



# Trinity United Methodist Church

1205 Dolley Madison Blvd. | McLean, VA 22101

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March 12, 2023

3rd Sunday in Lent

8:30 & 10:30 a.m.

We ask that everyone complete an attendance card found in the pew rack or scan the QR code on page 3 with your phone's camera to register your attendance today.

Prelude (8:30)  
Prelude (10:30)

*Adagio* (Marcello)  
*Be Thou My Vision* (arr. Krug)

Jerry Rich  
Trinity Ringers

Welcome and Announcements

Clergy

\* Call to Worship

Eileen Gilmer

Come, let us sing to the Lord!

**Let us make a joyful noise to the rock of our salvation!**

Let us come into God's presence with thanksgiving!

**Let us make a joyful noise to God with songs of praise!**

Come, let us worship and celebrate God's loving presence with us.

**We sing to God with our hearts and our spirits. Amen.**

\* Gathering Hymn

*How Firm a Foundation*

p. 3 / UMH 529

Children's Message

Laurie Strollo

Prayers of the People

Gilmer

Offering

Neil Hough

This morning's offering will be received as we pass the offering plates. You may also give online at <http://umtrinity.org/give> and through our app. On the website, scroll down and click on SET UP ONLINE GIVING.

Anthem (8:30)  
Anthem (10:30)

*The Call* (Vaughan Williams)  
*Thou Wilt Keep Him in Perfect Peace* (Wesley)

Catherine Wethington  
Chancel Choir

Scripture

John 19:25b-27

Eileen Gilmer

Meanwhile, standing near the cross of Jesus were his mother, and his mother's sister, Mary the wife of Clopas, and Mary Magdalene. When Jesus saw his mother and the disciple whom he loved standing beside her, he said to his mother, 'Woman, here is your son.' Then he said to the disciple, 'Here is your mother.' And from that hour the disciple took her into his own home.'

Message

*"Behold Your Son."*

Neil Hough

Sacrament of Holy Communion (8:30)

Gilmer

\* Closing Hymn

*Blest Be the Tie That Binds*

p. 3 / UMH 557

\* Benediction

Hough

Closing Music (8:30)

*Voluntary 7* (Heron)

Rich

\* Please stand as you are able.

# Grow — Pray — Study

Things I'd like to remember from today's message:

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## **Monday, March 13 — Luke 1:26-38**

Mary, the mother of Jesus, is an important person in the Gospel story and in the tradition of the church. In Luke's Gospel, we read about how she learned that she was chosen to be the mother of the Messiah. Her statement of obedience in verse 38 is one of the clearest statements of Christian discipleship in the entire New Testament. In fact, it could be said that Mary is a model of discipleship.

- Mary's response to the message from God is an act of surrender to God's will. Are you willing to surrender your life to God? What holds you back from giving total control of your life to God?
- Prayer: *Calling God, help me to clearly hear your call in my life. Give me the courage I need to follow Mary's example and surrender my life to you today — and every day. Amen.*

## **Tuesday, March 14 — John 2:1-12**

John's Gospel says nothing about circumstances surrounding the birth of Jesus. It does not even tell us that Jesus' mother's name was Mary. In John's Gospel, she is simply the mother of Jesus. And when he speaks to her, Jesus calls her "woman" (John 2:4, John 19:26). In John 2, when she tells Jesus about the lack of wine, Jesus makes clear that his highest priority is God, not family. But ultimately, he answers her request.

- What does this story tell you about Jesus? About his priorities? What does this story tell you about God's priorities in your life? Is it possible that this is a story about prayer?
- Prayer: *God of transformation, help me clarify the priorities in my life and put my life in order. Remind me that nothing is more important than you are. Amen.*

## **Wednesday, March 15 — Matthew 12:46-50**

The four (4) Gospel writers clearly indicate that Jesus maintained a relationship with his family, even to his death. The New Testament tells us that after his death and resurrection, at least one of his brothers was a leader in the Christian community (see Galatians 1:19). But Jesus consistently insisted that God was a higher priority than family — that following him was a higher priority than family.

