



# Trinity United Methodist Church

1205 Dolley Madison Blvd. | McLean, VA 22101

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January 28, 2024

8:30 & 10:30 a.m.

We ask that everyone complete an attendance card found in the pew rack or scan the QR code on page 4 with your phone's camera and click the link to register your attendance today. Don't forget to include **each** family member present.

Prelude	<i>Epistle Sonata #1 in E-flat</i> (Mozart)	Jerry Rich
Welcome and Announcements		Clergy
* Call to Worship		Neil Hough
Come, let us praise the Lord! <b>We praise God with our whole heart!</b> God's works are great! <b>Open our hearts and spirits to see your works, O Lord!</b> Come, let us worship the Lord who has saved us! <b>May our lives reflect the wondrous love of God that all may see and know of God's greatness.</b> <b>Amen.</b>		
* Gathering Hymn	<i>To God Be the Glory</i>	<a href="#">UMH 98</a>
Children's Message		Laurie Stollo
Prayers of the People		Neil Hough
Offering		Neil Hough
This morning's offering will be received as we pass the offering plates. You may also give online at <a href="http://umtrinity.org/give">http://umtrinity.org/give</a> and through our app. On the website, scroll down and click on SET UP ONLINE GIVING.		
Offertory (8:30)	<i>Praise You</i> (Cymbala)	Caleb Caldwell
Offertory (10:30)	<i>In the Sweet By-and-By</i> (Helvey)	Chancel Choir
Scripture	1 Corinthians 8:1-13 Neil Hough (8:30), Bennett Summers (10:30)	
Now concerning food sacrificed to idols: we know that 'all of us possess knowledge.' Knowledge puffs up, but love builds up. Anyone who claims to know something does not yet have the necessary knowledge; but anyone who loves God is known by him.		
Hence, as to the eating of food offered to idols, we know that 'no idol in the world really exists', and that 'there is no God but one.' Indeed, even though there may be so-called gods in heaven or on earth—as in fact there are many gods and many lords—yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist.		
It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience, being weak, is defiled. 'Food will not bring us close to God.' We are no worse off if we do not eat, and no better off if we do. But take care that this liberty of yours does not somehow become a stumbling-block to the weak. For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? So by your knowledge those weak believers for whom Christ died are destroyed. But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall.		
Message	<i>Balancing Knowledge and Love</i>	Taehwan Roh
Sacrament of Holy Communion (8:30)		Clergy
* Closing Hymn	<i>Jesus, United by Thy Grace</i>	<a href="#">UMH 561</a>
* Benediction		Taehwan Roh
* Closing Music	<i>Ecco la Marcia</i> (Mozart)	Jerry Rich
* Please stand as you are able.		

# Grow — Pray — Study

*Things I'd like to remember from today's message:*

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## **Monday, January 29 — 1 Corinthians 1:26-29**

In 1 Corinthians 1:26-29, Paul underscores the counterintuitive nature of God's choices, highlighting that God deliberately selected what the world deems foolish and weak to confound the wise and strong. This challenges believers to delve into the profound idea that God's wisdom transcends human understanding. The passage calls for a profound sense of humility, urging believers to acknowledge God's wisdom beyond the limited scope of human perception.

- How can you actively embrace humility in your daily life, recognizing and embracing God's wisdom that surpasses human comprehension?
- Prayer: Sovereign God, lead us to embrace humility, acknowledging your wisdom that surpasses our understanding. Guide us to place our trust in your divine insight. Amen.

## **Tuesday, January 30 — 1 Corinthians 6:19-20**

In 1 Corinthians 6:19-20, Paul emphasizes the sacred nature of believers' bodies, being temples of the Holy Spirit. This prompts believers to explore the profound significance of this truth in shaping their daily choices and actions.

- How can you consciously honor God with your body in the myriad of decisions and interactions that constitute your daily life?
- Prayer: Holy Spirit, dwell within us and be our guide as we seek to honor you with our bodies. Grant us the wisdom to make choices that reflect our deep commitment to you. Amen.

