



Trinity United Methodist Church

1205 Dolley Madison Blvd. | McLean, VA 22101

703-356-3312 | umtrinity.org | info@umtrinity.org

September 18, 2022

8:30 & 10:30 a.m.

We ask that everyone complete an attendance card found in the pew rack or scan the QR code with your phone's camera to register your attendance today. This attendance will be used should contact tracing become necessary.



Prelude	<i>Reverie</i> (How)	Jerry Rich
Welcome and Announcements		Clergy
* Call to Worship		Eileen Gilmer
Come, let us worship the one who calls us here. We gather to worship with joy and in hope. Come, let us worship the one who desires our hearts. We bring our whole selves in worship to our God. Come, let us set aside all that distracts us from true worship. We come as we are and ask the Spirit to gather us in and direct our vision. Come, let us worship the one who calls us here. We are here to worship with all that we are.		
* Gathering Hymn	<i>Glorious Things of Thee Are Spoken</i>	p. 3 / UMH 731
Children's Message		Neil Hough
Prayers of the People		Gilmer
Offering		Neil Hough
This morning's offering will be received as we pass the offering plates. You may also give online at http://umtrinity.org/give and through our app. On the website, scroll down and click on SET UP ONLINE GIVING.		
Anthem (8:30)	<i>Be Thou My Vision</i> (trad. Irish)	Philip Keirstead
Anthem (10:30)	<i>The Lone, Wild Bird</i> (Schram)	Ensemble
Scripture	Ephesians 2:1-10	Emily Summers
You were dead through the trespasses and sins in which you once lived, following the course of this world, following the ruler of the power of the air, the spirit that is now at work among those who are disobedient. All of us once lived among them in the passions of our flesh, following the desires of flesh and senses, and we were by nature children of wrath, like everyone else. But God, who is rich in mercy, out of the great love with which he loved us even when we were dead through our trespasses, made us alive together with Christ —by grace you have been saved— and raised us up with him and seated us with him in the heavenly places in Christ Jesus, so that in the ages to come he might show the immeasurable riches of his grace in kindness toward us in Christ Jesus. For by grace you have been saved through faith, and this is not your own doing; it is the gift of God— not the result of works, so that no one may boast. For we are what he has made us, created in Christ Jesus for good works, which God prepared beforehand to be our way of life.		
Message	<i>We Are Alive</i>	Neil Hough
The Sacrament of Holy Communion (8:30)		Gilmer
* Closing Hymn	<i>Amazing Grace</i>	p. 3 / UMH 378
* Benediction		Hough
Closing Music	<i>Finale from Symphony 1</i> (Boyce)	Rich
* Please stand as you are able.		

Grow — Pray — Study

Things I'd like to remember from today's message:

Monday, September 19 — Psalm 41:1-13

The 41st Psalm expresses both a need for God's help and healing and a confidence in God's promises. When we read and pray this Psalm, we are inspired to take our every concern, our every need, to God with confidence and faith. We can trust in God's promises and experience the fullness of life that God desires for everyone. When we read and pray this Psalm we affirm that God's grace is the ultimate source of the life we seek. So, we join the Psalm-writer in the repeated petition: "O LORD, be gracious to me" (Psalm 41:4, 10).

- Let the words of Psalm 41 guide you into your own prayer. Trust in God's promises for healing. Ask God to make you fully alive this week.
- Prayer: *O LORD, be gracious to me. Fill me with your Spirit and make me fully alive. Grant me confidence and faith to trust you at all times and in all situations. Amen.*

Tuesday, September 20 — Acts 1:1-5

The New Testament is clear that salvation is the gift of life—in both the present moment and in the future. We believe that this gift of life is the result of Jesus' death and resurrection. So, if we are going to be fully alive, we need to have confidence in the central message of the Gospel: Jesus died on the cross, but was raised from death to life on the third. In other words, if we are going to be fully alive, we need to be Easter people.