- How do you balance the demands of discipleship with the demands of family. Read Luke 14:26: what do think it means?
- Prayer: *God of high expectations, teach me how to put you first in my life. Help me trust that you know what's best for me. Forgive me when I put my needs before you. Amen.*

## **Thursday, March 16 — Luke 10:38-42**

One of the themes we find in Luke's Gospel is the importance of women in the life and ministry of Jesus. Mary, Jesus' mother, is a model of discipleship from the beginning of the story. Another Mary, the sister of Martha and Lazarus, is also a model of discipleship. It is hard for our modern minds to comprehend how radical Jesus' acceptance and association with women would have been in the first century.

- Luke insists that Jesus welcomed people that others excluded. In what ways do you follow Jesus' example? How might you grow in your practice of Jesus-like hospitality?
- Prayer: *Loving God, thank you for extending your grace to me. Help me to extend your grace to others today. Help me to love the people Jesus loves. Amen.*

## **Friday, March 17 — John 19:25-27**

When Jesus speaks from the cross to his mother and the beloved disciple, he reminds us of our responsibility to love and care for family and friends. In this brief encounter, Jesus teaches all of his disciples — through the example of a single disciple — that we have responsibilities for each other. Assuming that we treat our families well, Jesus asks us to care for others within the church and community in the same ways that we care for those closest to us.

- Whom might Jesus be asking you to love and care for? Are you willing to extend your love to include all mothers, fathers, sisters, and brothers in need?
- Prayer: *Heavenly Father, thank you for the love and care of family. Help me share your love with others. Send me to the people who need to experience your love. Amen.*

## **Saturday, March 18 — James 1:22-27**

The primary theme of the Book of James is that Christian faith requires Christian action (James 2:14-17). James gives specific examples of the kind of Christian action that results from Christian faith. He says pure religion is to "care for orphans and widows in distress" (James 1:27).

- Even though the text does not say so, tradition says that the author, James, is the brother of Jesus. How does this tradition impact your understanding of his words?
- Prayer: *Faithful God, forgive me for my failure to put my faith into action. Teach me to be a doer of your word, not someone who hears and does not respond. Amen.*

## Nursery on Sundays

Masks are optional for everyone who is fully vaccinated. The Nursery is staffed during both Sunday worship services for children 3 years old and under.

## This Week on Zoom

Password 1205

### Engage Bible Study

Monday at 7 p.m. Contact Jim Wilson for log in link. [jaswilson@sloft.com](mailto:jaswilson@sloft.com).

### Lent Bible Study:

Tuesday at 10:30 a.m. Meeting ID: 894 8087 9762

Tuesdays are hybrid (in-person & on Zoom).

Wednesday at 7 p.m.: Meeting ID: 886 5257 6837

No Wednesday class on March 15. No Tuesday class on March 21.

### Prayer Group

Wednesday at 10 a.m. Meeting ID: 875 6105 5580

## This Week at Trinity on TV

Our sermons air on Fairfax Public Access Channel 36 (on Cox and Verizon) on Wednesdays at 5 p.m., Fridays at 7:30 p.m. and Sundays at 7 a.m.

