



Trinity United Methodist Church

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October 24, 2021

on Facebook & YouTube

Welcome and Connection

Eileen Gilmer

Please visit <http://umtrinity.org/attendance> to register your attendance today.

Prelude

Be Thou My Vision (Courtney)

Ensemble

Opening Prayer

Gilmer

As we gather to worship this day, open our eyes to appreciate your majesty. Open our hearts to feel your presence. Open our minds to understand your life-changing power and grace. **Amen.**

Gathering Hymn

O Worship the King

p. 2, Emily Casey

Scripture

Luke 10:38-42

Gilmer

Now as they went on their way, he entered a certain village, where a woman named Martha welcomed him into her home. She had a sister named Mary, who sat at the Lord's feet and listened to what he was saying. But Martha was distracted by her many tasks; so she came to him and asked, "Lord, do you not care that my sister has left me to do all the work by myself? Tell her then to help me." But the Lord answered her, "Martha, Martha, you are worried and distracted by many things; there is need of only one thing. Mary has chosen the better part, which will not be taken away from her."

Message

Simple Time

Neil Hough

Prayers of the People and Lord's Prayer

Hough

Offering

This morning's offering will be received at <http://umtrinity.org/give> and through our app.
On the website, scroll down and click on SET UP ONLINE GIVING.

Hough

Announcements

Gilmer

Closing Hymn

Take Time to Be Holy

p. 3, Casey

Benediction

Hough

Go now in peace to serve with great joy. Bring the love of God with you so that the light which has brightened your life may shine for others. **Amen.**

Closing Music

Gavotte in G Minor (Bach)

Jerry Rich

O Worship the King

73

1. O wor - ship the King, all - glo - rious a - bove,
 2. O tell of God's might, O sing of God's grace,
 3. The earth with its store of won - ders un - told,
 4. Thy boun - ti - ful care, what tongue can re - cite?
 5. Frail chil - dren of dust, and fee - ble as frail,

O grate - ful - ly sing God's power and God's love;
 whose robe is the light, whose can - o - py space,
 Al - might - y, thy power hath found - ed of old;
 It breathes in the air, it shines in the light;
 in thee do we trust, nor find thee to fail;

our Shield and De - fend - er, the An - cient of Days,
 whose char - iots of wrath the deep thun - der - clouds form,
 hath stab - lished it fast by a change - less de - cree,
 it streams from the hills, it de - scends to the plain,
 thy mer - cies how ten - der, how firm to the end,

pa - vil - ioned in splen - dor, and gird - ed with praise.
 and dark is God's path on the wings of the storm.
 and round it hath cast, like a man - tle, the sea.
 and sweet - ly dis - tills in the dew and the rain.
 our Mak - er, De - fend - er, Re - deem - er, and Friend.

WORDS: Robert Grant, 1833 (Ps. 104)

MUSIC: Attr. to Johann Michael Haydn; arr. by William Gardiner, 1815

LYONS
10 10.11 11

Take Time to Be Holy

1. Take time to be ho - ly, speak oft with thy Lord;
 2. Take time to be ho - ly, the world rush - es on;
 3. Take time to be ho - ly, let him be thy guide,
 4. Take time to be ho - ly, be calm in thy soul,

a - bid in him al - ways, and feed on his word.
 spend much time in se - cret with Je - sus a - lone.
 and run not be - fore him, what - ev - er be - tide.
 each thought and each mo - tive be - neath his con - trol.

Make friends of God's chil - dren, help those who are weak,
 By look - ing to Je - sus, like him thou shalt be;
 In joy or in sor - row, still fol - low the Lord,
 Thus led by his spir - it to foun - tains of love,

for - get - ting in noth - ing his bless - ing to seek.
 thy friends in thy con - duct his like - ness shall see.
 and, look - ing to Je - sus, still trust in his word.
 thou soon shalt be fit - ted for ser - vice a - bove.

