



Trinity United Methodist Church



"Three Crosses on Calvary Hill," watercolor

1205 Dolley Madison Blvd. | McLean, VA 22101
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February 1, 2026

8:30 & 10:30 a.m.



Welcome to Trinity Church! We are grateful you are here. We'd appreciate it if you would complete an attendance card found in the pew rack (or scan the QR code on page 8 with your phone's camera and click the link) to register your attendance today - and do include each family member present.

Prelude

Pastel on "Balm in Gilead" (Callahan)

Jerry Rich

Welcome

* Call to Worship

from Micah 6, Psalm 15, 1 Corinthians 1, Matthew 5

What does the Lord require of us?

**To do justice, love kindness,
and walk humbly with our God.**

With what shall we come before the Lord?

**With speech that is gentle,
and words that build up.**

How shall we live our faith?

**With actions that bring peace,
and works that lift up the lowly.**

Come and worship God in spirit and in truth.

♦ Gathering Hymn

God of Grace and God of Glory

UMH 577

God of grace and God of glory,
on the people pour thy power;
crown thine ancient church's story,
bring her bud to glorious flower.
Grant us wisdom, grant us courage,
for the facing of this hour,
for the facing of this hour.

Lo! the hosts of evil round us
scorn thy Christ, assail his ways!
Fears and doubts too long have bound us;
free our hearts to work and praise.
Grant us wisdom, grant us courage,
for the living of these days,
for the living of these days.

Cure thy children's warring madness,
bend our pride to thy control;
shame our wanton, selfish gladness,
rich in things and poor in soul.
Grant us wisdom, grant us courage,
lest we miss thy kingdom's goal,
lest we miss thy kingdom's goal.

Save us from weak resignation
to the evils we deplore;
let the search for thy salvation
be our glory evermore.
Grant us wisdom, grant us courage,
serving thee whom we adore,
serving thee whom we adore.

Prayer of Confession

Gracious God,
we confess that we often measure our lives
by what seems strong, successful, and secure,
rather than by the way you have shown us in Christ.

**Forgive us, O God,
and turn our hearts again toward your way.**

When our faith remains words we speak
and not lives shaped by love,
when we cling to what is familiar
and resist the work of justice, compassion, and peace,
forgive us, and remake us by your grace.

(A moment of silent prayer.)

Gracious God,
in Jesus Christ you forgive us, renew us,
and call us again to walk in the way of the cross.
Receive our lives, and lead us in your grace. **Amen.**

Anthem (10:30)

Come Share the Love (Harrison)

Youth

Children's Message

Laurie Strollo

Prayers of the People

(Continued on page 2)

Offering

*Our offering is received as we pass the plates, but you may also give online at
<http://umtrinity.org/give> or through our app.*

Offertory

*Gift of Finest Wheat (Kreutz)
Beatitudes (Butler)*

Maggie Rabe (8:30)
Chancel Choir (10:30)

Reading from the Scriptures

1 Corinthians 1:18-25

Amy Miller (8:30)
Adelaide Loving (10:30)

For the message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written, "I will destroy the wisdom of the wise, and the discernment of the discerning I will thwart."

Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength.

This is the Word of God, for us, the People of God. **Thanks be to God.**

Message

The Word of the Cross

Taehwan Roh

THE GREAT THANKSGIVING

The Lord be with you. **And also with you.**

Lift up your hearts. **We lift them up to the Lord.**

Let us give thanks to the Lord our God. **It is right to give our thanks and praise.**

[The minister continues this prayer of thanksgiving, concluding:]

And so, with your people on earth and all the company of heaven
we praise your name and join their unending hymn:

Holy, holy, holy Lord, God of power and might,

heaven and earth are full of your glory. Hosanna in the highest.

Blessed is he who comes in the name of the Lord. Hosanna in the highest.

[The minister continues the prayer, recalling the institution of the Lord's Supper, concluding:]

And so, in remembrance of these your mighty acts in Jesus Christ,
we offer ourselves in praise and thanksgiving

as a holy and living sacrifice, in union with Christ's offering for us,
as we proclaim the mystery of faith.

