



Trinity United Methodist Church

1205 Dolley Madison Blvd. | McLean, VA 22101

703-356-3312 | umtrinity.org | info@umtrinity.org

March 26, 2023

5th Sunday in Lent

8:30 & 10:30 a.m.

We ask that everyone complete an attendance card found in the pew rack or scan the QR code on page 3 with your phone's camera to register your attendance today.

Prelude	<i>Siciliano in G Minor</i> (Bach)	Jerry Rich
Welcome and Announcements		Clergy
* Call to Worship		Eileen Gilmer
Our lives feel all disjointed as though they were a valley of dry bones. But the Spirit of God will bring connection and continuity to our lives. The Spirit of God breathes hope into each one of us. The Spirit of God challenges us to be people of faith. Open our hearts, Lord, and bring us to your light. Open our lives, Lord, and break us free from doubt and fear. Amen.		
* Gathering Hymn	<i>Guide Me, O Thou Great Jehovah</i>	p. 3 / UMH 127
Children's Message		Laurie Strollo
Prayers of the People		Eileen Gilmer
Offering		Neil Hough
This morning's offering will be received as we pass the offering plates. You may also give online at http://umtrinity.org/give and through our app. On the website, scroll down and click on SET UP ONLINE GIVING.		
Anthem (8:30)	<i>The Lone, Wild Bird</i> (Johnson)	Maggie Rabe
Anthem (10:30)	<i>Take Time to Be Holy</i> (Fettke)	Chancel Choir
Scripture	John 19:24-29	Eileen Gilmer
So they said to one another, 'Let us not tear it, but cast lots for it to see who will get it.' This was to fulfil what the scripture says, 'They divided my clothes among themselves, and for my clothing they cast lots.' And that is what the soldiers did. Meanwhile, standing near the cross of Jesus were his mother, and his mother's sister, Mary the wife of Clopas, and Mary Magdalene. When Jesus saw his mother and the disciple whom he loved standing beside her, he said to his mother, 'Woman, here is your son.' Then he said to the disciple, 'Here is your mother.' And from that hour the disciple took her into his own home. After this, when Jesus knew that all was now finished, he said (in order to fulfil the scripture), 'I am thirsty.' A jar full of sour wine was standing there. So they put a sponge full of the wine on a branch of hyssop and held it to his mouth. '		
Message	<i>"I Thirst"</i>	Neil Hough
Sacrament of Holy Communion (8:30)		Gilmer
* Closing Hymn	<i>The Church's One Foundation</i>	p. 3 / UMH 545
* Benediction		Hough
Closing Music (8:30)	<i>Rondeau</i> (de la Guerre)	Rich

* Please stand as you are able.

Grow — Pray — Study

Things I'd like to remember from today's message:

Monday, March 27 — Psalm 69:19-21, John 19:28-29

This week's Final Word from the Cross is found in John's Gospel. *"When Jesus knew that all was finished, he said, . . . 'I am thirsty'"* (John 19:28). John tells us that this Final Word fulfills the Scripture. Scholars believe the Scripture Jesus fulfills is Psalm 69:21. But in John's Gospel, there is usually a deeper significance to simple situations. The Gospel works on multiple levels of meaning.

- What other meanings do you find in this Final Word of Jesus? Can you think of other Scriptural references to "thirst"? What does it mean to you to be thirsty?
- Prayer: *God of wisdom, open my mind so that I might understand the meaning of Jesus' words. Grant me wisdom, so that I can discern your message for me this week. Amen.*

Tuesday, March 28 — John 18:1-11

One of the themes of John's Gospel is that Jesus is in complete control of his passion and death. (See John 19:11.) When, on the cross, Jesus says, *"I thirst,"* it may be a reference to Jesus' willingness to *"drink the cup that the Father has given [him]"* (John 18:11). One definition of the word "thirst" is "strong or eager desire." On the cross, we hear Jesus "thirsting" to fulfill God's will for his life.

- Jesus "thirsts" to do God's will. Do you? For what do you "thirst"? What strong or eager desire drives your life?
- Prayer: *God of expectations, show me your will for my life. Give me a strong and eager desire to do what you ask of me, and the courage I need to do it. Amen.*

Wednesday, March 29 — Exodus 12:(14-20) 21-28

When John writes (in John 19:29) that they used a branch of hyssop to offer wine to Jesus, he connects Jesus' death with the Passover. When Israelites used hyssop to mark the lintels of their doorposts with the blood of the lamb they were delivered from their slavery in Egypt. Hyssop branches were also used in ceremonial cleansing (see Numbers 19:18, Psalm 51:7). John invites his readers to find meaning in the details of the text. He says that Jesus' death offers freedom from slavery to sin and death and cleansing from the stain of sin.

- Do you "thirst" for God's gift of salvation? Have you accepted God's offer of freedom from the power of sin and death?
- Prayer: *Saving God, I need your forgiveness and saving grace and accept your gift today. Wash me clean today and grant me a fresh start. Amen.*

Thursday, March 30 — John 4:1-15

We know that water is essential for life. So, when Jesus offered her "living water," the Samaritan woman was so eager to find a source of water that she misunderstood Jesus' meaning. She was looking for water for her physical life. Jesus was offering "water" for her eternal life. She needed both. So do we. Many of us are spiritually dehydrated.