## **Wednesday, January 31 — 1 Corinthians 10:13**

In 1 Corinthians 10:13, Paul introduces the comforting promise that God always provides a way out during times of temptation. Believers are invited to explore how this profound assurance should shape and influence their approach when facing life's challenges and temptations.

- How can you consciously rely on God's unwavering faithfulness during moments of temptation? What practical steps can you take to follow the way that God provides?
- Prayer: Faithful God, we express gratitude for your constant provision of a way out during times of temptation. Strengthen our determination to follow your path. Amen.

## **Thursday, February 1 — 1 Corinthians 13:4-7**

In 1 Corinthians 13:4-7 directs believers' attention to the qualities of love as beautifully described by Paul. It prompts reflection on how individuals can actively embody and manifest these transformative characteristics in their relationships.

- How can you practically express love through the virtues of patience, kindness, and humility in your day-to-day interactions with others?
- Prayer: God of Love, empower us to embody the transformative qualities of love outlined by Paul. Guide our hearts to authentically reflect your love in all our relationships. Amen.

## **Friday, February 2 — 1 Corinthians 15:58**

In 1 Corinthians 15:58, Paul's exhortation encourages believers to stand firm and be steadfast in their unwavering commitment to the work of the Lord. Believers are urged to explore how this enduring commitment applies to the various aspects of their individual lives.

- How can you actively remain steadfast in your service to the Lord, understanding that your efforts are not in vain?
- Prayer: Steadfast God, grant us the resilience to stand firm in our dedication to serving you. May our labor be pleasing in your sight. Amen.

## **Saturday, February 3 — 1 Corinthians 16:14**

In 1 Corinthians 16:14, Paul's call to let all your actions be done in love. Reflect on how incorporating love into every aspect of your life can deepen your connection with God and others.

- How can you intentionally infuse love into your daily actions, fostering a spirit of kindness and compassion?
- Prayer: Loving God, guide us to carry out all our actions in love. May our lives reflect the compassion and kindness inspired by your boundless love. Amen.

## Nursery on Sundays

The Nursery is staffed during both Sunday worship services for children 3 years old and under.

## This Week on Zoom

Password 1205

### Engage Bible Study

Monday at 7 p.m. Contact Jim Wilson for log in link. [jaswilson@sloft.com](mailto:jaswilson@sloft.com).

### Pastor's Bible Study

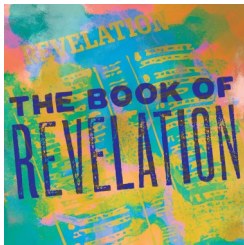
Tuesday at 10:30 a.m. Meeting ID: 894 8087 9762  
Tuesdays are hybrid (in-person & on Zoom).  
Wednesday at 7 p.m.: Meeting ID: 886 5257 6837

