



# Trinity United Methodist Church



the sea broke over us  
covered the ship  
and poured between decks  
as if the great deep had already swallowed us up

~John Wesley's Journal  
January 25, 1736

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October 12, 2025

8:30 & 10:30 a.m.

Welcome to Trinity Church! We are grateful you are here. We'd appreciate it if you would complete an attendance card found in the pew rack (or scan the QR code on page 6 with your phone's camera and click the link) to register your attendance today. And do include **each** family member present.

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Prelude (8:30)  
(10:30)

*The King of Love My Shepherd Is* (arr. Love) Shelton Ridge Love, guest organist  
*Psalms 51* (Love)

Welcome and Announcements

\* Call to Worship *from Psalm 107*

Some went out on the sea in ships;  
they were merchants on the mighty waters.  
They saw the works of the LORD,  
his wonderful deeds in the deep.

**For the Lord spoke and stirred up a tempest  
that lifted high the waves.**

**The seas mounted up to the heavens and went down to the depths;  
in their peril their courage melted away.**

They were at their wits' end.  
Then they cried out to the LORD in their trouble,  
and he brought them out of their distress.

**The Lord stilled the storm to a whisper;  
the waves of the sea were hushed.**

They were glad when it grew calm,  
and God guided them to their desired haven.

**Let them give thanks to the Lord for his unfailing love  
and his wonderful deeds for humankind.**

\* Gathering Hymn

*My Hope Is Built*

[Blue Hymnal 368](#)

Opening Prayer

On days of glassy seas, Lord, we can believe that you are with us;

**When our way is easy, we find it easy to overlook your guiding hand.**

In times of storms, of imperiled journeys, God, we wonder where you are;

**we refuse to see trials as a call to faithfulness; we feel abandoned.**

We are frustrated by the closed door, the lost opportunity, the frustrated relationship;

**We cling to the idea that you exist to make our ways level, and our passage easy.**

Remind us, Lord, that you will come to us on the stormiest of seas,  
and always that you will hear our cry as we lift these, our silent confessions to you...

*[a time of silence follows]*

In Christ, you have sent us one to still the storm, steady our course,  
and offer the companionship that gives us hope.

**Amen.**

Children's Message

Laurie Strollo

*Children are invited to Children's Worship in Room 402,  
a place for those 4 years through 6th grade to connect with God in their own ways.*

Prayers of the People and The Lord's Prayer

Taehwan Roh

*Our prayer will conclude with:*

**Our Father who art in heaven, hallowed be thy name.**

**Thy kingdom come, thy will be done, on earth as it is in heaven.**

**Give us this day our daily bread, and forgive us our trespasses  
as we forgive those who trespass against us.**

**And lead us not into temptation, but deliver us from evil,  
for thine is the kingdom, and the power and the glory forever. Amen.**

Offering

*Our offering is received as we pass the plates, but you may also give online at  
<http://umtrinity.org/give> or through our app.*

Offertory

*Precious Lord* (Dorsey)  
*Lord, I Stretch My Hands to You* (Althouse)

Brendon O'Donnell (8:30)  
Chancel Choir (10:30)

*(Continued on page 3)*

## Reading from the Scriptures

Mark 4:35-41

On that day, when evening had come, he said to them, "Let us go across to the other side." And leaving the crowd behind, they took him with them in the boat, just as he was. Other boats were with him. A great windstorm arose, and the waves beat into the boat, so that the boat was already being swamped. But he was in the stern, asleep on the cushion; and they woke him up and said to him, "Teacher, do you not care that we are perishing?" He woke up and rebuked the wind, and said to the sea, "Peace! Be still!" Then the wind ceased, and there was a dead calm. He said to them, "Why are you afraid? Have you still no faith?" And they were filled with great awe and said to one another, "Who then is this, that even the wind and the sea obey him?"

This is the Word of God, for us, the People of God. **Thanks be to God.**

Message

*Over the Rolling Deep*

Dave Rochford

The Sacrament of Holy Communion (8:30)

\* Closing Hymn

*Precious Lord, Take My Hand*

[Blue Hymnal 474](#)

\* Benediction

\* Postlude (8:30)  
(10:30)

*Guide Me, O Thou Great Jehovah* (arr. López)  
*Alleluia Toccata* (Grodén)

Shelton Ridge Love

\* Please stand as you are able.

We are delighted to welcome guest organist Shelton Ridge Love. A gifted conductor, musician and composer, Mr. Love recently moved to the DC area from Greenville, SC, where he served as organist for First Baptist Church of Greenville.