- Reflect today on the miracle of Jesus' resurrection. What does it mean to you? How does Jesus' resurrection change your life?
- Prayer: *Living God, thank you for Jesus. Thank you for sending him to be my Lord and Savior. Thank you for his death and resurrection. Thank you for the gift of life. Amen.*

Wednesday, September 21 — Galatians 2:15-21

As followers of Jesus, we experience our own death and resurrection. On one hand, we believe that when we (physically) die, we will be raised to new and eternal life with God. That's the Gospel promise. But we also believe that when we make the decision to follow Jesus, we experience another kind of death and resurrection. We are crucified with Christ and our sinful selves die, so that the living, resurrected Christ can live in us.

- What parts of your life need to die today, so that you can experience new life as a follower of Jesus?
- Prayer: *Merciful God, forgive me for holding tightly to the comfortable life I'm living today. Give me courage to let my old self die, so that Jesus can live in me. Amen.*

Thursday, September 22 — Ephesians 2:1-10

The heart of the Christian message is found in Ephesians 2:5 and Ephesians 2:8. We are saved by God's grace through faith in Jesus Christ. The promise is that when we acknowledge our need for God's grace and accept the gift that God offers us through the death and resurrection of Jesus, we are *made alive together with Christ* (Ephesians 2:5).

- Spend some time today reflecting on your life and your relationship with God. Have you accepted the gift of God's grace? In what ways have you experienced the new life that God offers you? What is preventing you from being fully alive today?
- Prayer: *God of Grace, today, I confess my need for your grace and accept the gift of new life that you offer me through Jesus. Make me alive together with Christ. Amen.*

Friday, September 23 — Romans 6:1-11

The letter to the Romans proclaims the same message that is found in the Scripture readings from the past two days (Galatians 2:15-21 and Ephesians 2:1-10): like Jesus, we experience our own death and resurrection. As a result we "*consider [our]selves dead to sin and alive to God in Christ Jesus*" (Romans 6:11). What Romans 6 adds to our understanding is that following Jesus sets us free to live a new life. Before Christ, we are not free from the power of sin. Now, we are free to love God, grow in our faith, and serve Christ in the world.

- On a scale of one-to-ten, how much freedom (from sin) are you experiencing today?
- Prayer: *Eternal God, thank you for the gift of freedom. Thank you for setting me free from the power of sin. Thank you for setting me free to love and grow and serve. Amen.*

Saturday, September 24 — Luke 15:25-32

In the parable of the prodigal Son, Jesus describes God's great love for all of God's children. He also describes the kind of death and resurrection we experience. In the parable, the Father tells the older son, "*This son of mine was dead and is alive again; he was lost and is found!*" (Luke 15:24). This is what happens to each of us when we choose to follow Jesus: we are united with God and God's family, and we experience the joy of new and abundant life.

- How will you experience God's joy today?
- Prayer: *God of Love, I am amazed at the depth of your love for me. Remind me that nothing I face — today or any other day — will separate me from your great love. Amen.*

Nursery on Sundays

Masks are optional for everyone who is fully vaccinated. The Nursery is staffed during both Sunday worship services for children 3 years old and under. Nursery attendants and children's ministry volunteers wear masks.

This Week on Zoom

Password 1205

Engage Bible Study

Monday at 7 p.m. Contact Jim Wilson for log in link. jaswilson@slofft.com.

Pastor's Bible Study

Tuesday at 10:30 a.m. Meeting ID: 894 8087 9762
Wednesday at 7 p.m.: Meeting ID: 886 5257 6837

Prayer Group

Wednesday at 10 a.m. Meeting ID: 875 6105 5580

This Week at Trinity on TV

Our sermons air on Fairfax Public Access Channel 36 (on Cox and Verizon) on Wednesdays at 5 p.m., Fridays at 7:30 p.m. and Sundays at 7 a.m.

Sermon Series: *Labeled*

We all wear a variety of labels. Some labels come from other people and the world around us. Some labels we put on ourselves. But we believe that God has different labels for us, labels that truly matter, labels that we can choose to wear. Join us each week as we discover what it means to be *Labeled* by God.