Christ has died; Christ is risen; Christ will come again.

Pour out your Holy Spirit on us gathered here,
and on these gifts of bread and cup.

Make them be for us the body and blood of Christ,

that we may be for the world the body of Christ, redeemed by his blood.

By your Spirit make us one with Christ,

one with each other, and one in ministry to all the world,

until Christ comes in final victory, and we feast at his heavenly banquet.

Through your Son Jesus Christ, with the Holy Spirit in your holy Church,

all honor and glory is yours, almighty God, now and forever. Amen.

THE LORD'S PRAYER

Our Father who art in heaven, hallowed be thy name.

Thy kingdom come, thy will be done, on earth as it is in heaven.

Give us this day our daily bread, and forgive us our trespasses

as we forgive those who trespass against us.

And lead us not into temptation, but deliver us from evil,

for thine is the kingdom, and the power and the glory forever. Amen.

BREAKING OF THE BREAD

SHARING OF THE BREAD AND CUP

All are invited to come forward to receive bread and juice by means of intinction (the dipping of a piece of bread in the cup). You may then return to your seat by the side aisle. Those who prefer gluten-free elements may obtain them up front. Those who prefer to remain in the pew and receive Communion may do

so, and are asked to signal your desire to do so to an usher.

PRAYER AFTER COMMUNION

**Eternal God, we thank you for the way to abundant life
that you have opened up for us.**

**Grant that we may make our own crossings and passages
as we bear to the world the Good News of your saving Grace,
in the name of Jesus Christ our Lord. Amen.**

* Closing Hymn

Stand Up, Stand Up for Jesus

UMH 514

* Benediction

Stand up, stand up for Jesus,
ye soldiers of the cross;
lift high his royal banner,
it must not suffer loss.
From victory unto victory
his army shall he lead,
till every foe is vanquished,
and Christ is Lord indeed.

Stand up, stand up for Jesus,
the trumpet call obey;
forth to the mighty conflict,
in this his glorious day.
Ye that are brave now serve him
against unnumbered foes;
let courage rise with danger,
and strength to strength oppose.

Stand up, stand up for Jesus,
stand in his strength alone;
the arm of flesh will fail you,
ye dare not trust your own.
Put on the gospel armor,
each piece put on with prayer;
where duty calls or danger,
be never wanting there.

Stand up, stand up for Jesus,
the strife will not be long;
this day the noise of battle,
the next the victor's song.
To those who vanquish evil
a crown of life shall be;
they with the King of Glory
shall reign eternally.

* Postlude

Fanfare in E Minor (Fax)

Jerry Rich

(At the conclusion of our service, you are welcome to depart or to remain seated to enjoy the Postlude.)

* Please stand as you are able.

Our Prayer List

Aaron, Adamson family, Anne, Annie Ruth, Arla, Arnold family, Leth, Barb, Ben, Beth, Bill, Bob, Brett, Bryan, Bud, Carol & Rich, Carolyn, Carrie, Casey, Cathey, Chris, Christie, Christina, Chuck, Cindy, Clare, Claudia, Corbin, Corte family, Crista, Dale, Dane, Daniel, Dara, Darlene, Dave, Davey, David, DeMicco family, Detwiler family, Doug, Douglas, Dudley & Susan, Elaine, Ella, Emmett, Evan, Faga family, Frances, Frank, Gail, Gloria, Grace, Gray family, Gregg, Hanna, Heather & Paul, Holly, Isabel, Jack, Jane, Jason, Jessica, Jewel, Jimmy, Joan, Joe, Joel, John, Karen, Kate & Leo, Kathy, Kristen, Lenore, Linda, Luke, Maggie, Margaret, Margie, Marina, Marguerite, Marie, Martha & Fred, Mary, Mary Frances, Matt, Matthew, Meri, Michael, Myrtle, Nancy, Norman & Teresa, Peg & Dick, Peggy, Peter, Phoenix family, Ples, Rasmussen family, Richard, Robert, Roh family, Ron, Rubina, Russ, Sally, Sam & Alex, Scott & Kathy, Sharon, Sheila, Silva, Staley family, Steve, Sue, Tami, Tina, Tish, Valerie, Vanna, Vasser family, Vicki, Whitney, Willis & Carter, Winie & Joseph, Wade, Wyatt, Yancey, and peace in the Middle East and efforts of those seeking peace, our nation's leadership and unity, people experiencing natural disasters, those without housing, those who are hungry, those trying to do the right thing, peace in our nation.