## Our Prayer List

Anne, Annie Ruth, Arnold family, Leth, Barb, Ben, Brett, Bud, Carolyn, Corbin, Crista, Dane & Scott, Dara, Dave, Davey, David, Debbie, Douglas, Emmett, Evan, Gililand family, Jason, Joan, Joel, Karen, Kenny family, Luke, MacVean family, Maines family, Margie, Michael, Nancy, Rubina, Sheila, Spinks family, Suzanne, Vasser family, Vicki, Willis & Carter, Winie & Joseph, Wyatt, Yancey, and prayer life for Trinity congregation, those who are traveling, employment seekers, the children and staff at Heart to Heart Worldwide Village in Honduras, The Leadership Center, our nation's leadership and unity, soldiers abroad and at home, peace on earth, an end to antisemitism and Islamophobia, those affected by natural disasters, those trying to make a better future for our nation, immigrants, the homeless, victims of abuse, hostages throughout the world, faith communities grieving acts of violence, and federal employees and related contractors.

# Grow — Pray — Study

Our weekly devotional is available at <https://bit.ly/TrinityGPS>



## **Monday, October 13 — Luke 5:1-11**

As we began our sermon series, we saw Jesus calls his first disciples: Peter, Andrew, James and John, who first respond to his request by helping him teach the crowds. They also make a tremendous catch of fish, but then counterintuitively drop their nets and leave their boats behind to follow Jesus.

- The nautical activity here is enticing: how is life with Jesus like putting out for deep water? Are you “catching people” for Jesus, or more like the many admirers who remain on the shoreline?
- Prayer: *Lord Jesus, I have learned your voice, and I take seriously what you have to say. I am also quite accustomed to my home port. Where would you have me go, and to whom, if I were to take seriously your call for me to launch out and follow you? Amen.*

## **Tuesday, October 14 — Mark 4:35-41**

Mark is rather hard on the disciples. Here he recounts that not only are they fearful for their lives, but they are alarmed at Jesus’ display of power over wind and wave. John Wesley was likewise terrified at the prospect of being lost at sea, but more deeply troubled at what seemed to him to be a lack of unshakeable faith in a time of crisis.

- How does worry impact your life? How does your faith in a faithful God manifest when you or someone dear becomes seriously ill, or you are struck by grief, or your income is threatened? Does God “show up” in such seasons? How?
- Prayer: *Sometimes I have wondered, Lord, where you are when the storm breaks. So it puzzles me that the disciples were frightened to see Jesus tame the waves and wind. I want to know you more, and better, so I can be clear about what I need in times of trial. Which is you. Amen.*

## **Wednesday, October 15 — Ruth 1:1-18, 4:13-18**

The Book of Ruth (which commends itself to be read in full!) does not include a formal call by God to the hero, a Moabite (one of the historic enemies of Israel). But Ruth’s fierce loyalty to family, her courageous journey to a strange place, and her ultimately making the God of Israel her own are a part of Jesus’ lineage, and thus our own salvation history.

- Ruth launches out on a risky trek to an uncertain future. Have there been seasons when your future seemed far less than secure or hopeful? In what did Ruth find the hope she needed? In what (or whom) have you?
- Prayer: *Lord Jesus, it is enticing to us that you, the Bread of Life, were born in a town called “House of Bread.” Bethlehem was also the place where Ruth found her people and her home. Today I reflect on where “my Bethlehem” is, and what people have become “my people” along my journey with you. Amen.*

## **Thursday, October 16 — Judges 6:11-17, 20-27, 36-40**

The call of Gideon (of which our reading is a small part) is replete with humor: while God’s plan to rescue the Israelites is good news, Gideon proves cheeky, whiny, and woefully lacking in confidence. He points to his own insignificance and inability to lead God’s people, and throws up a host of qualifiers before he will consider answering God’s call.

- How do Gideon’s objections show a lack of confidence in himself? Do they also show a lack of trust in the God who calls?
- Prayer: *Lord, how often do I tell myself that I do not have the time, the knowledge, or the ability to speak for you? Is my lack of confidence only in myself? Amen.*

## **Friday, October 17 — Esther 4:1-17, 9:1**

You may have heard that Esther is the only Book of the Bible that never mentions God’s name. It is also a story of peril and deliverance, based on one woman’s courage in a pivotal moment. You may recognize verse 4:14, in which Mordecai makes clear to Esther that a position of influence to help her people may be no accident “for such a time as this.”

