

Trinity United Methodist Church



*The Miracle of the Five Loaves and Two Fish, Lucas Cranach the Elder
Oil on wood, German, circa 1525*

Give us this day our daily bread.

Matthew 6:11

1205 Dolley Madison Blvd. | McLean, VA 22101
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September 27, 2026

8:30 & 10:30 a.m.



Welcome to Trinity Church! We are grateful you are here. We'd appreciate it if you would complete the registration pad and pass it down. For those worshipping in the Chapel today, please complete an attendance card. Remember to record each family member present today.

Please join us in our Fellowship Lobby following each service for delicious food and a chance for us to get to know one another!

PRELUDE

Our Father (Telemann)

Jerry Rich

WELCOME

* CALL TO WORSHIP

from Psalm 145:15-18

The eyes of all look to you, O God,
and you give them their food in due season.

**You open your hand
and satisfy the desire of every living thing.**

The Lord is righteous in all his ways,
and kind in all his works.

**The Lord is near to all who call on him,
to all who call on him in truth.**

Come, let us lift our hearts to the God who is near.

Let us worship God with joy and thanksgiving!

* GATHERING HYMN

Come, Christians, Join to Sing

UMH 158

**Come, Christians, join to sing:
Alleluia! Amen!
loud praise to Christ our King:
Alleluia! Amen!
Let all, with heart and voice,
before his throne rejoice;
praise is his gracious choice.
Alleluia! Amen!**

**Come, lift your hearts on high:
Alleluia! Amen!
Let praises fill the sky:
Alleluia! Amen!
He is our guide and friend;
to us he'll condescend;
his love shall never end:
Alleluia! Amen!**

**Praise yet the Lord again:
Alleluia! Amen!
Life shall not end the strain:
Alleluia! Amen!
On heaven's blissful shore
his goodness we'll adore,
singing forevermore:
Alleluia! Amen!**

A PRAYER OF CONFESSION

Gracious God, you know our hopes, our worries,
and all that we carry with us today.

**We confess that it is not always easy to trust,
especially when tomorrow feels uncertain.**

You surround us with gifts of grace,
yet we do not always recognize what is already before us.

**Help us to receive each day with gratitude,
and to see one another with compassion.**

When we are afraid there will not be enough,
remind us that we do not walk through life alone.

**Renew our trust, open our hearts,
and teach us to live in your grace. Amen.**

READING OF THE EPISTLES

2 Corinthians 8:9-15

Dave Rochford

For you know the generous act of our Lord Jesus Christ, that though he was rich, yet for your sakes he became poor, so that by his poverty you might become rich. And in this matter I am giving my advice: it is appropriate for you who began last year not only to do something but even to desire to do something— now finish doing it, so that your eagerness may be matched by completing it according to your means. For if the eagerness is there, the gift is acceptable according to what one has—not according to what one does not have. I do not mean that there should be relief for others and pressure on you, but it is a question of a fair balance between your present abundance and their need, so that their abundance may be for your need, in order that there may be a fair balance. As it is written, "The one who had much did not have too much, and the one who had little did not have too little."

This is the Word of God, for us, the People of God. **Thanks be to God.**

ANTHEM

Fairest Lord Jesus (trad.)
God and God Alone (McHugh-Fettke)

Philip Keirstead (8:30)
 Chancel Choir (10:30)

READING OF THE GOSPEL

Mark 6:34-44

Howard Chatham (8:30)
 Alet Whittington (10:30)

As Jesus went ashore, he saw a great crowd; and he had compassion for them, because they were like sheep without a shepherd; and he began to teach them many things. When it grew late, his disciples came to him and said, "This is a deserted place, and the hour is now very late; send them away so that they may go into the surrounding country and villages and buy something for themselves to eat." But he answered them, "You give them something to eat." They said to him, "Are we to go and buy two hundred denarii worth of bread, and give it to them to eat?" And he said to them, "How many loaves have you? Go and see." When they had found out, they said, "Five, and two fish." Then he ordered them to get all the people to sit down in groups on the green grass. So they sat down in groups of hundreds and of fifties. Taking the five loaves and the two fish, he looked up to heaven, and blessed and broke the loaves, and gave them to his disciples to set before the people; and he divided the two fish among them all. And all ate and were filled; and they took up twelve baskets full of broken pieces and of the fish. Those who had eaten the loaves numbered five thousand men.