Grow — Pray — Study

Our weekly devotional is available at <https://bit.ly/TrinityGPS>



Monday, February 2 — Isaiah 55:1–11

Isaiah 55 opens with an invitation to receive life freely, without cost or calculation. God's grace is not offered through exchange or merit, but through generosity. The passage then reminds us that God's thoughts and ways are not the same as ours—not as a rebuke, but as a revelation that God works beyond human expectations.

This text invites us to examine the standards by which we live. We often trust what we can understand or control, yet God calls us to listen for a word that reshapes our assumptions. God's word does not return empty; it accomplishes what God intends and brings forth life.

- Where do you sense tension between God's ways and your own assumptions?
- What area of your life might need to be re-shaped by God's word rather than your own understanding?
- **Prayer:** Generous God, loosen my grip on my own calculations. Help me trust your word to lead me into life beyond what I can control. Amen.

Tuesday, February 3 — Psalm 20

Psalm 20 is a communal prayer offered in a time of uncertainty. While chariots and horses represented the greatest military strength of the ancient world, the psalm declares trust in the name of the Lord instead. True security, the psalm suggests, is not found in visible power but in faithful trust.

In our own lives, "chariots and horses" take many forms—resources, plans, status, or preparation. Psalm 20 gently redirects our focus, asking not what appears strongest, but where our trust truly rests.

- What "chariots and horses" do you find yourself relying on most easily?
- How might trust in God reshape your sense of security today?
- **Prayer:** Faithful God, turn my heart from visible power to lasting trust. Teach me to place my confidence in your presence. Amen.

Wednesday, February 4 — Zechariah 4:1–14

Through a vision, Zechariah reveals how God's work will continue despite limited resources and discouragement. God's promise—"not by might, nor by power, but by my spirit"—does not deny human weakness but reframes it. Divine restoration depends not on human strength, but on God's sustaining presence.

This passage challenges our expectations about how meaningful change happens. God often works through small beginnings and patient faithfulness. What seems insignificant to us may already be the place where God's Spirit is at work.

- Where do you feel discouraged by what seems small or slow in your life?
- How might God be inviting you to trust the Spirit's work beyond what you can see?
- **Prayer:** Spirit of God, open my eyes to your work in quiet places. Help me trust your presence even when progress feels slow. Amen.

Thursday, February 5 — John 1:1–18

John's Gospel begins with proclamation rather than explanation. The Word becomes flesh, entering human life not as an abstract idea but as embodied presence. Light comes into the darkness not through force or argument, but by dwelling among us.

This passage invites us to consider how we seek God. We often look for clarity through ideas or explanations, yet God chooses relationship and presence. The Word is not something we possess; the Word comes to us and lives among us.

- How do you tend to look for God—through explanation, understanding, or lived presence?
- What might it mean to receive the Word as a person rather than a concept?
- **Prayer:** Living Word, dwell among us again. Help me recognize your presence in the ordinary moments of my life. Amen.

Friday, February 6 — Jeremiah 9:23–26

Through Jeremiah, God warns against boasting in wisdom, strength, or wealth. Instead, true confidence is found in knowing the Lord—knowing marked by steadfast love, justice, and righteousness. This knowing is relational rather than intellectual, shaping how one lives rather than what one claims.

What we boast in reveals what we trust. When achievement becomes the measure, our lives are driven by comparison. When knowing God becomes the measure, our lives are shaped by faithfulness.

- What are you most tempted to boast in or rely upon?
- How might your life change if knowing God were your primary standard?
- **Prayer:** God of steadfast love, reorient my pride and my trust. Teach me to value what reflects your heart. Amen.

