



Trinity United Methodist Church



*"The Temptation of Christ in the Wilderness,"
Juan de Flandes, Spanish, Oil on wood, c.1512*

the tempter came to him and said

If

you are the Son of God...

Matthew 4:3b

1205 Dolley Madison Blvd. | McLean, VA 22101
703-356-3312 | umtrinity.org | info@umtrinity.org

February 22, 2026

8:30 & 10:30 a.m.



Welcome to Trinity Church! We are grateful you are here. We'd appreciate it if you would complete an attendance card found in the pew rack (or scan the QR code on page 8 with your phone's camera and click the link) to register your attendance today - and do include each family member present.

Prelude Seagull (Mashima) Haakon Anderson

Welcome

* Call to Worship *from Psalm 91*

You who live in the shelter of the Most High,
 who abide in the shadow of the Almighty, will say to the LORD,
'My refuge and my fortress; my God, in whom I trust.'

For God will command his angels concerning you
 to guard you in all your ways.

**On their hands they will bear us up,
 lest we dash our foot against a stone.**

Those who cling to the Lord in love, he will deliver;
the Lord will protect us, for we know his name.

* Gathering Hymn *Guide Me, O Thou Great Jehovah* UMH 127

Opening Prayer

Opening Prayer

Lord God, too often our intentions exceed our actions.

**We pray that you 'deliver us from temptation,'
 but we admit that sometimes we choose that path for ourselves.**

In this season of repentance, Lord Christ, show us again your footsteps;
remind us of your trial in the wilderness.

Keep before us your steadfast faithfulness to your Father's purpose.

Have mercy on us; turn to us again!

Now, Merciful God, hear our deepest thoughts, the sincere whispers of our hearts...
[a time of silent Confession]

This we pray in Jesus' name.

Amen.

Children's Message Laurie Strollo

Prayers of the People and the Lord's Prayer

Our prayer will conclude with:

**Our Father who art in heaven, hallowed be thy name.
 Thy kingdom come, thy will be done, on earth as it is in heaven.
 Give us this day our daily bread, and forgive us our trespasses
 as we forgive those who trespass against us.
 And lead us not into temptation, but deliver us from evil,
 for thine is the kingdom, and the power and the glory forever. Amen.**

Offering

*Our offering is received as we pass the plates, but you may also give online at
<http://umtrinity.org/give> or through our app.*

Offertory

*How Can I Keep from Singing? (Lowry)
 O God, Be Merciful (Weckerlin-Roawa)*

Philip Keirstead (8:30)
 Chancel Choir (10:30)

Reading from the Scriptures

Matthew 4:1-11

Tsidi Tsikata (8:30)
 Audriana Anderson (10:30)

Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted forty days and forty nights, and afterwards he was famished. The tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." But he answered, "It is written, "One does not live by bread alone, but by every word that comes from the mouth of God.' "

Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down; for it is written, "He will command his angels concerning

(Continued on page 2)

you,' and "On their hands they will bear you up, so that you will not dash your foot against a stone.' " Jesus said to him, "Again it is written, "Do not put the Lord your God to the test.' " Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendor; and he said to him, "All these I will give you, if you will fall down and worship me." Jesus said to him, "Away with you, Satan! for it is written, "Worship the Lord your God, and serve only him.' " Then the devil left him, and suddenly angels came and waited on him.

This is the Word of God, for us, the People of God. **Thanks be to God.**

Message	<i>I Know Whose I Am</i>	Dave Rochford
Communion (8:30)		
* Closing Hymn	<i>O Jesus, I Have Promised</i>	UMH 396
* Benediction		
* Postlude	<i>Toccata in E Minor (Pachelbel)</i>	Jerry Rich

(At the conclusion of our service, you are welcome to depart or to remain seated to enjoy the Postlude.)

* Please stand as you are able.

An Invitation to Community

A time of food and fellowship follows each of our services, to which all are invited and encouraged to come. Join us across the breezeway in the Fellowship Lobby for a variety of refreshments and great conversation.