This is the Word of God, for us, the People of God. **Thanks be to God.**

MESSAGE

Enough for Today, Enough for Us

Taehwan Roh

PRAYERS OF THE PEOPLE

Our prayer will conclude with:

**Our Father who art in heaven, hallowed be thy name.
 Thy kingdom come, thy will be done, on earth as it is in heaven.
 Give us this day our daily bread, and forgive us our trespasses
 as we forgive those who trespass against us.
 And lead us not into temptation, but deliver us from evil,
 for thine is the kingdom, and the power and the glory forever. Amen.**

COMMUNION (8:30)

OFFERING *Our offering is received as we pass the plates, but you may also give online at
<http://umtrinity.org/give> or through our app.*

Doxology

UMH 94

**Praise God, from whom all blessings flow;
 Praise God all creatures here below:
 Alleluia! Alleluia!
 Praise God, the source of all our gifts!
 Praise Jesus Christ, whose power up lifts!
 Praise the Spirit, Holy Spirit!
 Alleluia! Alleluia! Alleluia!**

Prayer of Thanksgiving

* CLOSING HYMN

For the Bread Which You Have Broken

UMH 614

**For the bread which you have broken,
for the wine which you have poured,
for the words which you have spoken,
now we give you thanks, O Lord.**

**With our sainted ones in glory
seated at the heavenly board,
may the church that's waiting for you
keep love's tie unbroken, Lord.**

**By this pledge that you do love us,
by your gift of peace restored,
by your call to heaven above us,
hallow all our lives, O Lord.**

**In your service, Lord, defend us,
in our hearts keep watch and ward;
in the world where you have sent us,
let your kingdom come, O Lord.**

* BENEDICTION

* POSTLUDE

Finale from Symphony 1 (Boyce)

Jerry Rich

**congregation invited to stand*

A First-Person View of Life-Transforming Ministry: LMI - Honduras

Ever wonder what it would be like to be part of an international mission team? Well, we are pleased to announce Trinity's 2027 Spring Mission Trip to The Leadership Center in Comayagua, Honduras!

We will depart February 24 and return March 3, enabling us to spend six days on campus getting to know students and staff, and learning directly about how LMI is enabling young women in rural Honduras to become vocationally-successful, empowered community leaders.

For any who are curious, come to Wednesday Night Supper on October 7 to see an engaging presentation of the amazing work of LMI - or you can drop in just for the 7:30 p.m. Zoom session with Chris and Dan Moore, our long-time stewards of this mission, that will follow afterward. We'd love to hear from you, so with questions reach out to team leaders Chris (christinecmoore@gmail.com) and Dan (danmoore53@gmail.com) or Pastor Dave (drochford@umtrinity.org).





Grow — Pray — Study

Our weekly devotional is available at <https://bit.ly/TrinityGPS>

Monday, September 28 — Exodus 16:1–18

The Israelites had been freed from slavery in Egypt, but in the wilderness they would face a crisis: their food was running out! When people began to complain, God did not rebuke them, but provided a solution: each morning, the people went out and gathered manna - all they needed.

In the wilderness, Israel learned more than how to find food; they were learning how to trust a God who provides what is needed for each new day. We cannot fully know (let alone shape) tomorrow, but we can receive with gratitude what is given to us today, and trust that God will still be with us in the dawning day.

- Where in your life does worry about tomorrow keep you from noticing what has been provided for you today?
- What has God given you today for which you can be grateful?
- Prayer: Faithful God, help me recognize and give thanks for the grace you have given me today. Instead of being consumed by worry, help me live faithfully today and trust that you will be with me always. Amen.