Saturday, February 7 — Luke 14:7–24

Jesus tells two connected parables at a banquet—one about choosing the lowest place, and another about a feast open to unexpected guests. Together, they reveal the surprising order of God's kingdom. Status and self-promotion give way to humility and invitation.

These parables challenge the standards by which we measure worth and belonging. God's Kingdom is shaped not by competition, but by grace. Choosing the lower place is not defeat; it is participation in God's way of life.

- What standards shape how you evaluate your worth or place among others?
- Where might God be inviting you to live by grace rather than comparison this week?
- **Prayer:** Gracious God, free me from the need to measure myself by status or recognition. Teach me to live within the generous order of your Kingdom. Amen.

Today at Trinity

Chancel Choir, 10 a.m.

The Chancel Choir meets each Sunday at 10 a.m. to prepare to lead worship at 10:30 a.m. New singers are always welcome. If you'd like to know more about Trinity's music ministry, please contact Jerry Rich, jrich@potomacschool.org.

Children's Worship, 10:30 a.m. (ages 4 - 6th grade)

Children's Worship takes place following the Children's Message in our Fellowship Building across the Breezeway.

This Week

Tuesday & Wednesday: Winter Bible Study - see next page for full description. Sessions for **Walking the Land of Abraham** meet weekly on Tuesdays at 10:30 a.m. (Church Library & Zoom) and Wednesdays at 7 p.m. (Zoom) and continue through February 11 / 12.

Wednesday, 9 a.m.: Prayer Group

A dedicated community that meets via Zoom to lift up the needs of our church family, community and world. If you'd like to know more or to participate, please speak to one of our pastors or call the office, 703-356-3312.

Coming Up

February 8: Martha's Table Snack Packaging

Following both worship services, we will gather in the Fellowship Lobby to make bags of trail mix for weekday distribution by Martha's Table in Washington, D.C. The snack bag assembly line is fun and also makes a difference in the lives of hundreds of people in our community. All supplies provided!

February 8: Youth Group, 4:30 p.m.

Youth Group, grades 7-12, meets 4:30 - 6 p.m. in the Fellowship Building.

February 8: Scout Sunday

February 9: Staff Parish Relations Committee Meeting

February 10: Book Chat

Book Chat will meet on Zoom at 6:30 p.m. to discuss *The Lady and the Unicorn* by Tracy Chevalier.

February 15: Spire newsletter deadline

February 17: Shrove Tuesday Pancake Supper

Who doesn't love pancakes or good fellowship? Be with us for a Trinity tradition: our Pancake Supper will be in Langley Hall on **Tuesday, February 17**, from 5 to 7 p.m. Come enjoy a delicious pancake-and-sausage supper, and enjoy the **inaugural performance of our new praise band**, who will play a few songs for our dinner enjoyment! The meal is a suggested donation of \$10 per

person or \$25 per family, with the proceeds going to fund Trinity's worthy mission causes. Moreover, bring donations for the Youth Group's "Share the Love" Food Drive. Your help with set-up, cooking or take-down would be welcome; family suppers are easier when everybody helps out! Contact Elisabeth at ephahn@gmail.com.

February 18: Ash Wednesday Service at 7 p.m.

February 19 - 25: Honduras Mission Trip

Join us as we travel to rural Honduras to serve at The Leadership Center (leadershipmission.org). We will stay and serve alongside 60 young women, attend their classes, work on the organic farm, mentor and just love on these remarkable young leaders. Please reach out to Chris (571-215-2948) or Dan (danmoore53@gmail.com, 703-980-5050) Moore for more information.

February 21: Christ House Meal Mission

Christ House is a place of healing; a residential, medical facility for homeless men located on Columbia Road in the Adams Morgan area of Washington, DC. We prepare lunch on the third Saturday of every month. Contact Connie Jeremiah for more information, 703-307-4635 or dcjeremiah@verizon.net.



See the list of SHARE's most needed items on the next page.