Our Prayer List

Aldridge family, Annie Ruth, Barb & JR, Becky, Billy & Susie, Carina, Carol & Rich, Carol & David, Carolyn, Carrie, Cathey, Daniel, Dara, Darlene & Steve, Davey, David, Dick, Emily, Gail, Gregg, Jane, Jenny, Jessica, Jimmy, Joanna, Judi, Linda, Maddy & Bill, Marciene, Margie, Marilyn, Marina, Marguerite, Mark, Matthew, Meri, Norman & Teresa, Peg & Dick, Petruy family, Phoenix family, Richard, Roh family, Ruth & Mickey, Sheila, Silva, Standerfer family, Tami, Tom, Valerie, Vanna, Vicki, Viviana, Wayne family, Winie & Joseph, Yancey, and peace in the Middle East and efforts of those seeking peace, our nation's leadership and unity, people experiencing natural disasters, those without housing, those who are hungry, those trying to do the right thing, peace in our nation.

Grow — Pray — Study

Our weekly devotional is available at <https://bit.ly/TrinityGPS>



Monday, February 23 — Deuteronomy 8:1–18

Moses speaks to a people who have known hunger, uncertainty, and long stretches of wilderness. He reminds them that those years were not empty or accidental. In the wilderness, dependence was formed. Bread was not guaranteed, but God's sustaining word was present. Even testing became a place where trust was deepened rather than destroyed.

The passage also offers a warning: when abundance comes, memory fades easily. Prosperity can tempt us to believe that security is self-made. Lent invites us to resist that quiet temptation. We remember that life is sustained not by control, but by God's faithful provision that quietly reveals we are still held in love. The wilderness may humble us, but it also reveals whose care truly holds us.

- Where in your life are you tempted to rely on your own strength rather than on God's sustaining presence?
- How might remembering past seasons of dependence reshape your trust today?
- **Prayer:** Sustaining God, teach me to remember your faithfulness in every season. Guard me from forgetting that all life is held in your care. Amen.

Tuesday, February 24 — Psalm 27

Psalm 27 moves between bold confidence and quiet vulnerability. The psalmist declares trust in God as light and salvation, yet also pleads not to be abandoned. Faith here does not erase fear; it holds fear within trust. Waiting becomes an act of courage, not passivity.

Temptation often appears as the suggestion that we are alone or unseen. The psalm gently counters that lie by returning again and again to God's presence. "Wait for the Lord" is not an escape from reality, but a steadying posture within it while trusting we have not been abandoned. Lent calls us to that posture—to remain, to seek, and to trust even when clarity is partial.

- Where do you sense both confidence and fear living side by side in your faith?
- What might it mean to wait for God without withdrawing from the present moment?
- **Prayer:** Light of my life, steady my heart when fear rises. Help me wait with trust and quiet courage. Amen.

Wednesday, February 25 — Isaiah 55:1–11

Isaiah extends an invitation to those who thirst, those who spend themselves on what does not satisfy. The call is simple: come, listen, return. God's mercy is not narrow or conditional; it is expansive and near. Even when human ways falter, God's purposes move beyond what we can calculate.

Temptation often distorts desire. It persuades us that fulfillment can be found in what ultimately leaves us empty. This passage reorients longing. God's word does not return empty, but gently reminds us that we are already loved without condition. And God's promise does not collapse under doubt. Lent becomes a season of returning—not because we have failed perfectly, but because mercy remains open.

- What patterns in your life promise satisfaction but leave you restless?
- How might returning to God reshape what you truly hunger for?
- **Prayer:** Merciful God, draw me back when I wander. Teach me to hunger for what truly gives life. Amen.

Thursday, February 26 — Hebrews 4:12–16

Hebrews speaks of God's word as living and active, discerning the thoughts and intentions of the heart. Nothing is hidden from God, yet the passage does not end in exposure alone. It moves toward grace. Because Jesus knows human weakness from within, we are invited to approach the throne of grace with confidence.

Temptation can lead to concealment—the impulse to hide doubt, fear, or failure. This text suggests another way. Honest exposure before God does not result in rejection, but in mercy, where love meets us before judgment. Lent invites us into that honesty. We come not because we are strong, but because grace meets us precisely where we are fragile.

- Where are you tempted to hide rather than draw near?
- How might trusting God's mercy reshape the way you pray?
- **Prayer:** Compassionate God, receive me in truth. Let your grace meet me where I am most in need. Amen.

Friday, February 27 — James 1:2–18

James distinguishes between testing that forms endurance and desire that pulls us away from life. God is not the author of destruction. Instead, God is described as the giver of every good and perfect gift, steady and without shadow. Growth comes through perseverance, not through denial of struggle.

Temptation often carries the subtle suggestion that doubt disqualifies us from belonging. Yet this passage reminds us that endurance itself becomes a sign that God remains good and loving even here. We are formed not by avoiding trials, but by trusting through them. The gifts of God remain steady even when circumstances shift.

