



Trinity United Methodist Church

1205 Dolley Madison Blvd. | McLean, VA 22101

703-356-3312 | umtrinity.org | info@umtrinity.org

July 27, 2025

8:30 & 10:30 a.m.

Welcome to Trinity Church! We are grateful you are here. We ask that everyone complete an attendance card found in the pew rack (or scan the QR code on page 4 with your phone's camera and click the link) to register your attendance today. Don't forget to include **each** family member present.

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|--|---|-------------------------|
| Prelude | <i>What a Friend We Have in Jesus</i> (Hayes) | Jerry Rich |
| Welcome and Announcements | | |
| * Call to Worship | | |
| Turn your hearts to God. | | |
| What shall we do when we are worried? | | |
| Place your trust in God's love and mercy. | | |
| What shall we do when our lives seem too crowded and busy? | | |
| Take time for the refreshing words of God's love for you. | | |
| Open our hearts, O Lord, and make us ready for your words to us. | | |
| * Gathering Hymn | | |
| | <i>Be Thou My Vision</i> | UMH 451 |
| Children's Message | | Laurie Stollo |
| Children are invited to Children's Worship in Room 402-403,
a place for those 4 years through 6th grade to connect with God in their own ways. | | |
| Prayers of the People and Lord's Prayer (UMH 895) | | Dave Rochford |
| Offering | | |
| Our offering is received as we pass the plates, but you may also give online at
http://umtrinity.org/give or through our app. | | |
| Offertory (8:30) | <i>Spirit, Spirit of Gentleness</i> (Manley) | Philip Keirstead |
| Offertory (10:30) | <i>Earthen Vessels</i> (Foley) | Chancel Choir |
| Reading from the New Testament | | |
| | Colossians 2:6-15 | |
| As you therefore have received Christ Jesus the Lord, continue to walk in him, rooted and built up in him and established in the faith, just as you were taught, abounding in thanksgiving. | | |
| Watch out that no one takes you captive through philosophy and empty deceit, according to human tradition, according to the elemental principles of the world, and not according to Christ. For in him the whole fullness of deity dwells bodily, and you have come to fullness in him, who is the head of every ruler and authority. In him also you were circumcised with a spiritual circumcision, by the removal of the body of the flesh in the circumcision of Christ; when you were buried with him in baptism, you were also raised with him through faith in the power of God, who raised him from the dead. And when you were dead in trespasses and the uncircumcision of your flesh, God made you alive together with him, when he forgave us all our trespasses, erasing the record that stood against us with its legal demands. He set this aside, nailing it to the cross. He disarmed the rulers and authorities and made a public example of them, triumphing over them in it. | | |
| This is the Word of God, for us, the People of God. Thanks be to God. | | |
| Message | <i>Rooted and Alive in Christ</i> | Taehwan Roh |
| The Sacrament of Holy Communion (8:30) | | |
| * Closing Hymn | | |
| | <i>Victory in Jesus</i> | UMH 370 |
| * Benediction | | |
| * Postlude | | |
| | <i>Cornet Voluntary in C</i> (Travers) | Jerry Rich |

* Please stand as you are able.

Grow — Pray — Study

Notes from today's message:

Monday, July 28 — John 15:1–11

Jesus calls himself the true vine and urges his disciples to remain in him. The image is deeply relational and organic: life, growth, and fruitfulness all depend on staying connected to Christ. “Apart from me you can do nothing,” Jesus says. The spiritual life is not about occasional inspiration but ongoing abiding. This passage reflects Paul’s call to the Colossians to be “rooted and built up in him.” As we remain in Christ, we are not only strengthened—we are filled with joy.

- In what ways are you staying connected to Jesus in your daily life?
- Prayer: Jesus, true vine, help me remain in you. Let your life flow through me. Prune what is fruitless, and grow in me what brings joy to you. Amen.

Tuesday, July 29 — Psalm 1:1–6

This psalm describes the person who delights in God’s law as being “like a tree planted by streams of water.” Such a person is fruitful, steady, and resistant to withering. The imagery mirrors the call to be rooted in Christ. But notice: the strength of the tree lies in what it’s rooted in. The psalm challenges us to consider what shapes our thoughts, habits, and desires. Rootedness is not passive—it’s a daily discipline of choosing where to dwell.

- What are you rooted in right now? Of what might you need to let go?
- Prayer: Faithful God, plant me beside your streams of life. Let my thoughts and actions be nourished by your Word. Keep me from walking in ways that dry up my soul. Amen.

