



Trinity United Methodist Church

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July 10, 2022

8:30 & 10:30 a.m.

We ask that everyone complete an attendance card found in the pew rack or scan the QR code with your phone's camera to register your attendance today. This attendance will be used should contact tracing become necessary.



Prelude	<i>Canzona on Liebster Jesu</i> (Purvis)	Jerry Rich
Welcome and Announcements		Clergy
* Call to Worship		Eileen Gilmer
The world cries to us in its distress. How shall we answer? We cannot pass by as though nothing is wrong. How shall we answer? We cannot become so focused on ourselves that others mean nothing to us. How shall we answer? We must be neighbors in service, reconciliation and compassion. In Jesus' Holy Name. Amen.		
* Gathering Hymn	<i>O For a Thousand Tongues to Sing</i>	p. 3 / UMH 57
Children's Message		Laurie Stollo
Prayers of the People		Gilmer
Offering		Gilmer
This morning's offering will be received as we pass the offering plates. You may also give online at http://umtrinity.org/give and through our app. On the website, scroll down and click on SET UP ONLINE GIVING.		
Anthem (8:30)	<i>This Little Light of Mine</i> (Work)	Joey Wilson
Anthem (10:30)	<i>Gracious Spirit</i> (Scott)	Ensemble
Scripture	Galatians 5:13-23	Gilmer
For you were called to freedom, brothers and sisters; only do not use your freedom as an opportunity for self-indulgence, but through love become slaves to one another. For the whole law is summed up in a single commandment, "You shall love your neighbor as yourself." If, however, you bite and devour one another, take care that you are not consumed by one another.		
Live by the Spirit, I say, and do not gratify the desires of the flesh. For what the flesh desires is opposed to the Spirit, and what the Spirit desires is opposed to the flesh; for these are opposed to each other, to prevent you from doing what you want. But if you are led by the Spirit, you are not subject to the law. Now the works of the flesh are obvious: fornication, impurity, licentiousness, idolatry, sorcery, enmities, strife, jealousy, anger, quarrels, dissensions, factions, envy, drunkenness, carousing, and things like these. I am warning you, as I warned you before: those who do such things will not inherit the kingdom of God.		
By contrast, the fruit of the Spirit is love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self-control. There is no law against such things.		
Message	<i>Envy</i> (Kindness & Generosity)	Neil Hough
The Sacrament of Holy Communion (8:30)		Gilmer
* Closing Hymn	<i>Jesus Calls Us</i>	p. 3 / UMH 398
* Benediction		Hough
Closing Music	<i>Rondeau from Sinfonies de Fanfares</i> (Mouret)	Rich

* Please stand as you are able.

Grow — Pray — Study

Things I'd like to remember from today's message:

Monday, July 11 — Galatians 5:13-26

In his letter to the Galatians, the apostle Paul described the difference between the works of the flesh and the fruit of the Spirit. His desire was for every one of the Galatian Christians to crucify the desires of the flesh (Galatians 5:24) and allow the Holy Spirit to bear fruit in their lives. Notice the context of his teaching: verses 15 and 26 emphasize that the works of the flesh and fruit of the Spirit affect our relationships with *“one another.”*

- Use Paul's two lists to reflect on your life at this moment in time. In what ways would you like to grow this week? How will you allow the Holy Spirit to bear healthy fruit in your life?
- Prayer: *God of Life, grant me the courage to be honest with myself and with you. Fill me with the power of your Holy Spirit so that I bear the fruit of your Kingdom. Amen.*

Tuesday, July 12 — Exodus 20:1-17

In Exodus 20, we find the familiar words we call the Ten Commandments. They contain God's rules for living in a right relationship with God and in right relationships within the human family. The tenth commandment says that we are not to covet anything that belongs to our neighbor. Covetousness is related to envy, but they are not the same. To covet is to have the desire to take something away from someone else.

