



# Trinity United Methodist Church

1205 Dolley Madison Blvd. | McLean, VA 22101

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January 29, 2023

8:30 & 10:30 a.m.

We ask that everyone complete an attendance card found in the pew rack or scan the QR code on page 3 with your phone's camera to register your attendance today.

Prelude	<i>Epistle Sonata in E-flat, KV 67 (Mozart)</i>	Jerry Rich
Welcome and Announcements		Clergy
* Call to Worship		Eileen Gilmer
People of God, who do you come to worship? <b>We come to worship the one true God.</b> How will you worship? <b>Not with words alone, but by living lives of justice and love.</b> Come, you who belong to God. Come, you who are foolish in the eyes of the world. <b>Come and abide in God's tent and in God's heart, now and forever.</b>		
* Gathering Hymn	<i>Rejoice in God's Saints</i>	p. 3 / UMH 708
Children's Message		Laurie Strollo
Prayers of the People		Gilmer
Offering		Neil Hough
This morning's offering will be received as we pass the offering plates. You may also give online at <a href="http://umtrinity.org/give">http://umtrinity.org/give</a> and through our app. On the website, scroll down and click on SET UP ONLINE GIVING.		
Anthem (8:30)	<i>Be Thou My Vision (Irish)</i>	Maggie Rabe
Anthem (10:30)	<i>Awake My Heart (Lowernberg)</i>	Chancel Choir
Scripture	Mark 10:32-45	Eileen Gilmer
They were on the road, going up to Jerusalem, and Jesus was walking ahead of them; they were amazed, and those who followed were afraid. He took the twelve aside again and began to tell them what was to happen to him, saying, 'See, we are going up to Jerusalem, and the Son of Man will be handed over to the chief priests and the scribes, and they will condemn him to death; then they will hand him over to the Gentiles; they will mock him, and spit upon him, and flog him, and kill him; and after three days he will rise again.'		
James and John, the sons of Zebedee, came forward to him and said to him, 'Teacher, we want you to do for us whatever we ask of you.' And he said to them, 'What is it you want me to do for you?' And they said to him, 'Grant us to sit, one at your right hand and one at your left, in your glory.' But Jesus said to them, 'You do not know what you are asking. Are you able to drink the cup that I drink, or be baptized with the baptism that I am baptized with?' They replied, 'We are able.' Then Jesus said to them, 'The cup that I drink you will drink; and with the baptism with which I am baptized, you will be baptized; but to sit at my right hand or at my left is not mine to grant, but it is for those for whom it has been prepared.'		
When the ten heard this, they began to be angry with James and John. So Jesus called them and said to them, 'You know that among the Gentiles those whom they recognize as their rulers lord it over them, and their great ones are tyrants over them. But it is not so among you; but whoever wishes to become great among you must be your servant, and whoever wishes to be first among you must be slave of all. For the Son of Man came not to be served but to serve, and to give his life a ransom for many.'		
Message	<i>A Servant Leader</i>	Neil Hough
Sacrament of Holy Communion (8:30)		Gilmer
* Closing Hymn	<i>Lord, I Want to Be a Christian</i>	p. 3 / UMH 402
* Benediction		Hough
Closing Music	<i>Ecco la Marcia, KV 492 (Mozart)</i>	Rich
* Please stand as you are able.		

# Grow — Pray — Study

Things I'd like to remember from today's message:

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## **Monday, January 30 — Mark 4:35-5:20**

In Mark's Gospel, Jesus is constantly on the move. He and his disciples make several journeys back and forth across the Sea of Galilee. As they travel, Jesus continues his primary mission, which is to announce the Good News of the Kingdom. He does that in word and deed. The miracles are signs that God's power is present in Jesus. The results of the miracles give us a glimpse into the nature of the Kingdom of God.

- Think of times you have experienced God's power. How did it feel? Was it frightening? Was it comforting?
- Prayer: *God of Power, reveal yourself to me today. Allow me to experience your presence and your power. Strengthen my faith and remove my fear and doubt. Amen.*

## **Tuesday, January 31 — Mark 5:21-43**

The Gospel's healing stories not only demonstrate how the power of God can work in physical circumstances of illness and injury, but that the healing stories also demonstrate the larger story of what God is doing. For example, this passage tells us that God's healing power is available to both men and women. (This seems obvious to us but would not have been so obvious to Mark's readers.)