## Our Prayer List

Alan, Alex & Sarah, Amber & Briana, Andrea, Annie Ruth, Ben, Boris, Brooks family, Bruce, Bud, Catherine, Chatham family, Claudia & Yauwu, Dan & Chris, Daniel, Danny, Dave, Debbie, Debbie & Steve, DeMicco family, Desarae, Detwiler family, Dick, Eliana, Elizabeth, Emily, Evey, Gabrielle, Gaeber family, George, Griggs family, Gwen, Henrietta, Hunt family, Jean, Jeffrey, Jessica, Jewell family, Jim, Joan, John, Jon, Karen, Kathy, Laurie, Leonard family, Linda, Lisa & Mike, Lorna, Marcy, Marilyn, Meredith, Minou, Quinn family, Rasmussen family, Richard, Roberto & Erica, Podesta family, Prisilla, Shadle family, Smith family, Spencer & Emily, Sweeney family, Teresa, Tom, Tracy, Vicki, Vinnie, Yancey, Zonarini family, those who mourn, the homeless, racial reconciliation in our country, those affected by the opioid epidemic and those working to end it, those affected by natural disasters, violence and political turmoil, and the people of Turkey and Syria and the aid workers there to help them.

A celebration of Life of Earl Griggs will be held here tomorrow, Monday, March 13 at 11 a.m.

**Attendance QR Code:** We ask that everyone complete an attendance card found in the pew rack or scan the QR code with your phone's camera to register your attendance today.



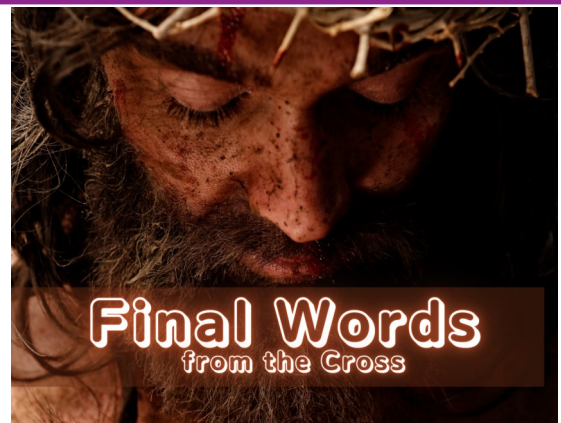
Today's hymn texts are provided for those worshipping at home.

### How Firm a Foundation

1. How firm a foundation, ye saints of the Lord,  
is laid for your faith in his excellent word!  
What more can he say than to you he hath said,  
to you who for refuge to Jesus have fled?
2. "Fear not, I am with thee, O be not dismayed,  
for I am thy God and will still give thee aid;  
I'll strengthen and help thee, and cause thee to stand  
upheld by my righteous, omnipotent hand.
3. "When through the deep waters I call thee to go,  
the rivers of woe shall not thee overflow;  
for I will be with thee, thy troubles to bless,  
and sanctify to thee thy deepest distress.
4. "When through fiery trials thy pathways shall lie,  
my grace, all-sufficient, shall be thy supply;  
the flame shall not hurt thee; I only design  
thy dross to consume, and thy gold to refine.
5. "The soul that on Jesus still leans for repose,  
I will not, I will not desert to its foes;  
that soul, though all hell should endeavor to shake,  
I'll never, no, never, no, never forsake."

### Blest Be the Tie That Binds

1. Blest be the tie that binds  
our hearts in Christian love;  
the fellowship of kindred minds  
is like to that above.
2. Before our Father's throne  
we pour our ardent prayers;  
our fears, our hopes, our aims are one,  
our comforts and our cares.
3. We share each other's woes,  
our mutual burdens bear;  
and often for each other flows  
the sympathizing tear.
4. When we asunder part,  
it gives us inward pain;  
but we shall still be joined in heart,  
and hope to meet again.



## Highlights from E-News

If you're not receiving our Friday e-mail, please send your email address to [info@umtrinity.org](mailto:info@umtrinity.org)

### Book Chat

Our next meeting is on Tues., **Mar. 14** at 6:30 p.m. on Zoom. New readers are always welcome. More at <https://umtrinity.org/education> or contact Kathy Maher, [kathyngs@gmail.com](mailto:kathyngs@gmail.com).

### Children's Ministries

**Children's Worship Folders** are available during Sunday morning worship services and are categorized by age and reading ability. Please remember to return your folder to the used bin so it can be replenished.