- Have you ever coveted something or someone that belonged to someone else? Where do you think covetousness comes from?
- Prayer: *Law-Giving God, forgive me when I fail to be obedient, and covet the possessions of my neighbors. Teach me your ways and cultivate contentment in my life. Amen.*

Wednesday, July 13 — Romans 13:11-14

Jealousy is related to envy and to covetousness. The Bible's warnings against jealousy, like the warnings against envy and covetousness, are rooted in God's desire for Christians to live together in peace and harmony. Our relationships with one another, not only strengthen our relationship with God, but serve as a witness to the world. Jealousy, envy, and covetousness weaken our faith and diminish the power of our witness.

- Search your heart for any signs of jealousy or envy. What do you find? How do jealousy and envy affect your relationship with other believers? How do they affect your relationship with God?
- Prayer: *Gracious God, I need your mercy and forgiveness, because I find jealousy and envy in my heart. Purify my heart and grant me peace of mind and spirit. Amen.*

Thursday, July 14 — Micah 6:6-8

One way to reduce the effect and power of envy in our lives is to cultivate kindness. Not only is kindness a characteristic of God (Romans 2:4), it is a fruit of the Spirit (Galatians 5:22), and it is what God requires of us (Micah 6:8). To fulfill God's requirements to do justice and love kindness, we invite the Holy Spirit into our lives, but we also choose to act with love and compassion toward our neighbors, even the neighbors we don't like and the neighbors who are not very lovable.

- How do you define the word *“kindness”*? What are the characteristics of *“kind”* people? How might you cultivate more kindness in your life? How might you allow the Holy Spirit to bear the fruit of kindness in your life?
- Prayer: *God of Justice and Kindness, today I walk humbly with you. Teach me to follow your example by doing justice and loving kindness in every situation. Amen.*

Friday, July 15 — 1 Timothy 6:2b-10, 17-19

Envy, jealousy, and covetousness are most often related to material possessions. We envy or covet the financial resources or nice things that other people enjoy. We are jealous of people who have more than we do. That's why Timothy is warned about the dangers of loving money. (Note: money itself is not the danger it's the *“love of money”* 1 Timothy 6:10.) Timothy is counseled to pursue godliness, contentment, and generosity. The point is: envy diminishes when we are aware of the many blessings we enjoy and have the courage to share them with others.

- On a scale of one-to-ten, how would you rate your level of contentment today? Who might God be asking you to bless through an act of generosity today?
- Prayer: *Righteous God, thank you for the many blessings you've poured into my life. Grant me the courage to generously share these blessings with others. Amen.*

Saturday, July 16 — Acts 2:43-47

Like kindness, generosity is not only a characteristic of God (Romans 10:12), but a characteristic of deeply committed followers of Jesus. We learn to be generous when we focus less on what we don't have, and more on what we do have — and on what we know that God wants us to do with what we have. Remember: this transformation of heart and mind is a gift of the Holy Spirit.

- Followers of Jesus experience abundant life (John 10:10). How might you learn to receive and live the abundant life God offers you? How might you share the abundant life God offers with others?
- Prayer: *Heavenly Father, thank you for Jesus and the abundant life he offers all who follow him. I am ready to share your abundant life with others today. Amen.*

Nursery on Sundays

Masks are optional for everyone who is fully vaccinated. The Nursery is staffed during both Sunday worship services for children 3 years old and under. Nursery attendants and children's ministry volunteers wear masks.

This Week on Zoom

Password 1205

Engage Bible Study

Monday at 7 p.m. Meets twice a month, next meeting: July 11. Contact Jim Wilson for log in link. jaswilson@slofft.com.