- Have you ever wondered if God really cares about you and your well-being? Do the healing stories of the Gospel provide hope? Can you find yourself in the story?
- Prayer: *Healing God, pour out your gift of hope and love. Make me whole and grant me the gift of your peace. Fill me with the life-changing power of your grace. Amen.*

## **Wednesday, February 1 — Mark 6:1-29**

In the mission of the twelve, we discover that God's power also works through the ordinary people who follow Jesus. The ministry of the twelve is an extension of the ministry of Jesus himself. Mark 6:6b-13 tells us that the Church — represented by the twelve who are sent — is empowered by God to continue and extend the ministry of Jesus. By the grace of God, members of the Church become the Body of Christ in the world.

- Have you ever experienced God's power working *through* you? In what ways might God use you to bring healing to another person? In what ways do you embody the Good News?
- Prayer: *Sending God, I hear your call and I am willing to go where you send me. Help me not only share the Good News through words, but embody it in my actions. Amen.*

## **Thursday, February 2 — Mark 6:30-56**

One of the themes in Mark's Gospel is the "blindness" of the disciples. (See Saturday's reading.) As far as we know, all of the disciples had functioning eyes, but still had trouble "seeing" what Jesus was trying to teach them. Mark tells us that even after witnessing the miraculous feeding of the multitude, the disciples' "hearts were hardened" (Mark 6:52).

- Hardened hearts is a spiritual condition that blocks the power of God and the Good News of the Gospel. How would you describe the state your heart today? How would God describe it?
- Prayer: *God of Miracles, transform my life and soften my hardened heart. Help me to experience your love and receive the Good News today and every day. Amen.*

## **Friday, February 3 — Mark 7:1-37**

As Jesus and his disciples traveled back and forth across the Sea of Galilee, they went back and forth between Jewish and Gentile regions. On both sides of the sea, Jesus demonstrates God's presence and power. We discover in these stories that the Good News of God's Kingdom is for everyone, not just the Jews.

- Have you ever felt excluded from God's love? Have you ever wanted to exclude someone because of their heritage or background? What do these Gospel stories say to you?
- Prayer: *God of Love, I accept that you love the whole world, including people from different places and backgrounds. Open my heart to love them the way you love them. Amen.*

## **Saturday, February 4 — Mark 8:1-26**

The final segment of Jesus' ministry in Galilee (Mark 8:22-10:52) begins with the healing of the blind man (Mark 8:22-26) and ends with the healing of a blind man (Mark 10:46-62). During this time, Jesus and his disciples are on their way to Jerusalem. We are meant to understand that Jesus wants to heal all kinds of blindness, including the spiritual blindness of his disciples. When their eyes are opened, they will be able to "see" clearly what happens in Jerusalem. This is also what Jesus longs to do for his disciples today.

- What is the state of your "vision"? Do you "see everything clearly"? Do you need a second touch of Jesus' healing hands?
- Prayer: *God of Light, open my eyes so that I might clearly see your love for me through Jesus. Open my eyes so that I might see clearly and follow Jesus. Amen.*

## Nursery on Sundays

Masks are optional for everyone who is fully vaccinated. The Nursery is staffed during both Sunday worship services for children 3 years old and under.

## This Week on Zoom

Password 1205

### Engage Bible Study

Monday at 7 p.m. Contact Jim Wilson for log in link. [jaswilson@slofft.com](mailto:jaswilson@slofft.com).

### Pastor's Bible Study

Tuesday at 10:30 a.m. Meeting ID: 894 8087 9762  
Tuesdays are hybrid (in-person & on Zoom).  
Wednesday at 7 p.m.: Meeting ID: 886 5257 6837

### Prayer Group

Wednesday at 10 a.m. Meeting ID: 875 6105 5580

## This Week at Trinity on TV

Our sermons air on Fairfax Public Access Channel 36 (on Cox and Verizon) on Wednesdays at 5 p.m., Fridays at 7:30 p.m. and Sundays at 7 a.m.