**FOOD ITEMS**

- Canned Fish
 - Salmon
 - Sardines
 - Anchovies
- Healthy Snacks
- Cooking Oil
- Shelf Stable Milk (1 Qt.)
- Spices
 - Salt
 - Pepper
- Condiments
 - Ketchup
 - Mayo
 - Mustard
 - Salad dressing (no glass bottles)

NON-FOOD ITEMS

- Feminine Hygiene (liners, pads, tampons)
- Bar soap
- Pull-ups (4T – 5T)
- Diapers Size 1, 2, 5, and 6
- Baby wipes
- Toilet paper
- Paper towels
- Dish Soap
- Shampoo
- Toothbrushes (individually wrapped)
- Toothpaste (not travel size)
- New socks and new underwear (all sizes needed)

- Please remember:
 - **NO GLASS** jars or bottles
 - **NO OVER-SIZED** cans or bottles
 - **NO OPENED** items
 - **NO EXPIRED** items
- Low or no sodium items preferred
- Share can accept refrigerated and frozen food such as chicken, fresh produce, yogurt, cheese, and eggs but only by prior arrangement (contact: info@shareofmclean.org).

Amazon Wish List

www.shareofmclean.org/amazon-wish-list

Amazon Wish List



About Our Ministries

Nursery

The **Nursery** is staffed during both our Sunday worship services for children 3 years old and under. Our nursery is located in the Fellowship Building; simply speak to an usher and they will provide assistance.

Children's Worship Folders

Folders are available during worship services and are categorized by age and reading ability. Please return your folder to the used bin so it can be replenished.

Fellowship: Getting Connected

You are cordially invited to meet friends and neighbors after each of our worship services. Join us in the Fellowship Lobby to the right of the breezeway. Each week individuals, families or ministry groups host our refreshments. Please consider signing up for either the 8:30 or 10:30 service's Fellowship time. Scan the QR code under Quick Links at the right to sign-up.

Trinity Preschool of McLean

TPoM welcomes all students ages 2-6. Please visit umtrinity.org/preschool to learn more about this vibrant ministry or to schedule a tour for your child.

Ushers Needed

Ushers are needed each Sunday to greet people, answer questions and hand out bulletins. Use the QR code below to volunteer for this essential ministry of hospitality, or speak to one of the pastors.

Trinity Preschool of McLean

Registration for 2026 - 27 is open. Our preschool has classes for toddlers - Pre-Kindergarten.

Summer Camp (ages 2 - 2nd grade):
June 15 - July 24

Info & registration: umtrinity.org/preschool

Schedule a tour: mclean.trinitypreschool@gmail.com



Quick Links

Scan QR code with your phone's camera & click the link.

- > Worship attendance
- > Children & Youth registration
- > Book Chat discussion group
- > Christ House wish list
- > Fellowship Hour hosts
- > Ushers



Winter Bible Study: *Walking the Land of Abraham*

Join us for a journey through the Pentateuch, as we explore the stories of Abraham, Isaac, Joseph, and Moses as well as a close-up look at the lands where these events unfolded. Using Bruce Feiler's *Walking the Bible* video series, supplemented with mementos from Pastor Dave's travels, we'll reflect on how these ancient stories shape our own walk with God.

Sessions meet weekly on Tuesdays at 10:30 a.m. (Church Library & Zoom) and Wednesdays at 7 p.m. (Zoom). We'll begin with Genesis, and continue through February 11 / 12. Whether you've traveled to the Middle East or simply hope to someday, come enjoy this visual and spiritual "walk through the land of Abraham." Bring your Bible and your Bible-walking shoes!

Trinity Church Staff

Dave Rochford
Taehwan Roh
Harriet Latta
Jose Nuñez
Jerry Rich
Angi Oxendine
Catherine Wethington
Laurie Strollo

Lead Pastor
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Director of Music
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Director of Youth Ministry
Director of Children's Ministry

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Office Hours: Monday – Friday 9 a.m. - 3 p.m.

Worship is in-person and livestreamed on Sundays from our Chapel at 8:30 a.m. and from our Sanctuary at 10:30 a.m. on YouTube: youtube.com/UMTrinity. Our 5 p.m. Celtic Service is in-person and streamed on the last Sunday of the month. If you're not yet receiving our Friday weekly events e-mail, please send us your address at info@umtrinity.org