Pastor's Bible Study: The 7 Deadly Sins

Tuesday at 10:30 a.m. Meeting ID: 894 8087 9762
Wednesday at 7 p.m.: Meeting ID: 886 5257 6837

Prayer Group

Wednesday at 10 a.m. Meeting ID: 875 6105 5580

Our Prayer List

Al, Alan, Alex, Alex & Sarah, Amber & Briana, Andy, Ballard family, Barb & JR, Barbara & Barry, Betty, Bill & Ann, Bill & Maddie, Bobbie & Joyce, Boris, Buddy & Vanna, Carol & Rich, Carolina, Cathryn, Cathy, Chris, Christopher, Cici & John, Claudia, Connie, Daniel, Danny, Darlene & Steve, Dave & Carol, Davey, David, Dillan & Abby, Earl, Elaine, Elizabeth, Ellie & Susan, Emily, Fran & Tom, Franco, Gary & Lindie, Ginger, Harriet, Hartson family, Hough family, Howard, Jane, Jason, Jeremy, Jill & George, Joan, Joe & Marie, John, June, Karen, Katherine, Kathy, Kay & John, Kelly, Kraus family, Krista, Kristin, Ladye, Lana, Leah, Lena, Lindstedt family, Liz & David, Luana, Maitland family, Marcia, Marciene, Marcy, Mason, Matt, Mickey, Mike, Monica, Morgan, Natalie & Milo, Niko, Noelle & Billy, Osha family, Pam, Pat, Pauline & Merlin, Peg & Dick, Rachel & Henry, Ralph, Rebecca, Robert, Roberto & Erica, Rosemarie, Rubenia, Ryan, Sam, Sandy & Vinnie, Sarah, Scott, Spencer, Steve, Summers family, Suzanne, Tom, Vo family, Will, and Yancey, travelers, the grieving families and communities affected by recent mass shootings and other acts of violence, the people of Ukraine and those assisting them, Afghans, Sudanese, survivors of Missouri Amtrak derailment, victims of human trafficking, Trinity's children, youth and volunteers, healthcare and emergency workers, hospital chaplains, those who mourn, the homeless, those distributing vaccines, COVID vaccine distribution for children, racial reconciliation in our country, those affected by natural disasters and political turmoil around the world.

Summer Sermon Series

This summer, Pastor Neil is preaching a series of sermons on ***The Seven Deadly Sins (and the Seven Holy Virtues)***. There is no list of Seven Deadly Sins in the Bible, but centuries ago, the church named these sins and called them "deadly." This series will explore what they are and why they are so dangerous. We'll learn how to name them and confess them in our own lives, and we'll discover the corresponding virtues that God's grace makes possible. The ***Deadly Sins*** are some of the ways we interfere with God's intentions for our lives. Join us in person or online each week as we discover that, when we reduce the interference of sin, we experience more fully the Kingdom life that God dreams for every one of us.

Today's hymn texts for those worshipping at home.

O For a thousand Tongues to Sing

1. O for a thousand tongues to sing
my great Redeemer's praise,
the glories of my God and King,
the triumphs of his grace!
2. My gracious Master and my God,
assist me to proclaim,
to spread through all the earth abroad
the honors of thy name.
3. Jesus! the name that charms our fears,
that bids our sorrows cease;
'tis music in the sinner's ears,
'tis life, and health, and peace.
4. He breaks the power of canceled sin,
he sets the prisoner free;
his blood can make the foulest clean;
his blood availed for me.
5. He speaks, and listening to his voice,
new life the dead receive;
the mournful, broken hearts rejoice,
the humble poor believe.
6. Hear him, ye deaf; his praise, ye dumb,
your loosened tongues employ;
ye blind, behold your Savior come,
and leap, ye lame, for joy.
7. In Christ, your head, you then shall know,
shall feel your sins forgiven;
anticipate your heaven below,
and own that love is heaven.