- Where do you find living water that nourishes your eternal life? Do you "thirst" for this kind of water? Are you willing to drink from the cup of "living water" that Jesus offers you?
- Prayer: *God of life, forgive me for thinking that I am the source of my own life. Remind me that I need your "living water" to live the abundant and eternal life you offer me. Amen.*

Friday, March 31 — Proverbs 25:21, Matthew 25:37-42

Scripture is clear that God cares about people who are hungry and thirsty and that God's wants His children to care about hungry and thirsty people too. Both Old and New Testaments teach the importance of providing food and drink for the hungry and thirsty in the world. During Lent, many Christians fast as a way of connecting with hungry people and remembering God's commands to love and care for others

- How aware are you of the needs of others? What helps you pay attention to the needs of hungry and thirsty people in your community and in the world? In what ways are you responding? What is one thing you can do today to serve someone in need?
- Prayer: *Loving God, thank you for the gifts you've given me. I know that you have blessed me so that I can be a blessing to others. Show me whom to serve today. Amen.*

Saturday, April 1 — Matthew 5:1-16, Revelation 21:1-7

Jesus teaches us that people who "hunger and thirst for righteousness" (Matthew 5:6) will be blessed and filled. In the holy city, God promises the gift of water, "from the spring of the water of life," to those who are thirsty. (Revelation 21:6) The Scriptures describe a God who is faithful, and who responds to the hungers and thirsts of the world. This is Good News!

- Are you aware of any hunger or thirst in your life? Are you aware of a hunger or thirst for God? For righteousness? Do you believe God's promises that your hunger and thirst will be satisfied? How can you learn to trust God's promises more fully?
- Prayer: *Promise-keeping God, forgive me when my doubts overwhelm me, and I fail to trust you fully. Increase my faith, my hope, and my love for you today. Amen.*

Nursery on Sundays

Masks are optional for everyone who is fully vaccinated. The Nursery is staffed during both Sunday worship services for children 3 years old and under.

This Week on Zoom

Password 1205

Engage Bible Study

Monday at 7 p.m. Contact Jim Wilson for log in link. jaswilson@slofft.com.

Lent Bible Study:

Tuesday at 10:30 a.m. Meeting ID: 894 8087 9762

Tuesdays are hybrid (in-person & on Zoom).

Wednesday at 7 p.m.: Meeting ID: 886 5257 6837

Prayer Group

Wednesday at 10 a.m. Meeting ID: 875 6105 5580

This Week at Trinity on TV

Our sermons air on Fairfax Public Access Channel 36 (on Cox and Verizon) on Wednesdays at 5 p.m., Fridays at 7:30 p.m. and Sundays at 7 a.m.

Our Prayer List

Alan, Alex & Sarah, Amber & Briana, Andrea, Annie Ruth, Ben, Bennett family, Boris, Brooks family, Bruce, Bud, Candice, Catherine, Chatham family, Claudia & Yauwu, Dan & Chris, Daniel, Danny, Dave, Debbie, Debbie & Steve, DeMicco family, Desarae, Detwiler family, Dick, Eliana, Elizabeth, Emily, Evey, Gabrielle, Gaeber family, George, Griggs family, Gwen, Harry, Henrietta, Hunt family, Jackie, Jean, Jeanne, Jenny, Jeffrey, Jessica, Jewell family, Jim, Joan, John, Jon, Karen, Kathy, Laurie, Leonard family, Linda, Lisa & Mike, Lorna, Marcy, Marilyn, Martha & Fred, Meredith, Minou, Quinn family, Rasmussen family, Raquel, Richard, Richard & Anne, Roberto & Erica, Peggy, Podesta family, Prisilla, Shadle family, Spencer & Emily, Strollo family, Sweeney family, Teresa, Tom, Tracy, Vicki, Vinnie, Yancey, Zanarini family, those who mourn, the homeless, racial reconciliation in our country, those affected by the opioid epidemic and those working to end it, those affected by natural disasters, violence and political turmoil, and the people of Turkey and Syria and the aid workers there to help them.

Attendance QR Code: We ask that everyone complete an attendance card found in the pew rack or scan the QR code with your phone's camera to register your attendance today.



Today's hymn texts are provided for those worshipping at home.

Guide Me, O Thou Great Jehovah

1. Guide me, O thou great Jehovah,
pilgrim through this barren land.
I am weak, but thou art mighty;
hold me with thy powerful hand.
Bread of heaven, bread of heaven,
feed me till I want no more;
feed me till I want no more.
2. Open now the crystal fountain,
whence the healing stream doth flow;
let the fire and cloudy pillar
lead me all my journey through.
Strong deliverer, strong deliverer,
be thou still my strength and shield;
be thou still my strength and shield.
3. When I tread the verge of Jordan,
bid my anxious fears subside;
death of death and hell's destruction,
land me safe on Canaan's side.
Songs of praises, songs of praises,
I will ever give to thee;
I will ever give to thee.