Our Prayer List

Al, Alan, Alex & Sarah, Amber & Briana, Andrea, Andrew, Annie Kate, Arthur, Asher, Barb & JR, Barbara & Barry, Betty, Bill, Bill & Maddie, Bob, Boris, Carol & Rich, Carolina, Cathryn, Cathy, Charlie, Christine, Clin, Danny, Darlene & Steve, Dave & Carol, Davey, David, Diane, Dick, Dilian & Abby, Donna, Earl & Mary Lou, Eduardo, Eileen, Elaine, Ellen, Ellie, Emily, Evey, Finn, Fiona, Fran & Tom, Franco, Gary & Lindie, Gilmore family, Greenberg family, Harriet, Isobel, Jackie, Janet, Jeff, Jeffmader, Jeremy, Jill, Jodi, Joe & Marie, John, June, Junior, Kathy, Kathy & Russ, Kay & John, Krista & Robert, Kurtz family, Lisa, Liz & David, Luana, Maeve, Marcia, Marciene, Marilyn, Mark, Mickey, Pauline & Merlin, Patterson family, Peg & Dick, Robert, Roberto & Erica, Sandy, Sandy & Vinnie, Spencer, Starr family, Tim, Tom, Tony, Tracy, Vanessa, Vanna, Vicki, Viles family, Weiss family, Yancey, Trinity's children, youth and volunteers, those who mourn, the homeless, racial reconciliation in our country, those affected by natural disasters, violence and political turmoil around the world.

Send us your prayer requests at umtrinity.org.

Today's hymn texts for those worshipping at home.

Glorious Things of Thee Are Spoken

1. Glorious things of thee are spoken,
Zion, city of our God;
God, whose word cannot be broken,
formed thee for his own abode.
On the Rock of Ages founded,
what can shake thy sure repose?
With salvation's walls surrounded,
thou mayst smile at all thy foes.
2. See, the streams of living waters,
springing from eternal love,
well supply thy sons and daughters,
and all fear of want remove.
Who can faint while such a river
ever will their thirst assuage?
Grace which like the Lord, the giver,
never fails from age to age.
3. Round each habitation hovering,
see the cloud and fire appear
for a glory and a covering,
showing that the Lord is near!
Thus deriving from our banner
light by night and shade by day,
safe we feed upon the manna
which God gives us when we pray.
4. Blest inhabitants of Zion,
washed in our Redeemer's blood;
Jesus, whom our souls rely on,
makes us monarchs, priests to God.
Us, by his great love, he raises,
rulers over self to reign,
and as priests his solemn praises
we for thankful offering bring.

Amazing Grace

1. Amazing grace! How sweet the sound
that saved a wretch like me!
I once was lost, but now am found;
was blind, but now I see.
2. 'Twas grace that taught my heart to fear,
and grace my fears relieved;
how precious did that grace appear
the hour I first believed.
3. Through many dangers, toils, and snares,
I have already come;
'tis grace hath brought me safe thus far,
and grace will lead me home.
4. The Lord has promised good to me,
his word my hope secures;
he will my shield and portion be,
as long as life endures.
5. Yea, when this flesh and heart shall fail,
and mortal life shall cease,
I shall possess, within the veil,
a life of joy and peace.
6. When we've been there ten thousand years,
bright shining as the sun,
we've no less days to sing God's praise
than when we'd first begun.

Highlights from E-News

If you're not receiving our Friday e-mail, please send your email address to info@umtrinity.org

Book Chat

Another season of reading and chatting begins on Tuesday, **Oct. 11** at 6:30 p.m. on Zoom. New readers are always welcome. The Oct. book is *the Mystery of Mrs. Christie* by Marie Benedict. More at <https://umtrinity.org/education>. Contact Kathy Maher, kathyngs@gmail.com, for more.

Chancel Choir Seeks Singers

Our Chancel Choir is a vital part of Trinity's worship life; members learn about their faith as they minister to others through music. We welcome new singers! Rehearsals start **today at 11:45 a.m.** in the Sanctuary. Why not give us a try? For more information, please email Jerry Rich (jrich@potomacschool.org).