Tuesday, September 29 — Matthew 6:25–34

Jesus tells those who are worried about what they will eat, drink, and wear to look at how God sustains all the life around them. He invites a conclusion for those who would follow him: daily needs are important, but God already knows that!

For those who veer away from trusting God, it is easy to begin “living tomorrow’s problems in advance.” But even as we shoulder tomorrow’s burdens, Jesus calls us back to the present, so that we can do the work put before us, love the people we encounter, and receive the grace given to us today. Entrusting tomorrow to God does mean failing to plan or prepare. It means recognizing that the future does not rest in our hands alone!

- What has not yet happened, but is already weighing on your heart?
- What worry might you need to release in order to live more faithfully into the life God has opened to you today?
- Prayer: Provident God, keep me from shouldering tomorrow’s burdens. Help me live abundantly the life you have given me today, and give me faith to entrust the future to your hands. Amen.

Wednesday, September 30 — Proverbs 30:7–9

The writer of Proverbs curiously asks that God bestow neither poverty nor riches, but just the food that is needed. He recognizes both the danger of having so much that he forgets to depend on God, and the danger of having so little that he becomes distressed and myopic. So instead of asking for more, he just asks God to give him what he needs.

We often think of scarcity as a threat, but learning to accept “enough” can also be difficult. When our needs are met, we may live as if a little more would make us feel secure. This prayer invites us not to take the measure of what we have, but what we truly need. The value of our lives will never be determined by how much we possess. That is a lie.

- Do you at times find yourself thinking, “If I just had a little more, then I would have enough”?
- What in your life is already enough, but you may have begun to take for granted?
- Prayer: O God who knows all my needs, help me discern what I truly need, rather than being driven by the desire for more. Teach me to live gratefully, as I recognize enough as enough. Amen.

Thursday, October 1 — 2 Corinthians 8:9–15

Paul speaks to the churches in Corinth about helping Christians in Jerusalem who are in need. He does not demand that they fork over more, but points to the grace of Jesus Christ, who gave himself for them. Then Paul invokes the story of manna in the Wilderness: “*The one who had much did not have too much, and the one who had little did not have too little.*” For Paul, God’s provision does not end when one person has enough. The grace we receive from God also opens our eyes to the needs of others within the community. Thus, the Lord’s Prayer does not ask for “my daily bread,” but for “our daily bread.” Hands that have received God’s grace tend to become open hands, ready to share blessings with others.

- Are you provisioned so that you can share more with someone else?
- What keeps you from doing so?
- Prayer: God of grace, keep me from taking what I have received for granted. Give me eyes to notice the needs around me, and help me share with joy the grace you have given me. Amen.

Friday, October 2 — Luke 12:13–21

In Jesus’ parable, a rich man has an abundant harvest and decides to build larger barns to store it all. With lavish resources laid up for years to come, he tells himself that he can finally relax, take it easy and enjoy life. The problem was not that he had a bumper crop, but that he had come to believe that his security rested entirely in his wealth. When he died, he found he was poor indeed.

We also plan and prepare for the future, and that can be part of living wisely. But our squirreling away cannot guarantee our ultimate security - can it? Jesus’ parable asks “*What am I trusting to provide security?*” Possessions can be useful for living, but it is God who holds our lives and our future.

- What do you feel you need to have in place before you will feel secure?
- What would it mean for you to entrust the burden of the future to God?
- Prayer: Giver of life, keep me from placing my deepest trust in what I own or what I have built. Help me live wisely, while remembering my fundamental dependence on you for my next breath. Amen.