WORDS: William D. Longstaff, ca. 1882 (1 Pet. 1:16)
 MUSIC: George C. Stebbins, 1890

HOLINESS
 65.65 D

Grow — Pray — Study

Things I'd like to remember from today's message:

Monday, October 25 — Psalm 1:1-6

Psalms 1 and 2 serve as an introduction to the Psalter (the collection of psalms). The first Psalm uses the image of trees planted by streams of water to illustrate God's desire for our lives. We are strong and healthy when we are grounded and fed by our relationship to God through worship, prayer, Bible reading and study, financial stewardship, service to others, and other spiritual disciplines. The psalmist insists that our lives prosper and bear fruit only when they are built upon the firm foundation of a relationship with God.

- How does your relationship with God keep you grounded in the midst of your busy life? Which of the spiritual disciplines are most meaningful to you? Which spiritual disciplines serve as the foundation for your relationship with God?
- Prayer: *Nurturing God, teach me to pray. Teach me to meditate on your word. Teach me to give and serve. Teach me the spiritual disciplines that will ground my life in you. Amen.*

Tuesday, October 26 — Ecclesiastes 3:1-18

The third chapter of Ecclesiastes begins with a beautiful reminder that life has many seasons. We know from experience the ways that our lives change as we move through the various seasons and stages of life. Though we may see God, the world, and ourselves differently in each of the seasons, we know that God's faithfulness does not waver and that we can place our trust in God's love and God's grace, no matter what we experience in any season of our lives.

- How would you describe the current season of your life? How is the current season of your life different from the one before? How has your relationship with God changed as you have moved through the seasons of your life?
- Prayer: *Almighty God, grant me the wisdom to see myself clearly and to understand your will for my life more fully. Deepen my relationship with you in this season of my life. Amen.*

Wednesday, October 27 — Luke 10:28-42

Luke's account of Jesus' visit to the home of Martha and Mary tells a story that transcends its time and place. We can all appreciate Martha's desire to be a good host and her frustration with Mary. We can also appreciate Mary's desire to sit at Jesus' feet to listen and learn. Jesus' response to Martha can frustrate anyone who relates to Martha. But his point is unmistakable: faithful discipleship requires us to make decisions about what's most important at any one moment in time.

- Where do you find yourself in the story of Martha and Mary? To which of the sisters do you best relate? How might you apply Jesus' words to Martha to your own life? What is the most important thing you need to do today?
- Prayer: *Loving God, forgive me for getting my priorities out of order. Forgive me for missing out on opportunities to spend time with you. Help me learn and grow. Amen.*

Thursday, October 28 — Matthew 6:25-34

Jesus' words to Martha in Luke 10:41-42 closely parallel his general teaching about discipleship in Matthew 6. Clearly, Jesus insists that worry hinders our ability to be faithful disciples and experience the abundant life that God offers us. Worry distracts us and prevents us from using our gifts and abilities to serve God's purposes in the world. Worry and its close friend anxiety are symptoms of a low level of trust in God. The treatment is a renewed commitment to our relationship with God, which is nurtured through commitment to spiritual disciplines?

- In what ways do you experience the effect of worry and anxiety in your life? What level of worry and anxiety are you experiencing right now? What can you do today to increase your trust in God and lower your worry and anxiety?
- Prayer: *Eternal God, remind me once again that your power is sufficient and that you will always keep your promises. Grant me the ability to trust more and worry less. Amen.*

Friday, October 29 — John 15:1-11

In John's account of his final discourse, Jesus uses the metaphor of a vine and branches to describe the preferred relationship between Jesus and his disciples. He says that we, the healthy branches, will bear fruit as the result of our relationship with God and will abide in God's love. He also says that our joy will be complete. Joy is the end result of a life that is firmly rooted and grounded in a relationship with God. This is good news!