- What present trial might be shaping endurance in you?
- How does remembering God's unchanging generosity affect how you interpret difficulty?
- **Prayer:** Generous God, form perseverance within me. Help me trust your goodness in every season. Amen.

Saturday, February 28 — Romans 8:28–39

Paul's sweeping assurance begins with trust in God's purpose and culminates in an unshakeable declaration: nothing can separate us from the love of God in Christ Jesus. Hardship, distress, danger, even death—none of these dissolve belonging. Identity rests not in performance, but in divine love.

The deepest temptation beneath all others is the quiet doubt that we are not fully loved. This passage answers that doubt with clarity. Love is not conditional upon success or spiritual perfection. As Lent continues, we walk not to earn love, but to remember that nothing can separate us from the love already holding us. We move forward knowing whose we are.

- Where do you struggle most to believe that you are held in God's love?
- How might living as one who belongs to God change the way you face the week ahead?
- **Prayer:** Loving God, anchor my identity in your steadfast love. Teach me to live as one who belongs to you. Amen.

Today at Trinity

Chancel Choir, 10 a.m.

The Chancel Choir meets each Sunday at 10 a.m. to prepare to lead worship at 10:30 a.m. New singers are always welcome. If you'd like to know more about Trinity's music ministry, please contact Jerry Rich, jrich@potomacschool.org.

Children's Worship, 10:30 a.m. (ages 4 - 6th grade)

Children's Worship takes place following the Children's Message in our Fellowship Building across the Breezeway.

Youth Group, 4:30 p.m.

Youth Group, grades 7-12, meets 4:30 - 6 p.m. in the Fellowship Building.

Celtic Service, 5 p.m.

Come to experience the holy at our Celtic Evensong. With both quiet moments of reflection and contemplative music, experience God in a new way. God is waiting. All are welcome. The service will be at 5 p.m. in the Chapel; it is also live streamed.

This Week

Tuesday, 10:30 a.m.

Wednesday, 7 p.m.: New Lenten Bible Study

Sessions for **Walking the Bible** meet weekly on Tuesdays at 10:30 a.m. (Church Library & Zoom) and Wednesdays at 7 p.m. (Zoom) and begins February 24 & 25. See back page for full description.

Wednesday, 9 a.m.: Prayer Group

A dedicated community that meets via Zoom to lift up the needs of our church family, community and world. If you'd like to know more or to participate, please speak to one of our pastors or call the office, 703-356-3312.

Saturday, 7 p.m.: W & L University Singers Concert

Trinity Church will host the Washington & Lee University Singers on February 28 at 7 p.m. All are welcome to attend! This free concert will be followed by a reception for alumni and friends.

Coming Up

February 19 - 25: Honduras Mission Trip

Please keep our mission team in your prayers!

March 5: Executive Council Meeting

March 7: Youth Group, 2 p.m.

Youth Group, grades 7-12, meet to sort and deliver Share collection.

March 8: Martha's Table Snack Packaging

Following both worship services, we will gather in the Fellowship Lobby to make bags of trail mix for weekday distribution by Martha's Table in Washington, D.C. The snack bag assembly line is fun and also makes a difference in the lives of hundreds of people in our community. All supplies provided!

March 10: Book Chat

Book Chat will meet on Zoom at 6:30 p.m. to discuss *James* by Percival Everett. For more information, contact Suzanne Hamilton.

March 21: Christ House Meal Mission

Christ House is a place of healing; a residential, medical facility for homeless men located on Columbia Road in the Adams Morgan area of Washington, DC. We prepare lunch on the third Saturday of every month. Contact Connie Jeremiah for more information, 703-307-4635 or dcjeremiah@verizon.net.



List of most needed items on the next page.