Wednesday, July 30 — Colossians 1:15–23

Paul paints a majestic portrait of Christ: the image of the invisible God, the head of the Church, the one through whom all things were created and reconciled. This is the foundation for his later statement that “in Christ all the fullness of God dwells.” We need this high view of Jesus to resist lesser substitutes. Knowing who Christ truly is keeps us from chasing what is shallow. The more we grasp Christ’s sufficiency, the more we can live in gratitude and peace.

- How does seeing the greatness of Christ reshape your confidence and priorities?
- Prayer: Glorious Christ, open my eyes to your fullness. Help me trust in your sufficiency and live with a heart anchored in who you are. Amen.

Thursday, July 31 — Ephesians 4:11–16

Paul speaks of the church being built up in Christ, growing into maturity, “no longer tossed to and fro by every wind of doctrine.” False teaching isn’t always obvious. It often looks wise or spiritual—but it pulls us away from Christ. That’s why spiritual maturity isn’t just about knowledge, but about deepening our connection to Jesus. When we are grounded in him, we can speak truth in love, serve with humility, and grow together in unity.

- Where do you sense God calling you to grow in spiritual maturity?
- Prayer: God of wisdom, keep me from being swayed by every voice. Ground me in your truth. Grow your Church in love, unity, and faithfulness to Christ. Amen.

Friday, August 1 — Romans 6:1–11

Paul describes what it means to be united with Christ in his death and resurrection. Just as Christ died to sin and lives to God, so too we are called to consider ourselves “dead to sin and alive to God in Christ Jesus.” This is more than a metaphor—it’s an invitation to live a new identity. The old self is gone. A new life has begun. Our confidence comes not from trying harder, but from believing what God has already done in Christ.

- What does it mean for you today to live “alive to God” in Christ?
- Prayer: God of Resurrection, thank you for the new life I have in Christ. Let me walk as someone set free—not by effort, but by your grace. Amen.

Saturday, August 2 — Colossians 2:6–15

Today’s reading echoes Sunday’s message: we have received Christ—now we are called to walk in him, rooted, built up, and overflowing with gratitude. Paul reminds us that in Christ, we are already full. The debt of sin is canceled. The power of evil is broken. The gospel is not something we graduate from—it is what we live in every day. This passage invites us to stay grounded in the good news and trust in Christ’s victory, especially when life feels uncertain.

- How might you live differently today knowing Christ is enough?
- Prayer: Jesus, thank you that you are enough. Root me deeply in your love. Let me live with gratitude, courage, and faith in your finished work. Amen.

Today at Trinity

The **Nursery** is staffed during both our Sunday worship services for children 3 years old and under. Our nursery is located in the Fellowship Building; simply speak to an usher and they will provide assistance.

Children's Worship (ages 4 - 6th grade) meets during the 10:30 service following the Children's Message.

This Week

Wednesday, 9 a.m.: Prayer Group

A dedicated community that meets via Zoom to lift up the needs of our church family, community and world. If you'd like to know more or to participate, please speak to one of our pastors or call the office, 703-356-3312.

Coming Up

August 3: Martha's Table

Following both worship services on **Aug. 3**, we will make bags of trail mix for weekday distribution by Martha's Table in Washington, D.C. The snack bag assembly line is fun and makes a difference in the lives of hundreds of people in our community. All supplies provided. See you in the Fellowship Lobby after worship.

August 6: Youth Group*

Youth, grades 7 - 12, meet at Lazy Mike's for Ice Cream Socials from 7 - 8 p.m.

August 8: StringTime Concert

You're invited to the StringTime student/faculty violin, viola, and cello camp end-of-week concert in Trinity's Sanctuary from 5 - 6 p.m. Students will play original pieces by StringTime Resident Composer Daniel DiMarino (a composer for the Duolingo music app) and teachers will perform short snippets of famous pieces by your favorite classical composers. Children are encouraged to attend!



August 12: Youth Group*

All day trip to **Kings Dominion**. Please RSVP with Catherine at umtrinityyouth@gmail.com

August 15: Spire newsletter Deadline

August 16: Christ House Meal Mission

August 17: Backpack/Back to School Blessing

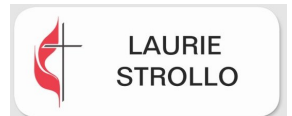
* All Youth in grades 7-12, including recent graduates are welcome at Youth events. Friends are always welcome! Questions? Reach out to Catherine at umtrinityyouth@gmail.com