## Our Prayer List

Aidan, Al, Alan, Alex & Sarah, Alison, Amanda, Amber & Briana, Ann, Annie Ruth, Art & Marcie, Barb & JR, Barbara & Barry, Bea, Beath, Becky, Betty, Bill, Bill & Maddie, Boris, Bryan, Bud, Carol, Carol & Rich, Carolyn & Janice, Cathy, Charlie, Chris, Daniel, Danny, Darlene & Steve, Dave & Carol, Davey, Diane, DeMicco family, Dick, Dobson family, Dylan, Earl & Mary Lou, Elaine, Ellen, Eliza, Emily, Evans family, Evelyn, Evie, Fahimi family, Fran & Tom, Fred, Gary & Lindie, Glenn, Green family, Gwyn, Hanna & Franz, Harriet, Hope, Ingrid, Isobel, Jack, Jackie, Jane, Janelle, Jennifer, Jenny, Jeremy, Jessica, Jewell family, Jill, Joan, Joe & Marie, John, June, Junil, Karyn, Katherine, Kathleen, Kathryn & Wayne, Kathy, Kay & John, Kena, Ladye, Lana, Lena, Lilliana, Linda, Linda & Preston, Lisa, Liz & David, Lizzie, Luana, Lyndee, Marcia, Marciene, Marcy, Maria, Marilu, Marilyn, Martha & Fred, Matt, Meak family, Melissa & Chad, Mendez family, Mickey, Minou, Nancy, Nime, Pat, Pauline & Merlin, Peg & Dick, Peggy, Rasmussen family, Rebecca, Richard, Robert, Roberto & Erica, Roger, Sandy, Scott, Shadle family, Sievera family, Steve, Sue, Susan, Tatiana, Teagan, Teresa, Tessa, Tim, Tom, Tommaso, Tony, Tracy, Vanna, Vicki, Yancey, and Yvonne, Trinity's children, youth and volunteers, Trinity Preschool, those who mourn, the homeless, racial reconciliation in our country, those affected by natural disasters, violence and political turmoil.

Today's hymn texts are provided for those worshipping at home.

### Rejoice in God's Saints

1. Rejoice in God's saints, today and all days;  
a world without saints forgets how to praise.  
Their faith in acquiring the habit of prayer,  
their depth of adoring, Lord, help us to share.
2. Some march with events to turn them God's way;  
some need to withdraw, the better to pray.  
Some carry the gospel through fire and through flood;  
our world is their parish; their purpose is God.
3. Rejoice in those saints, unpraised and unknown,  
who bear someone's cross or shoulder their own.  
They shame our complaining, our comforts, our cares;  
what patience in caring, what courage, is theirs!
4. Rejoice in God's saints, today and all days;  
a world without saints forgets how to praise.  
In loving, in living, they prove it is true:  
the way of self-giving, Lord, leads us to you.

### Lord, I Want to Be a Christian

1. Lord, I want to be a Christian in my heart, in my heart;  
Lord, I want to be a Christian in my heart.  
In my heart, in my heart,  
Lord, I want to be a Christian in my heart.
2. Lord, I want to be more loving in my heart, in my heart;  
Lord, I want to be more loving in my heart.  
In my heart, in my heart,  
Lord, I want to be more loving in my heart.
3. Lord, I want to be more holy in my heart, in my heart;  
Lord, I want to be more holy in my heart.  
In my heart, in my heart,  
Lord, I want to be more holy in my heart.
4. Lord, I want to be like Jesus in my heart, in my heart;  
Lord, I want to be like Jesus in my heart.  
In my heart, in my heart,  
Lord, I want to be like Jesus in my heart.

LOVE LIKE  
JESUS

**Attendance QR Code:** We ask that everyone complete an attendance card found in the pew rack or scan the QR code with your phone's camera to register your attendance today.