### Prayer Group

Wednesday at 9 a.m. Meeting ID: 875 6105 5580

## Our Prayer List

Adam, Alan, Alberto, Alice, Amanda & David, Amber & Brianna, Andi, Andrea, Andrew, Anne, Annie Ruth, Arnold, Audrey, Barb, Barry & Diane, Betty, Bill & Maddie, Brett, Brian, Bruce, Bud, Catherine, Carol & Rich, Caroline, Carrie, Carson, Cathy, Chris, Christopher, Currie family, Daniel, Daniel & Cindy, Danny, Dara, Dave & Gail, Davey, David & Carol, Darlene & Steve, Desarae, Di Letti family, Donnie, Doris, Doris & Joe, Dudley & Susan, Easley family, Ed, Elaine, Eileen, Ellie, Emmett, Eric, Erica & Roberto, Erik, Evans family, Fran & Tom, Frank, Gabe, Gabrielle, Gary & Lindie, Garry, Glenda, Geoff, Gray, Greg, Gregg, Gwen, Hammer family, Hanna, Harriet, Harris family, Harry, Heather, Hefferon family, Helena, Hemingway family, Henry, Hilary, Holmes family, Hong family, Jack, Jackie, Jan, Janice, Jason, Jean, Jeanette, Jeanne, Jeff, Jenna, Jenny & Michael, Jessica, Jimmy, Joan, Joe & Marie, John, John & Angeliki, Jomer, Josie, Judi, Judy, June, Karen, Kathy, Kay & John, Kenny family, Krista, Kobi, Lajoie family, Landaverde family, Laura, Leigh, Lejoy family, Leslie, Linda, Lindstedt family, Lisa, Liz & David, Lois, Lon, London family, Long family, Lori, Luana, Luis, Lynne, Mack, Macy, Marcia, Marciene, Marilyn, Maher family, Mark, Marty & Mary, Mary, Matt, Matthias, McClain family, Melissa, Meredith, Michael, Michelle, Mickey & Ruth, Mike, Moore family, Nancy, Nell, Nina, Niro, Norma, Norman, Olivia, Pat, Patty, Paul, Pauline & Merlin, Pearl family, Peg & Dick, Peter, Peter & Laura, Prisilla, Quinn family, Rebecca, Rob, Robin & Jim, Sabbagh family, Sally, Sam, Samantha, Sandra, Scott, Sheila, Spencer, Skyard family, Stephanie, Stephen, Steve, Sue, Susan, Teresa, Tim, Tom, Tony, Trapp family, Vanna, Vinnie, Wayne, Williams family, and Yancey, travelers, those who mourn, the homeless, racial reconciliation in our country, those affected by the opioid epidemic and those working to end it, victims of famine and war, peace and more empathy in the world, protection from gun violence in the world and for its victims and families, those living in war zones, hostages, those living with cancer.



### Pastor's Bible Study

Join Pastor Neil for a study of the Book of Revelation. We are considering how this fascinating book has been read throughout church history and look for its message to us in our 21st century world. No previous Bible Study experience is necessary. Bring your Bible and come

ready to learn and grow in your faith. The class meets on Tuesday mornings at 10:30 a.m. (in-person and on Zoom) and Wednesday evenings at 7 p.m. (on Zoom).

## Support The Confirmation Class Project

The 2024 Confirmation Class is organizing a service project where they will assemble Blessing Bags containing food, personal items, and a \$5 McDonald's gift certificate for those in need, especially the homeless or home-insecure in their community. The congregation is invited to contribute to the project by making one-time donations online. If you would like to help, you can go to [umtrinity.org/donate](http://umtrinity.org/donate) and make a one-time gift. Choose "Confirmation" in the dropdown menu under "Fund." The bags cost approximately \$12 each to fill. The goal is to fill 100 bags, and any extra funds will either make more bags or support another mission/service project chosen by the class. Last year, 75 bags were filled. After assembly, the bags will be blessed in a worship service, and the congregation is encouraged to take a bag and help distribute them in the community. The Confirmation Class is commended for their commitment to serving others in Christ's name.



Contact Jim Wilson at [jaswilson@sloft.com](mailto:jaswilson@sloft.com) to volunteer.

## Highlights from E-News

If you're not receiving our Friday e-mail, please send your email address to [info@umtrinity.org](mailto:info@umtrinity.org)

### Book Chat

Meets Tuesday, **February 27** at 6:30 p.m. on Zoom. New readers are always welcome: <http://umtrinity.org/education/adults>.

### Children's Ministries

**Children's Worship Folders** are available during worship services and are categorized by age and reading ability. Please return your folder to the used bin so it can be replenished.

**Children's Worship** (ages 4 - 4th grade) and **Club 56** (grades 5 & 6) meet during the 10:30 service following the Children's Message.

### Fellowship

To provide snacks during Fellowship, sign up on the white board on the coffee bar. Contact Alesha Luxon, [alesha.luxon@gmail.com](mailto:alesha.luxon@gmail.com).