Saturday, October 3 — John 6:25–35

The day after Jesus feeds the crowd, they come looking for him again. He tells them that they are searching for him because they ate the bread and were filled, but warns them not to labor just for daily bread. The people remember the manna their ancestors ate in the Wilderness; Jesus reminds them that it is God who gives “the true bread from heaven.” Then he says, “*I am the bread of life.*”

This week, we have reflected on what it means to receive that which we need for today and entrust tomorrow to God, learn what is enough for us, and then share what we have received with others. In the end, what we most need God has given: *Christ himself*. Jesus, beyond all the things we ask for God to provide, is the deepest source of life and hope.

- What do you most often ask after when you seek God?
- What might it mean in your daily walk to pray for Jesus as the bread of life?
- Prayer: Jesus, Bread of heaven, guide me to seek not only the gifts you may give, but you yourself. Help me locate abundant life and hope in you. Amen.

Today at Trinity

Chancel Choir, 10 a.m.

The Chancel Choir meets each Sunday at 10 a.m. to prepare to lead worship at 10:30 a.m. New singers are always welcome! If you'd like to know more about Trinity's music ministry, please contact Jerry Rich, jrich@potomacschool.org.

Children's Worship, 10:40 a.m. (ages 4 - 6th grade)

Meets following the Children's Message in our Fellowship Building (across the Breezeway).

Youth Group, 4:30 p.m. **Not meeting today.**

For grades 7 – 12, each week we meet in the Fellowship Building to nurture lasting friendships while discussing Scripture, faith, life and more. Come join us! Contact Catherine, umtrinityyouth@gmail.com for more.

Iglesia de Diós Worship, 6 p.m.

This Week

Monday, 7 p.m.: Staff-Parish Relations Committee

Tuesday, 10:30 a.m.: Fall Pastors' Bible Study: **Set Free to Live Free!**

Join Pastor Dave on Tuesday, Sept. 29 from **10:30 to 11:45 a.m.**, in the **Church Library** or via **Zoom**, for a study of Paul's Letter to the Galatians. **Questions?** Contact Pastor Dave at drochford@umtrinity.org.

Tuesday, 7 p.m.: Langley Residential Support Services

Wednesday, 9 a.m.: Prayer Group

Join our weekly Zoom Prayer Group as we lift up the needs of our church, community, and world. For details, talk with a pastor or call 703-356-3312.

Wednesday, 6 p.m.: Dinner Program

This week's program will be led by long-time Trinity member Amy Miller. "From the Margin to the Center" - How to become better listeners to and advocates for marginalized groups and others different from ourselves. Provides practical communication skills (active listening) needed to build bridges with those outside the church walls. Our meal this week will be catered by Mookie's BBQ of Falls Church – plus whatever sides or desserts others may bring. (Attendees are invited to bring something to contribute.) Use the QR code on page 8 to sign up!

Wednesday, 6:30 p.m. Children's Choir

New singers are welcome to join the Children's Choir. Children in **grades 1–6** will rehearse from **6:30–7:10** in the choir room, followed by supervised playground time. Families interested in participating may contact Adelaide at adeloving11@gmail.com. Children outside the age range may be considered. All are welcome!

Saturday, 6 p.m.: Iglesia de Diós

Coming Up

October 4: Martha's Table Snack Packaging

Following both worship services, we will gather in the Fellowship Lobby to make bags of trail mix for weekday distribution by Martha's Table in Washington, D.C. The snack bag assembly line is fun and also makes a difference in the lives of hundreds of people in our community. All supplies provided!

October 4, 2 p.m.: Blessing of the Pets

All are welcome to bring their family pets for a special blessing. Dogs must be on leashes and other pets should be in carriers.



October 12: Office Closed for Federal Holiday

October 13: Book Chat

This month's selection is *The Book Binder* (original title *The Bookbinder of Jericho*) by Pip Williams. Visit the Education webpage for Zoom details for 6:30 p.m. meeting.

October 15: *The Spire* newsletter deadline

October 17: Christ House Meal Ministry in DC

October 17: Share New Beginnings

Trinity has agreed to work together with SHARE of McLean to furnish a new home for an unhoused local family. More details about how your help is needed for this extraordinarily worthy, church-wide undertaking are on page 6 at right.