- In what seasons of life have you sensed a crisis? Do you think that God still can and does call people “for such times as these?” Why not you?
- Prayer: *Lord, I am no reigning royal. My sphere of influence is limited, and the injustices around me and beyond me are wide and great. Do you call the likes of me to act in “such a time as this?” Would I respond if you did? Amen.*

## **Saturday, October 18 — John 4:1-42**

John loves detailed stories with lots of dialogue. Jesus’ encounter with the Samaritan woman at the well is one of these. It lacks a formal call; he does not summon her to “go and fish,” after all - he only converses with her. But the woman becomes perhaps the *first successful evangelist*, because she rushes to tell all in her village her (still incomplete but apparently powerful!) testimony as to meeting Jesus.

- What does your testimony as to meeting Jesus include? Have you ever uttered it? Does it seem incomplete or lacking? What do you think God could do with it, were you to share it?
- Prayer: *Lord Jesus, my life is different for coming to know you. I need to know you more. But free up my tongue, for there are those who know you less. Amen.*



## Today at Trinity

### Chancel Choir, 10 a.m.

The Chancel Choir meets at 10 a.m. to prepare to lead worship at 10:30 a.m. New singers are always welcome. If you'd like to know more about Trinity's music ministry, please contact Jerry Rich, [jrich@potomacschool.org](mailto:jrich@potomacschool.org).

**Children's Worship, 10:30 a.m.** (ages 4 - 6th grade) takes place following the Children's Message.

## This Week

**Monday: Office Closed**

### Tuesday, 6:30 p.m.: Book Chat

The book for **October 14** is *Remarkably Bright Creatures* by Shelby Van Pelt. Full schedule for this Zoom meeting can be found on the church website. Use the QR code on page 6 for more.

### Wednesday, 9 a.m.: Prayer Group

A dedicated community that meets via Zoom to lift up the needs of our church family, community and world. If you'd like to know more or to participate, please speak to one of our pastors or call the office, 703-356-3312.

### Saturday: Christ House Meal Mission

Christ House is a place of healing; a residential, medical facility for homeless men located on Columbia Road in the Adams Morgan area of Washington, DC. We prepare lunch on the third Saturday of every month. Contact Connie Jeremiah for more information, 703-307-4635 or [dcjeremiah@verizon.net](mailto:dcjeremiah@verizon.net).

### Saturday, 9 a.m. - 12 p.m.: Good Works Day

Please join Trinity's Trustees for fellowship and the shared joy of caring for our church home. We'll move furniture and office contents at Trinity House; power wash steps at the Fellowship Building; do weeding and litter patrol; and remove ivy and trim bushes. If you'd like to do an indoor project there are windows begging to be polished to a shine. There are projects for all ages and this is a good opportunity to earn community service hours. If you like, please bring your favorite work gloves or cleaning gloves. We'll get to know each other better and celebrate being part of the Trinity family in anticipation of upcoming celebrations including Thanksgiving and Christmas. A light breakfast, snacks, and a pizza luncheon will be served. Please notify Wayne Detwiler ([wldetwiler@yahoo.com](mailto:wldetwiler@yahoo.com)) if you have any questions or wish to participate, or just show up! All are welcome and appreciated!

### Saturday, 6 p.m.: Langley Fall Tastings & Auction

Join Langley Residential Support Services (LRSS) for the *Langley Fall Tastings & Auction Benefit – A Harvest of Hope* from 6 - 9 p.m. held at a private home in McLean. Enjoy hors d'oeuvres, live music, and auctions - all in support of adults with developmental disabilities. Use the QR code on page 6 to learn more.

## Coming Up

### October 19: Youth Group

Youth Group, grades 7-12, meets 4:30 - 6 p.m. in the Fellowship Building. Visit <https://umtrinity.org/education/youth> to view the youth calendar.

### Oct. 21 & 22: New Bible Study: Untravelled Waters

Join Pastor Dave for *Untravelled Waters: The Greatest Bible Stories You Never Heard*—a fresh look at surprising, lesser-known stories that challenge and inspire. We'll explore how to read Scripture with clarity and faith, and reflect on what it means for us today.

▲ Tuesdays at 10:30 a.m. (Church Library + Zoom)

▲ Wednesdays at 7 p.m. (Zoom only)

Oct. 21/22–Nov. 18/19. All are welcome!

### October 26: Trunk or Treat

Children's Ministry is pleased to invite our Trinity church family and community to our annual "spook-tacular" Halloween Trunk or Treat celebration for kids on Sunday, October 26! The Trunk or Treat will follow the 10:30 a.m. service, and take place in the back parking lot, behind the Fellowship Building. Please help to make this event a success by signing up to bring your car and a trunk full of treats! See QR code on page 6. Be as creative as you like. Thank you!