### Mission Trip: March 2024

Exciting news! Join our team on a trip to The Leadership Center in rural Honduras from March 2 to March 7, 2024. You'll join Chris and Dan Moore, who will be serving there for three weeks. For details, contact Chris Moore ([christinecmoore@gmail.com](mailto:christinecmoore@gmail.com), 571-215-2948) or Dan Moore (703-980-5050, [danmoore53@gmail.com](mailto:danmoore53@gmail.com)).

### Preschool Enrollment Open

Enrollment for **Summer Camp 2024** and **2024-25** is open. For details, please visit [umtrinity.org/preschool](http://umtrinity.org/preschool).

### Shrove Tuesday

#### Pancake Supper

This year's pancake supper will be in Langley Hall on **Tuesday, Feb 13**, 5 - 7 p.m. The cost is \$10 per person; \$25 per family PLUS two (2) or more cans of food for Trinity Youth's SHARE the Love collection to benefit SHARE of McLean. If you are a "Pancake cooking/flipping aficionado," or cook a mean-sausage, or can set-up/clean-up, please let Jim Wilson know. Many volunteer hands make the event a real success. Contact Jim Wilson at [jaswilson@sloft.com](mailto:jaswilson@sloft.com).

### Ushers Needed

Ushers are needed each Sunday. If you would like to volunteer please sign up at [umtrinity.org/ushers](http://umtrinity.org/ushers).

### Youth Group (Grades 7-12)

Youth meeting: tonight, 4:30-6 p.m.

**February 4**, 12:30-2:30: Laser Tag at Trinity

**February 23-25**: Youth Retreat at Skycroft Conference Center. We'll join youth from Chesterbrook and Cherrystone for a spiritual weekend exploring **Our Story** and getting to know each other all while have loads of fun! Cost is \$195 per person, which includes room, meals and facilities.

Contact Catherine Wethington, [umtrinityyouth@gmail.com](mailto:umtrinityyouth@gmail.com). Scan the QR code at the right to register for 2023-24 youth activities.



## Coming Up

### January

28 Celtic Service

### February

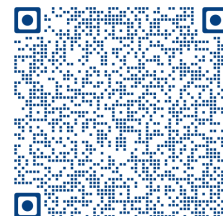
4 Martha's Table  
12 Crafts for a Cause  
13 Pancake Supper  
14 Ash Wednesday  
15 *Spire* deadline  
17 Christ House  
19 Office Closed  
22 *Spire* assembly  
23-25 Youth Retreat  
25 Celtic Service  
26 Crafts for a Cause  
27 Book Chat

### March

2-7 Mission Trip to Honduras  
3 Martha's Table  
11 Crafts for a Cause  
12 Book Chat  
16 Christ House  
24 Palm Sunday  
25 Crafts for a Cause  
28 Maundy Thursday  
29 Good Friday  
31 Easter Sunday

**Attendance:** Please complete a pew rack attendance card or scan the QR code with your phone's camera and click the link.

**Don't forget to include the first name of each family member present as well as surname.**



### Trinity Church Staff

Neil Hough  
Taehwan Roh  
Harriet Latta  
Jose Nuñez  
Jerry Rich  
Emily Yosmanovich  
Catherine Wethington  
Laurie Strollo

Senior Pastor  
Associate Pastor  
Office Manager  
Facilities Manager  
Director of Music  
Preschool Director  
Director of Youth Ministry  
Director of Children's Ministry

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[umtrinityyouth@gmail.com](mailto:umtrinityyouth@gmail.com)  
[lstrollo@umtrinity.org](mailto:lstrollo@umtrinity.org)

### Office Hours:

Monday – Friday 9 a.m. - 3 p.m.

Worship is live streamed on Sundays from the Chapel at 8:30 a.m. and from the Sanctuary at 10:30 a.m. on YouTube: [youtube.com/UMTrinity](https://youtube.com/UMTrinity). The Celtic Service can be seen on the last Sunday of the month at 5 p.m. on YouTube and Facebook.