#### Children's Worship

(ages 4 - 4th grade) and **Club 56** (grades 5 & 6) meet during the 10:30 service following the Children's Message.

### Crafts for a Cause

We meet every other Monday from 7 to 8:30 p.m., in Room 124: March 13 & 27. All are welcome. For more information, contact Alesha Luxon at [alesha.luxon@gmail.com](mailto:alesha.luxon@gmail.com).

### Easter Fellowship

Come early for 10:30, stay late for 8:30. Fellowship with your church family on Easter. Special treats will be served in the Fellowship Lobby 9:30-10:20 a.m.

### Fellowship

Fellowship hosts provide snacks during Fellowship following the Sunday morning worship services. Please

consider signing up for a week. The sign up is on a white board sitting on top of the coffee bar in the Fellowship Lobby. Contact Alesha Luxon, [alesha.luxon@gmail.com](mailto:alesha.luxon@gmail.com).

### Lent Bible Study

Join Pastor Neil for our Lenten Bible Study on Tuesday mornings at 10:30 a.m. and Wednesday evenings at 7 p.m. Tuesday morning classes will be held in-person and on Zoom. Wednesday evening classes will be on Zoom. Everyone is invited to participate. No previous Bible study experience is necessary.

This Lent study is focusing on Jesus' dying hours and his final words as the Gospel writers recorded them. We are considering the people who were present as Jesus was dying, reflecting on his final statements, and trying to understand what they mean for our lives today. *Final Words from the Cross* by Adam Hamilton is the text for the Lent Study.

### Youth Group (Grades 7-12)

**Sundays, 4:30 - 6 p.m.**

For more information about volunteering or joining youth group, contact Catherine Wethington, [umtrinityyouth@gmail.com](mailto:umtrinityyouth@gmail.com). Youth registration QR code:



## Coming Up

### March

- 13 Crafts for a Cause
- 14 Book Chat
- 18 Christ House
- 26 Celtic Service
- 27 Crafts for a Cause

### April

- 2 Palm Sunday
- 6 Holy Thursday, 7 p.m.
- 7 Good Friday, 7 p.m.
- 9 Easter Sunday  
7 a.m. Sunrise Service  
8:30 & 10:30 a.m.
- 10 Office Closed
- 11 Book Chat:
- 15 Christ House
- 24 Crafts for a Cause
- 30 Celtic Service

### Easter Flowers

On Easter Sunday, April 9, Trinity's Sanctuary will be decorated with lilies, tulips and hydrangeas, given in honor or memory of loved ones. Please scan the QR code below or visit [umtrinity.org/worship/easter-flowers](http://umtrinity.org/worship/easter-flowers) to complete an order form. All memorials/honors will be noted in the Easter Sunday bulletin. If you order flowers, you're encouraged to take them home after the service. Deadline to order is March 20.



Tulips are \$11 per plant.  
Lilies are \$15.50 per plant.  
Hydrangeas are \$25 per plant.

### Trinity Church Staff

Neil Hough  
Eileen Gilmer  
Harriet Latta  
Jose Nuñez  
Jerry Rich  
Emily Yosmanovich  
Catherine Wethington  
Laurie Strollo

Senior Pastor  
Associate Pastor  
Office Manager  
Sexton  
Director of Music  
Preschool Director  
Director of Youth Ministry  
Director of Children's Ministry

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Office Hours:  
Monday – Friday 9 a.m. - 3 p.m.

Worship is live streamed on Sundays from the Chapel at 8:30 a.m. and from the Sanctuary at 10:30 a.m. on YouTube: [youtube.com/UMTrinity](https://youtube.com/UMTrinity). The Celtic Service can be seen on the last Sunday of the month at 5 p.m. on YouTube and Facebook. Sermons air on Fairfax Public Access Channel 36 (on Cox and Verizon). Tune in Wednesdays at 5 p.m., Fridays at 7:30 p.m., and Sundays at 7 a.m.