- How would you describe your relationship with Jesus? Are you bound together in love like a branch is connected to a vine? How does your relationship with God affect the amount of joy in your life?
- Prayer: *God of Love, today I renew my commitment to abide in your love and stay connected to you through Jesus. Make my joy complete, today and always. Amen.*

Saturday, October 30 — 1 Corinthians 12:(1-11)12-27

When Paul teaches the Corinthians that the church is like a human body, he is addressing the ongoing conflict within the church (see 1 Corinthians 1:10-17). He makes two critical points. First, every member of the body is essential, and the body of Christ is not whole and effective unless every member is deploying their gifts. Second, by describing the church as the body of Christ he is insisting that the purpose of the church is to continue the ministry of Jesus in the world. In other words, God's gifts (including time, talent, and treasure) are to be used for God's purposes, not our own.

- In what ways does the church continue the ministry of Jesus in the world today? How are God's purposes being accomplished by the body of Christ? How are the gifts that God has given you helping to accomplish God's purposes in the world?
- Prayer: *Faithful God, continue to pour out your Spirit in the life of the church. Bless us with gifts, so that we will be the body of Christ and be a blessing to the world around us. Amen.*



Online Worship



On Facebook: facebook.com/TrinityUMCMcLean
Sundays, 8:30 & 10:30 a.m.

On Youtube: youtube.com/UMTrinity
Sundays, 8:30 a.m.

Indoor Worship

Sundays, 8:30 & 10:30 a.m.

Pre-register at umtrinity.org/health

Masks are required for those who are not fully vaccinated; strongly recommended for those who are fully vaccinated.

The Nursery will be staffed and available during both Sunday worship services beginning Sept. 12 for children 3 years old and under. Those who are 2 years old and older are required to wear a mask according to [CDC guidelines](https://www.cdc.gov/covid/childcare/).

All Saints Sunday November 7

It's the day that Christians around the world remember and honor the lives of loved ones who have died in the past 12 months. At Trinity, we're going to celebrate All Saints by reading the names of Trinity members who have died in the past year (since November 1, 2020). We're also going to read the names of family and friends who have died in that same period of time. **If you would like for us to read the name of someone important to you on November 7, please send their full name to info@umtrinity.org no later than Tuesday, November 2.** Please note that our list needs to be limited to the past 12 months.

Pastor's Bible Study

The Books of Acts

Tuesdays at 10:30 a.m.

Wednesdays at 7 p.m.

On Zoom

Begins Nov. 2 & 3

Join Pastor Eileen Gilmer for a four-week overview of the book of Acts. Week 1 will be held on Tuesday, November 2 and Wednesday, November 3. If you'd like more information, please contact Pastor Eileen, egilmer@umtrinity.org. No previous Bible study experience necessary.



This Week on Zoom

Password 1205

Engage Bible Study

Monday at 7 p.m. Contact Jim Wilson for log in link.
jaswilson@sloft.com

Prayer Group

Wednesday at 10 a.m. Meeting ID: 875 6105 5580

Pastor's Bible Study

On break until Nov. 2

Tuesday at 10:30 a.m. Meeting ID: 894 8087 9762

Wednesday at 7 p.m.: Meeting ID: 886 5257 6837

Our Prayer List

Al, Alan, Alex & Sarah, Andrea, Ann, Ann & Jay, Annaliza, Ashton, Barb & JR, Barbara & Barry, Bea, Beem family, Bennett, Betsy & Dave, Betty, Bill & Maddie, Bill, Brackley & Gail, Brandon, Bud, Buddy & Anna, Burt, Calvin, Carey, Carol & Rich, Carolyn, Cathryn, Cathy, Charlie & Judy, Connie, Crystal, Darlene & Steve, Dave & Carol, Debbie, Denis, Dick, Elaine, Elizabeth & Jose, Emily, Erica & Roberto, Fran & Tom, Gary & Lindie, Geoff, Harriet, Henry, Hill family, Isabel, Isobel, Jane, Janice, Jasell, Jean, Jeremy, Jill & George, Jim & Sue, Jimmie, Joe & Marie, Adrienne, Kathleen, Kathy, Kay & John, Kayla, Kelly, Lara, Laurel, Leah, Lewis family, Linda, Linda & Richard, Lisa, Liz & David, Luana, Marciene, Marlis, Meredith & Kyle, Milligan family, Miso, Naty, Nikolai, Pauline & Merlin, Peg & Dick, Powell family, Rachel, Ricky, Roberts family, Rosie, Sandy, Scott, Shelby, Shirley, Sihoo, Sophie, Spencer, Sue, Suzanne, Tom, Vicki, Vinnie & Sandy, Whitfield family and Yancey, students, our children's ministry, healthcare and emergency workers, hospital chaplains, those who mourn, the homeless and those who face eviction, the unemployed, healing for our country, those who have or have had COVID-19, those distributing vaccines, COVID vaccines for children, solution for delta variant, those who serve our country, racial reconciliation in our country, those affected by natural disasters and political turmoil around the world, especially in Louisiana, Haiti and Afghanistan, Afghan & Haitian refugees & missionaries, Gold Star families, those displaced by fires and floods, and schools dealing with COVID outbreaks.