Our Prayer List

Adam, Amy, Alicia, Arla, Barb & JR, Barbara & Jerry, Bella, Bill & Maddie, Brett, Bud & Linda, Carol & Rich, Carolina, Christie & Luke, Claudia, Darlene & Steve, Dave, Davey, David, David & Carol, Elizabeth, Grace, Gregg, Jane, Jewel, Joan, Joanna, Judy, Ladye, Lalitha, Lon, Lorraine, Lorene, Maines family, Marcienne, Margie, Marie & Joe, Marilyn, Maryann, Merlin, Mickey & Ruth, Naty, Peg & Dick, Ramon, Russ, Sheila, Shepard family, Smith family, Summers family, Suzanne, Teresa & Norman, Tom, Winie & Joseph, Woody, Yancey, and Zerkow family, and prayer life for Trinity congregation, those who are traveling, people losing jobs, employment seekers, the children and staff at Heart to Heart Worldwide Village in Honduras, The Leadership Center, our nation's leadership and unity, soldiers abroad and at home, peace on earth, an end to antisemitism and Islamophobia, those affected by natural disasters, communities impacted by the Texas flooding, those trying to make a better future for our nation, government employees, immigrants, orphans in Ethiopia, victims of abuse and hostages throughout the world.

To Know and Be Known

In the hope of making it easier to meet and get to know one another, we are making nametags available to all who are willing will wear them! If you need a name tag, please email your first and last name (and those of any family member who attends) to hlatata@umtrinity.org



Name tags will look similar to the one above, and be printed on durable plastic with magnetic backing. (If you prefer the pinback style, you may indicate that in your email.) For any who would like to contribute to the cost of their name tags, they are \$6 each.

Keeping Our Young Ones Safe

In order to ensure the safety of children in our Nursery, during the 10:30 service the exterior doors to our Fellowship Building will now be secured. Parents/caregivers needing to pick up their child prior to the conclusion of worship may speak to an usher in the back, or signal an attendant from an exterior nursery window to obtain access.

About Our Ministries

Children's Worship Folders

Folders are available during worship services and are categorized by age and reading ability. Please return your folder to the used bin so it can be replenished.

Fellowship

Each week individuals, families or ministry groups host our Fellowship refreshments. Please consider signing up for either the 8:30 or 10:30 service Fellowship time. Scan the QR code at the right to sign-up.

Trinity Preschool of McLean

At Trinity Preschool of McLean, skills and content are integrated through imaginative play activities and hands-on learning stations. The daily schedule includes a circle/story time, art, sensory play, active play, snack and lunch, and lots of time for exploration. Children attend a weekly Music class, and Chapel Time led by our Pastors.

A ministry of TUMC, Trinity Preschool of McLean is very popular in our community! Call the school office, 703-790-2767, to inquire about space in one of our programs. For more information visit umtrinity.org/preschool

Ushers Needed

Ushers are needed each Sunday to greet people, answer questions and hand out bulletins. We need two people each Sunday. Use the QR code below to volunteer.

July Collection School Supplies for Grace Ministries

- Backpacks
- No. 2 pencils
- Erasers
- Wide-ruled notebooks
- Glue sticks
- Rulers
- Blunt-tipped scissors
- Washable markers
- Plastic folders
- Pencil sharpeners
- Assorted construction paper



GRACE Ministries of the United Methodist Church (graceministriesumc.org) is a faith-based community outreach program serving over 1,000 low-income families each month in Northern Virginia. GRACE provides emergency food, clothing, household items, diapers and healthcare information and screenings at seven local United Methodist Churches.

Quick Links

Scan this QR code with your phone's camera and click the link for quick access to forms. Or, visit: umtrinity.org/about-us/quick-links
This page currently includes:

- > Worship attendance
- > Children and Youth registration
- > Christ House wish list
- > Fellowship hosts
- > Ushers



Trinity Church Staff

Dave Rochford
Taehwan Roh
Harriet Latta
Jose Nuñez
Jerry Rich
Angi Oxendine
Catherine Wethington
Laurie Strollo

Lead Pastor
Associate Pastor
Office Manager
Facilities Manager
Director of Music
Preschool Director
Director of Youth Ministry
Director of Children's Ministry

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lstrollo@umtrinity.org

Summer Office Hours: Monday – Thursday 9 a.m. - 3 p.m.
Friday 9 a.m. - 12 p.m.

Worship is livestreamed on Sundays from our Chapel at 8:30 a.m. and from our Sanctuary at 10:30 a.m. on YouTube: youtube.com/UMTrinity. If you're not receiving our Friday weekly events e-mail, please send us your address at info@umtrinity.org