The Church's One Foundation

1. The church's one foundation
is Jesus Christ her Lord;
she is his new creation
by water and the Word.
From heaven he came and sought her
to be his holy bride;
with his own blood he bought her,
and for her life he died.
2. Elect from every nation,
yet one o'er all the earth;
her charter of salvation,
one Lord, one faith, one birth;
one holy name she blesses,
partakes one holy food,
and to one hope she presses,
with every grace endued.
3. Though with a scornful wonder
we see her sore oppressed,
by schisms rent asunder,
by heresies distressed,
yet saints their watch are keeping;
their cry goes up, "How long?"
And soon the night of weeping
shall be the morn of song.
4. Mid toil and tribulation,
and tumult of her war,
she waits the consummation
of peace forevermore;
till, with the vision glorious,
her longing eyes are blest,
and the great church victorious
shall be the church at rest.
5. Yet she on earth hath union
with God the Three in One,
and mystic sweet communion
with those whose rest is won.
O happy ones and holy!
Lord, give us grace that we
like them, the meek and lowly,
on high may dwell with thee.

Highlights from E-News

If you're not receiving our Friday e-mail, please send your email address to info@umtrinity.org

Book Chat

Our next meeting is on Tues., **April 11** at 6:30 p.m. on Zoom. New readers are always welcome. More at <https://umtrinity.org/education> or contact Kathy Maher, kathyngs@gmail.com.

Children's Ministries

Easter Egg Hunt on Palm Sunday, April 2. Join us on the lawn following the 10:30 service! Pre-K through K will get the first crack at the eggs, followed by grades 1-3, and 4-6. Our Youth Group friends are invited to assist!



Children's Worship

Folders are available during Sunday morning worship services and are categorized by age and reading ability.

Please remember to return your folder to the used bin so it can be replenished.

Children's Worship (ages 4 - 4th grade) and **Club 56** (grades 5 & 6) meet during the 10:30 service following the Children's Message.

Crafts for a Cause

We meet every other Monday from 7 to 8:30 p.m., in Room 124: March 27. All are welcome. For more information, contact Alesha Luxon at alesha.luxon@gmail.com.

Easter Fellowship

Come early for 10:30, stay late for 8:30. Fellowship with your church family on Easter. Special treats will be served in the Fellowship Lobby 9:30-10:20 a.m.

Fellowship

Fellowship hosts provide snacks during Fellowship following the Sunday morning worship services. Please consider signing up for a week. The sign up is on a white board sitting on top of the coffee bar in the Fellowship Lobby. Contact Alesha Luxon, alesha.luxon@gmail.com.

Lent Bible Study

Join Pastor Neil for our Lenten Bible Study on Tuesday mornings at 10:30 a.m. and Wednesday evenings at 7 p.m. Tuesday morning classes will be held in-person and on Zoom. Wednesday evening classes will be on Zoom. Everyone is invited to participate. No previous Bible study experience is necessary.

Youth Group (Grades 7-12)

Sunday, 4:30 - 6 p.m.
For more information about volunteering or joining youth group, contact Catherine Wethington, umtrinityyouth@gmail.com.
Youth registration QR code:



Coming Up

March

26 Celtic Service
27 Crafts for a Cause

April

2 Palm & Passion Sunday
2 Easter Egg Hunt
6 Holy Thursday, 7 p.m.
7 Good Friday, 7 p.m.
9 Easter Sunday
7 a.m. Sunrise Service
8:30 & 10:30 a.m.
10 Office Closed
11 Book Chat
15 Christ House
24 Crafts for a Cause
30 Celtic Service

Holy Week Worship



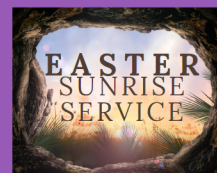
Sunday, April 2
8:30 a.m.
10:30 a.m.



Thursday, April 6
7 p.m.



Friday, April 7
7 p.m.



Sunday, April 9
7 a.m.



Sunday, April 9
8:30 a.m.
10:30 a.m.

Trinity Church Staff

Neil Hough
Eileen Gilmer
Harriet Latta
Jose Nuñez
Jerry Rich
Emily Yosmanovich
Catherine Wethington
Laurie Strollo

Senior Pastor
Associate Pastor
Office Manager
Facilities Manager
Director of Music
Preschool Director
Director of Youth Ministry
Director of Children's Ministry

nhough@umtrinity.org
egilmer@umtrinity.org
hlatta@umtrinity.org
703-356-3312
jrich@potomacschool.org
director.trinitypreschool@gmail.com
umtrinityyouth@gmail.com
lstrollo@umtrinity.org

Office Hours:
Monday – Friday 9 a.m. - 3 p.m.

Worship is live streamed on Sundays from the Chapel at 8:30 a.m. and from the Sanctuary at 10:30 a.m. on YouTube: youtube.com/UMTrinity. The Celtic Service can be seen on the last Sunday of the month at 5 p.m. on YouTube and Facebook. Sermons air on Fairfax Public Access Channel 36 (on Cox and Verizon). Tune in Wednesdays at 5 p.m., Fridays at 7:30 p.m., and Sundays at 7 a.m.