### October 26: Youth Group

Youth Group, grades 7-12, meets 4:30 - 6 p.m. in the Fellowship Building. Halloween party with pumpkin carving.

### October 26: Celtic Service

### October 28: Charge Conference

Our 2025 Charge Conference, the annual meeting of our congregation, will meet on **Tuesday, October 28** at 7 p.m. The meeting will use a hybrid format in-person and on Zoom this year. This is the meeting to set clergy compensation and leadership nominations for 2026. Members of the Executive Council are voting members of the Charge Conference, but the meeting is open to everyone.

### November 2: Martha's Table Snack Packaging

Following both worship services, we will make bags of trail mix for weekday distribution by Martha's Table in Washington, D.C. The snack bag assembly line is fun and also makes a difference in the lives of hundreds of people in our community. All supplies provided! See you in the Fellowship Lobby after worship.

### November 8: Rise Against Hunger

Annual meal packing event at Lutheran Church of the Redeemer. Use QR code on page 6 for details and registration. Pastor Dave and our Youth will be there at 8 a.m.

### Feb. 26 - March 4, 2026: Honduras Mission Trip

Join us as we travel to rural Honduras to serve at The Leadership Center ([leadershipmission.org](http://leadershipmission.org)). We will live and serve along side 60 young women, attend their classes, work on the organic farm, mentor and just love on these beautiful young women. Please reach out to Chris (571-215-2948) or Dan ([danmoore53@gmail.com](mailto:danmoore53@gmail.com), 703-980-5050) Moore for more information.

## About Our Ministries

### Nursery

The **Nursery** is staffed during both our Sunday worship services for children 3 years old and under. Our nursery is located in the Fellowship Building; simply speak to an usher and they will provide assistance.

### Children's Worship Folders

**Folders** are available during worship services and are categorized by age and reading ability. Please return your folder to the used bin so it can be replenished.

### Fellowship: Getting Connected

You are cordially invited to meet friends and neighbors after each of our worship services. Join us in the Fellowship Lobby to the right of the breezeway. Each week individuals, families or ministry groups host our refreshments. Please consider signing up for either the 8:30 or 10:30 service's Fellowship time. Scan the QR code under Quick Links at the right to sign-up.

### Trinity Preschool of McLean

TPoM welcomes all students ages 2-6. Please visit [umtrinity.org/preschool](http://umtrinity.org/preschool) to learn more about this vibrant ministry or to schedule a tour for your child.

### Ushers Needed

Ushers are needed each Sunday to greet people, answer questions and hand out bulletins. Use the QR code below to volunteer for this essential ministry of hospitality.



### Untraveled Waters:

#### The Greatest Bible Stories You Never Heard

Join Pastor Dave for a fresh Bible Study exploring lesser-known but powerful stories—from daring midwives to lepers turned looters. We'll reflect on how Scripture can be both simple and complex, and how to read it with clarity and faith. All are welcome—no experience needed!

- **Tuesdays at 10:30 a.m.** in the Church Library (with Zoom)
- **Wednesdays at 7 p.m.** via Zoom only
- **Begins Oct. 21/22** and runs through Nov. 18/19.

Choose either session—or paddle between both!

## Quick Links

Scan QR code with your phone's camera & click the link. This page currently includes:

- > Worship attendance
- > Children & Youth registration
- > Trunk or Treat
- > Book Chat discussion group
- > LRSS Benefit registration
- > Rise Against Hunger registration
- > Christ House wish list
- > Fellowship Hour hosts
- > Ushers



## Trinity Church Staff

Dave Rochford  
Taehwan Roh  
Harriet Latta  
Jose Nuñez  
Jerry Rich  
Angi Oxendine  
Catherine Wethington  
Laurie Strollo

Lead Pastor  
Associate Pastor  
Office Manager  
Facilities Manager  
Director of Music  
Preschool Director  
Director of Youth Ministry  
Director of Children's Ministry

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Office Hours: Monday – Friday 9 a.m. - 3 p.m.

Worship is in-person and livestreamed on Sundays from our Chapel at 8:30 a.m. and from our Sanctuary at 10:30 a.m. on YouTube: [youtube.com/UMTrinity](https://youtube.com/UMTrinity). Our 5 p.m. Celtic Service is in-person and streamed on the last Sunday of the month. If you're not yet receiving our Friday weekly events e-mail, please send us your address at [info@umtrinity.org](mailto:info@umtrinity.org)