Children's Ministries

Children's Worship Folders are available during Sunday morning worship services and are categorized by age and reading ability. Please remember to return your folder to the used bin so it can be replenished for next week.

Children's Worship (ages 4 - 4th grade) and **Club 56** (grades 5 & 6) meet during the 10:30 service following the Children's Message.

Crafts for a Cause

Crafts for a Cause meets every other Monday from 7 to 8:30 p.m., in Room 124: Sept. 19, Oct. 3 & 17. No crafting experience is needed and all are welcome. If you'd like to sign up, please email **Alesha Luxon** at alesha.luxon@gmail.com.

Fall Women's Retreat:

Seeking Inner Peace

Reverend Anne Hough will be leading this day retreat on **Saturday, October 1** from 9 a.m. – 4 p.m. in the Fellowship Building. The cost to cover lunch and supplies is \$20. For details, please visit <http://umtrinity.org/education/adults>. **Registration deadline is Sept. 25.** To register, please email Anne at eaehough@gmail.com.

Fellowship

Feel free to join us after each service in the Fellowship Lobby to catch up and get to know each other better. We also need volunteers to make this Fellowship happen. If you are willing to help, please email Alesha Luxon (alesha.luxon@gmail.com). Instructions provided. Thanks to all for supporting this church and this ministry.

Pastor's Bible Study

As a complement to the *Labeled* sermon series, Pastor Neil is leading a four-week study on the *Letter to the Ephesians*. Everyone is invited to participate as we grow in our faith together. The study is on Tuesday mornings at 10:30 and Wednesday evenings at 7.

Youth Group (Grades 7-12)

Today, 4:30 - 6 p.m.
Register at <http://bit.ly/youthreg22>
Are you an adult interested in volunteering with our youth or do you want more information about joining youth group? Contact Catherine Wethington (umtrinityyouth@gmail.com).

Coming Up

September

- 19 Crafts for a Cause
- 25 Celtic Service

October

- 1 Women's Retreat
- 2 Martha's Table
- 2 Pet Blessing
- 3 Crafts for a Cause
- 9 Oscar Serrano (Honduras) visit
- 10 Office Closed
- 11 Book Chat
- 17 Crafts for a Cause
- 30 Celtic Service
- 31 Crafts for a Cause

November

- 1-8 Honduras Mission Trip
- 5 Rise Against Hunger
- 8 Book Chat
- 11 Office Closed
- 14 Crafts for a Cause
- 20 Hanging of the Greens
- 27 Celtic Service
- 28 Crafts for a Cause

Children & Youth Activities Registration 2022-23

Use your phone's camera to scan the QR code or visit the listed webpage to complete the registration today.

Children
Preschool - 6th grade
<http://bit.ly/childreg22>



Youth
7th - 12th Grade
<http://bit.ly/youthreg22>

Trinity Church Staff

Neil Hough
Eileen Gilmer
Harriet Latta
Jose Nuñez
Jerry Rich
Emily Yosmanovich
Catherine Wethington
Laurie Strollo

Senior Pastor
Associate Pastor
Office Manager
Sexton
Director of Music
Preschool Director
Director of Youth Ministry
Director of Children's Ministry

nhough@umtrinity.org
egilmer@umtrinity.org
hlatta@umtrinity.org
703-356-3312
jrich@potomacschool.org
director.trinitypreschool@gmail.com
umtrinityyouth@gmail.com
lstrollo@umtrinity.org

Office Hours:
Monday – Friday 9 a.m. - 3 p.m.

Worship is live streamed on Sundays from the Chapel at 8:30 a.m. and from the Sanctuary at 10:30 a.m. on YouTube: youtube.com/UMTrinity. The Celtic Service can be seen on the last Sunday of the month at 5 p.m. on YouTube and Facebook. Sermons air on Fairfax Public Access Channel 36 (on Cox and Verizon). Tune in Wednesdays at 5 p.m., Fridays at 7:30 p.m., and Sundays at 7 a.m.