October 25: Trunk or Treat

BUILDING HOMES. BUILDING HOPE.

Together with SHARE.

We are very much looking forward to working with our ministry-partner SHARE of McLean to make a home for an unhoused family, as part of the New Beginnings project! As the faith community partner that worked with SHARE to launch New Beginnings, we now make this a semi-annual mission, given that it meets a huge need in our community – in which family incomes often do not meet the steep cost of getting into rental housing.



We will come together as a church on
Saturday, October 17 *(a date that will be here soon!)*
and we will need your help in welcoming this family
into a safe, new home of their own. Please consider
assisting in any of these ways:



Donating/purchasing selected items from the wish list
(watch for the list of items to be shared soon)



Loading furnishings into the truck the day before (10/16)



Being part of the team that sets up and decorates the new home!



Helping provide lunch for our move team here back at TUMC

SIGN UP

Wish list and volunteer sign up can
be found by scanning the QR code on
page 7.



If any questions, please speak with
Cindy Oh, cohva7762@gmail.com
Lisa Russell, russ5bunch@gmail.com
Pastors Dave or Taehwan, or Church
Admin Harriet Latta.



Thank you for being a part of our
SHARE New Beginnings partnership!



About Our Ministries

Nursery

The **Nursery** is staffed during both our Sunday worship services for children 3 years old and under. Our nursery is located in the Fellowship Building; simply speak to an usher and they will provide assistance.

Children's Worship Folders

Folders are available during worship services and are categorized by age and reading ability. Please return your folder to the "used bin" so it can be replenished.

Fellowship: Getting Connected

You are invited to meet friends and neighbors after each of our worship services! Join us in the Fellowship Lobby across the breezeway. Each week individuals, families or ministry teams host our refreshments. Please consider signing up for the 8:30 service's Fellowship time. Scan the QR code under Quick Links below to sign-up.

Trinity Preschool of McLean

TPoM welcomes all students ages 2-6. Please visit umtrinity.org/preschool to learn more about this vibrant ministry or to schedule a tour for your child.

Ushers Needed

Ushers are needed each Sunday to greet people, answer questions and hand out bulletins. Use the QR code below to volunteer for this essential ministry of hospitality or speak to one of the pastors.

Quick Links

Scan QR code with your phone's camera & click the link. This page currently includes:

- Prayer Requests
- SHARE New Beginnings links
- Wednesday Dinner RSVP
- Book Chat
- Children & Youth ministry registration
- Christ House wish list
- Ushers sign-up



Did You Know?



... that Trinity has several "secret" stained-glass windows? Well, we do. Five of these date to the construction of Langley Hall (1955) and our Sanctuary (1961) – and these midcentury picture-windows can be found by careful searching!

But the window pictured here is not like the others. Tucked away in a storage area of our Fellowship Building, this "rose window" is five feet in diameter, and has features distinctive to the 'Victorian Aesthetic Movement' of the 1890s. That accords with the construction of the one-room church at our previous location along Georgetown Pike. Langley Methodist Church was built in 1893, in what was then a farming community. That sanctuary still stands, and is now home to the Langley Hill Friends ("Quakers") Meeting. But the church bell ... *and the window...* are here.

Fun Fact: young disciples may want to see if they can find the *heart*.

Trinity Church Ministers and Staff

Dave Rochford
Taehwan Roh
Harriet Latta
Jose Nuñez
Jerry Rich
Angi Oxendine
Catherine Wethington
Laurie Strollo
Adelaide Loving

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Associate Pastor
Office Manager
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Director of Music
Preschool Director
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Office Hours: Monday – Friday 9 a.m. - 3 p.m.

Sunday Worship: Chapel at 8:30 a.m.; Sanctuary at 10:30 a.m. streamed on YouTube: youtube.com/UMTrinity.
If you're not yet receiving our weekly Friday e-mail, please send us your address to info@umtrinity.org.