## Highlights from E-News

If you're not receiving our Friday e-mail, please send your email address to [info@umtrinity.org](mailto:info@umtrinity.org)

### Book Chat

Our next meeting is on Tues., **Feb. 14** at 6:30 p.m. on Zoom. New readers are always welcome. More at <https://umtrinity.org/education> or contact Kathy Maher, [kathyngs@gmail.com](mailto:kathyngs@gmail.com).

### Children's Ministries

**Children's Worship Folders** are available during Sunday morning worship services and are categorized by age and reading ability. Please remember to return your folder to the used bin so it can be replenished.

**Children's Worship** (ages 4 - 4th grade) and **Club 56** (grades 5 & 6) meet during the 10:30 service following the Children's Message.



### Confirmation Class Service Project

The Confirmation class will be putting together **Blessing Bags**. These are one-gallon Ziplock bags, filled with food and personal items and a \$5 gift certificate to McDonalds, that can be kept in a glove compartment and given to people in our community who might need some help and encouragement — especially those who are homeless or home-insecure.

We are purchasing the supplies so that the bags will be uniform and are **inviting the congregation to contribute to the cost of the supplies**. If you would like to help, you can go <http://umtrinity.org/give> and make a one-time gift. Choose "Confirmation class" in the dropdown menu under "Fund." Thank you, in advance, for your support. We are hoping to fill 75 bags this year! Read more at <http://umtrinity.org/education/youth>.

### Crafts for a Cause

We meet every other Monday from 7 to 8:30 p.m., in Room 124: Jan. 30. All are welcome. For more information, contact Alesha Luxon at [alesha.luxon@gmail.com](mailto:alesha.luxon@gmail.com).

### Pastor's Bible Study

Tuesdays in person and on Zoom at 10:30 a.m. and Wednesdays on Zoom at 7 p.m.

### SHARE the LOVE Food Drive

February 5 - 26

Drive Thru Drop off: Feb. 26, 2 - 4 p.m.

Our youth are collecting items for SHARE of McLean during the Month of February. See the list of needed items at <http://umtrinity.org/education/youth>. There are drop off bins located outside the Fellowship Building, near the Chapel and in the Narthex.

Drive Thru Drop Off on February 26 from 2 - 4 p.m. in the back parking lot. Drop donations directly to the youth and enjoy a hot cocoa and a sweet treat as a thanks for donating!

Our youth collected more than 800 items for Share last year. This year we hope to donate more than 1000.

### Youth Group (Grades 7-12)

Today: 4:30 - 6 p.m.

Unplugged Retreat Feb. 26. Details for this one-day awesome experience at <http://umtrinity.org/education/youth> For more information about volunteering or joining youth group, contact Catherine Wethington, [umtrinityyouth@gmail.com](mailto:umtrinityyouth@gmail.com). Youth registration QR code:



## Coming Up

### January

- 29 Celtic Service
- 30 Crafts for a Cause

### February

- 5 Martha's Table
- 13 Crafts for a Cause
- 14 Book Chat
- 18 Christ House
- 20 Office Closed
- 21 Shrove Tuesday Pancake Supper
- 22 Ash Wednesday
- 26 Celtic Service
- 26 Share the Love Drive-Thru
- 27 Crafts for a Cause



### Trinity Church Staff

Neil Hough  
Eileen Gilmer  
Harriet Latta  
Jose Nuñez  
Jerry Rich  
Emily Yosmanovich  
Catherine Wethington  
Laurie Strollo

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Associate Pastor  
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Director of Youth Ministry  
Director of Children's Ministry

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Office Hours:  
Monday – Friday 9 a.m. - 3 p.m.

Worship is live streamed on Sundays from the Chapel at 8:30 a.m. and from the Sanctuary at 10:30 a.m. on YouTube: [youtube.com/UMTrinity](https://youtube.com/UMTrinity). The Celtic Service can be seen on the last Sunday of the month at 5 p.m. on YouTube and Facebook. Sermons air on Fairfax Public Access Channel 36 (on Cox and Verizon). Tune in Wednesdays at 5 p.m., Fridays at 7:30 p.m., and Sundays at 7 a.m.