Jesus Calls Us

1. Jesus calls us o'er the tumult
of our life's wild, restless sea;
day by day his sweet voice soundeth,
saying, "Christian, follow me!"
2. As of old the apostles heard it
by the Galilean lake,
turned from home and toil and kindred,
leaving all for Jesus' sake.
3. Jesus calls us from the worship
of the vain world's golden store,
from each idol that would keep us,
saying, "Christian, love me more!"
4. In our joys and in our sorrows,
days of toil and hours of ease,
still he calls, in cares and pleasures,
"Christian, love me more than these!"
5. Jesus calls us! By thy mercies,
Savior, may we hear thy call,
give our hearts to thine obedience,
serve and love thee best of all.

Highlights from E-News

If you're not receiving our Friday e-mail, please send the address where you want to receive it to info@umtrinity.org

Children's Ministries

Children's Worship Folders are available during Sunday morning worship services and are categorized by age and reading ability. Please remember to return your folder to the used bin so it can be replenished for next week.

Children's Worship for ages 4 - 4th grade meets during the 10:30 service following the Children's Message.

Club 56 for grades 5 & 6 meets during the 10:30 service following the Children's Message.

Christ House Closet

Christ House is a medical facility for homeless men in Washington, D.C. All newly admitted patients are provided with comfortable, clean clothing. The current needs list is in the E-News. Collection bins are in the Fellowship Lobby.

Crafts for a Cause

Crafts for a Cause meets every other Monday from 7 to 8:30 p.m., in Room 124: July 11 & 25. No crafting experience is needed and all are welcome. If you'd like to sign up, please email **Alesha Luxon** at alesha.luxon@gmail.com.

Grace Ministries School Supply Collection

We are partnering with Christ Crossman UMC to collect school supplies through August 7: backpacks, crayons, colored pencils, washable markers, no. 2 pencils, plastic folders, pencil sharpeners, erasers, wide-ruled note-books, glue sticks, rulers, blunt-tipped scissors, assorted construction paper. Donations can be left in the bin in the Fellowship Lobby.

Pastor's Bible Study

Pastor Anne Hough will be teaching a Bible study on **The Seven Deadly Sins** to complement Pastor Neil's summer sermon series. The Zoom study will be offered on four Tuesday mornings at 10:30 and Wednesday evenings at 7, beginning July 12/13. Each week's class is connected by the theme but can stand alone if you are unable to attend each one.

Trinity Preschool of McLean

For 2022-23, we have class options for children two and a half years old - Kindergarten. <http://umtrinity.org/preschool>.

Vacation Bible Game Days

August 3 - 4, from 9:30 a.m. - 12:30 p.m., for ages 3 through 4th grade.

Games, crafts, pizza and lemonade! More details at umtrinity.org/vbgd. Contact Laurie Strollo for details.

Youth Group (Grades 7-12)

Sundays

No meeting this week.

Youth join in fellowship, Bible study, and fun! Youth Group meets in-person in the Fellowship Building, masks are required.

Interested in volunteering or want more information? contact Catherine Wethington (umtrinityyouth@gmail.com) or visit umtrinity.org/education/youth.

Coming Up

July

11 Crafts for a Cause
16 Celebration of Life: Jan Lindstedt, 2 p.m.
25 Crafts for a Cause
31 Celtic Service

August

3, 4 Vacation Bible Game Days
8 Crafts for a Cause
22 Crafts for a Cause
28 Celtic Service

Trinity Church Staff

Neil Hough
Eileen Gilmer
Harriet Latta
Jose Nuñez
Jerry Rich
Emily Yosmanovich
Catherine Wethington
Laurie Strollo

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Summer Office Hours:

Monday – Thursday 9 a.m. - 3 p.m.; Friday: 9 a.m.—12 p.m.

Worship is live streamed on Sundays from the Chapel at 8:30 a.m. and from the Sanctuary at 10:30 a.m. on YouTube: youtube.com/UMTrinity. The Celtic Service can be seen on the last Sunday of the month at 5 p.m. on YouTube and Facebook. Sermons air on Fairfax Public Access Channel 36 (on Cox and Verizon). Tune in Wednesdays at 5 p.m., Fridays at 7:30 p.m., and Sundays at 7 a.m.