Send us your prayer requests: Visit umtrinity.org and look for Prayer Requests under Worship.

Highlights from E-News

You'll find more information in Friday's E-News. If you're not receiving our weekly e-mail, please send the address where you want to receive it to info@umtrinity.org

Book Chat: Nov. 9

Our monthly Book Chat meetings on Zoom are going well! We plan to continue with virtual meetings and occasional (safe) in-person social events. On Tuesday, November 9, at 6:30 p.m., we'll meet to discuss *Mink River*, by Brian Doyle, about a fictional town on the Oregon coast that is brought to life through the jumbled lives and braided stories of its people. Then we'll take a break for the holidays! We'll resume on Tuesday, January 11, with *Uncommon Type: Some Stories*, by Tom Hanks. Please contact Kathy Maher (Kathyns@gmail.com) to be added to the Book Chat list and receive the Zoom link for the meeting.

Children's Ministries

Children's Worship Folders are available during Sunday morning worship services and are categorized by age and reading ability. Please remember to return your folder to the used bin so it can be replenished for next week.

Children's Worship for ages 4 - 4th grade meets during the 10:30 service following the Children's Message.

Club 56 for grades 5 & 6 meets during the 10:30 service following the Children's Message.

Christ House Closet

Christ House is a medical facility for homeless men in Washington, D.C. All newly admitted patients are provided with comfortable, clean clothing. The current needs list can be found in E-News. Donations can be left in the bins placed outside the Fellowship Building: Tuesday - Thursday, 7:30 a.m. - 1 p.m.

Grocery Gift Cards

Last month, we distributed over \$800 in gift cards to over 40 families. The people we help are always very appreciative. Cards can be put in the offering plate.

This Week at Trinity on TV

Our sermons air on Fairfax Public Access Channel 36 (on Cox and Verizon). Listed below are the 30-minute time slots for *This Week at Trinity* airing on Channel 36:

Every Wednesday at 5 p.m.

Every Friday at 7:30 p.m.

Every Sunday at 7 a.m.

Youth Group (Grades 7-12)

Sundays 5-6:30 p.m.

Weekly in-person meetings

Youth meet every Sunday for a time of fellowship, food, and fun!

Confirmation classes will be held Jan. 9—May 15 on Sundays, 4 - 5p.m. Pastor Anne Hough will serve as this year's lead teacher.

For more information about our Youth Group or to volunteer as Confirmation mentor, please contact Karim Boyce (umtrinityyouth@gmail.com).

For more youth activities, including service opportunities, please visit umtrinity.org/education/youth.



Scan QR code
for Children & Youth
Registration

Trinity Church Staff

Neil Hough
Eileen Gilmer
Harriet Latta
Jose Nuñez
Jerry Rich
Emily Yosmanovich
Karim Boyce
Laurie Strollo
Michelle Zenk

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Associate Pastor
Office Manager
Sexton
Director of Music
Preschool Director
Youth Director
Director of Children's Ministry
Dir. of Children's & Youth Choirs

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Office Hours
Monday – Thursday 9 a.m. - 3 p.m.