Connie, Daniel, Dara, Darlene & Steve, Dan, Daniel & Krissy, Davey, David, David & Meg, Debbie, Elouise, Emmett, Gail, Geoff, George, Greg & Rubina, Gregg, Helen, Jason, Jennifer, Jennifer & Carrie, Joanna, Linda, Lis, Maddy & Bill, Marciene, Margie, Marilyn, Marina, Marguerite, Matthew, Meri, Nancy, Norman & Teresa, Ogle family, Peg & Dick, Rich family, Roh family, Ruth & Mickey, Silva, Suzanne, Thomas, Vicki, Vinod, Viviana, Wayne family, Winie & Joseph, Yancey, and peace in the Middle East and efforts of those seeking peace, our nation's leadership and unity, US soldiers and civilians abroad, people experiencing natural disasters, those without housing, those who are hungry, those trying to do the right thing, peace in our nation, students finishing the school year.

Prayer requests can be submitted by scanning the QR code on page 5 with your phone's camera and clicking the link, or you may fill out a prayer card and place it in the offering plate.

About Our Ministries

Nursery

The **Nursery** is staffed during both our Sunday worship services for children 3 years old and under. Our nursery is located in the Fellowship Building; simply speak to an usher and they will provide assistance.

Children's Worship Folders

Folders are available during worship services and are categorized by age and reading ability. Please return your folder to the "used bin" so it can be replenished.

Fellowship: Getting Connected

You are invited to meet friends and neighbors after each of our worship services! Join us in the Fellowship Lobby across the breezeway. Each week individuals, families or ministry teams host our refreshments. Please consider signing up for the 8:30 service's Fellowship time. Scan the QR code under Quick Links below to sign-up.

Trinity Preschool of McLean

TPoM welcomes all students ages 2-6. Please visit umtrinity.org/preschool to learn more about this vibrant ministry or to schedule a tour for your child.

Ushers Needed

Ushers are needed each Sunday to greet people, answer questions and hand out bulletins. Use the QR code below to volunteer for this essential ministry of hospitality, or speak to one of the pastors.

Quick Links

Scan QR code with your phone's camera & click the link.

- > Prayer Requests
- > Children & Youth registration
- > Book Chat discussion group
- > Christ House wish list
- > Children's Creation Story Skit
- > Fellowship Hour hosts
- > Ushers



May 3 at 7 p.m.

National Presbyterian Church
4101 Nebraska Ave NW, Washington, DC 20016

We are pleased to share that our own Catherine Wethington will again be featured in a new chamber concert.

Acclaimed pianist Joseph Holt will be joined by Baltimore Symphony Orchestra Acting Associate Concertmaster Boram Kang, BSO Principal Cellist Dariusz Skoraczewski and soprano Catherine Wethington for a powerful program that brings to life the work of Russian composers whose voices were silenced in their lifetimes. Featuring music by greats like Rachmaninoff, Prokofiev, Shostakovich and Gubaidulina, the program highlights how musicians coped with and responded to oppression. For tickets and more information, visit egcproductions.org.

Trinity Church Staff

Dave Rochford
Taehwan Roh
Harriet Latta
Jose Nuñez
Jerry Rich
Angi Oxendine
Catherine Wethington
Laurie Strollo

Lead Pastor
Associate Pastor
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Office Hours: Monday – Friday 9 a.m. - 3 p.m.

Worship is in-person and livestreamed on Sundays from our Chapel at 8:30 a.m. and from our Sanctuary at 10:30 a.m. on YouTube: youtube.com/UMTrinity. Our 5 p.m. Celtic Service is in-person and streamed on the last Sunday of the month. If you're not yet receiving our Friday weekly events e-mail, please send us your address at info@umtrinity.org