**FOOD ITEMS**

- Canned Fish
 - Salmon
 - Sardines
 - Anchovies
- Healthy Snacks (Granola Bars, Seeds, Nuts, Dried Fruits)
- Canned Tomato Sauce (15-30 oz)
- Spaghetti sauce (cans or plastic jars only—no glass) (24 oz)
- Ramen Noodles
- Cooking Oil
- Shelf Stable Milk (1 Qt.)
- Spices
 - Salt
 - Pepper
- Condiments
 - Ketchup
 - Mayo

NON-FOOD ITEMS

- Feminine Hygiene (liners, pads)
- Bar soap
- Pull-ups (4T – 5T)
- Diapers Size 1, 2, 5, and 6
- Baby wipes
- Toilet paper
- Paper towels
- Dish Soap
- Shampoo
- Toothbrushes (individually wrapped)
- Toothpaste (not travel size)
- New socks and new underwear (all sizes needed)

- Please remember:
 - **NO GLASS** jars or bottles
 - **NO OVER-SIZED** cans or bottles
 - **NO OPENED** items
 - **NO EXPIRED** items
- Low or no sodium items preferred
- Share can accept refrigerated and frozen food such as chicken, fresh produce, yogurt, cheese, and eggs but only by prior arrangement (contact: info@shareofmclean.org).

Share a Smile

Needed Items for
Children's Dental Kits:

Child's Toothpaste
Child's Toothbrush
(individually wrapped)
Children's Flossers

WASHINGTON & LEE UNIVERSITY SINGERS



TOUR
CONCERT

Trinity United Methodist Church
1205 Dolley Madison Blvd
McLean, VA 22101

February 28, 7:00 PM

About Our Ministries

Nursery

The **Nursery** is staffed during both our Sunday worship services for children 3 years old and under. Our nursery is located in the Fellowship Building; simply speak to an usher and they will provide assistance.

Children's Worship Folders

Folders are available during worship services and are categorized by age and reading ability. Please return your folder to the used bin so it can be replenished.

Fellowship: Getting Connected

You are cordially invited to meet friends and neighbors after each of our worship services. Join us in the Fellowship Lobby to the right of the breezeway. Each week individuals, families or ministry groups host our refreshments. Please consider signing up for either the 8:30 or 10:30 service's Fellowship time. Scan the QR code under Quick Links at the right to sign-up.

Trinity Preschool of McLean

TPoM welcomes all students ages 2-6. Please visit umtrinity.org/preschool to learn more about this vibrant ministry or to schedule a tour for your child.

Ushers Needed

Ushers are needed each Sunday to greet people, answer questions and hand out bulletins. Use the QR code below to volunteer for this essential ministry of hospitality, or speak to one of the pastors.

Quick Links

Scan QR code with your phone's camera & click the link.

- > Worship attendance
- > Children & Youth registration
- > Book Chat discussion group
- > Christ House wish list
- > Fellowship Hour hosts
- > Ushers



Trinity Preschool of McLean

Registration for 2026 - 27 is open. Our preschool has classes for toddlers - Pre-Kindergarten.

Summer Camp (ages 2 - 2nd grade):
June 15 - July 24

Info & registration: umtrinity.org/preschool

Schedule a tour: mclean.trinitypreschool@gmail.com



Call for Scripture Readers!

Would you like to be part of a group of worship leaders who read Scripture for our worship services? If you are interested in sharing the Scripture lesson, Tom Long will have a sign up sheet at the 8:30 a.m. service and Emily Summers will have one at the 10:30 a.m. service today; we will introduce them for those who may not know them as yet. Worship is the work of *all* the people, so we are seeking adult, Youth and Elementary-age readers! If you would like to know more, speak with Emily, Tom, or either of our Pastors.

Lenten Bible Study: *Walking the Bible*

Join us for a journey through the Books of Moses, as we explore the story of the Exodus, as well as take a close-up look at the places where these events unfolded. Using Bruce Feiler's *Walking the Bible* video series, supplemented with mementos from Pastor Dave's travels, we'll reflect on how these ancient stories shape our own walk with God along the footsteps that lead to the Cross.

Sessions meet weekly on Tuesdays at 10:30 a.m. (Church Library & Zoom) and Wednesdays at 7 p.m. (Zoom). We'll begin this week on February 24 & 25, and continue through March 31 & April 1 (no foolin'!). Whether you've traveled to the Middle East or hope to someday, come enjoy this visual and spiritual "walk through the Holy Land." Bring your Bible and your walking shoes!



Trinity Church Staff

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Angi Oxendine
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Office Hours: Monday – Friday 9 a.m. - 3 p.m.

Worship is in-person and livestreamed on Sundays from our Chapel at 8:30 a.m. and from our Sanctuary at 10:30 a.m. on YouTube: youtube.com/UMTrinity. Our 5 p.m. Celtic Service is in-person and streamed on the last Sunday of the month. If you're not yet receiving our Friday weekly events e-mail, please send us your address at info@umtrinity.org