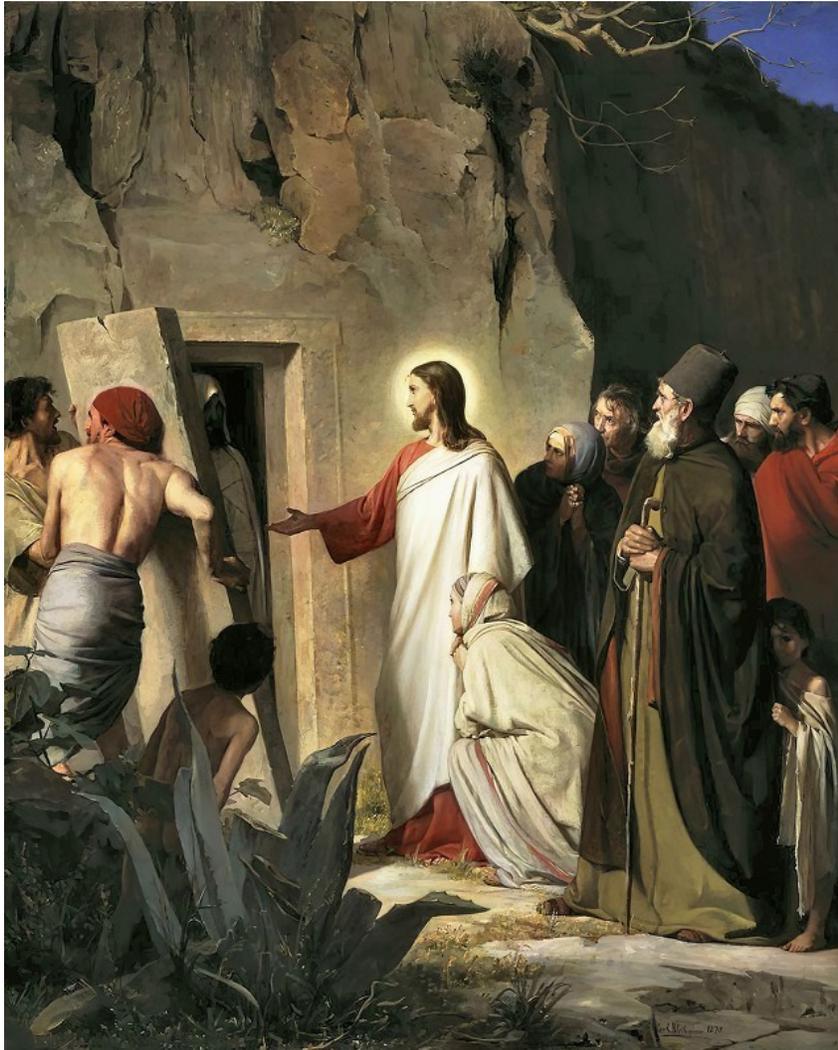




Trinity United Methodist Church



*"Raising of Lazarus," Carl Bloch
Oil on Canvas, Danish, 1870*

Unbind him

and let him go

John 11:4c

1205 Dolley Madison Blvd. | McLean, VA 22101
703-356-3312 | umtrinity.org | info@umtrinity.org

March 22, 2026

8:30 & 10:30 a.m.



Welcome to Trinity Church! We are grateful you are here. We'd appreciate it if you would complete an attendance card found in the pew rack (or scan the QR code on page 5 with your phone's camera and click the link) to register your attendance today - and do include each family member present.

Prelude

Siciliano in G Minor (Bach)

Jerry Rich

Welcome

* Call to Worship *from Ephesians 5*

Sleeper, awake! Rise from the dead,
and Christ will shine on you!

Let us be careful how we live,
**not as unwise people but as wise,
making the most of the time we are given
and seeking to understand what the Lord's will is.**

Be filled with the Spirit,
as you lift up hymns and spiritual songs together,
**singing and making melody to the Lord in our hearts,
always giving thanks to God the Father for everything
in the name of our Lord Jesus Christ.**

* Gathering Hymn *In the Midst of New Dimensions* (verses 1, 4,5) FWS 2238

In the midst of new dimensions, in the face of changing ways.
Who will lead the pilgrim peoples wandering in their separate ways?

[Refrain] God of rainbow, fiery pillar, leading where the eagles soar,
we your people, ours the journey now and ever, now and ever, now and ever more.

We are man and we are woman, all persuasions, old and young,
each a gift in your creation, each a love song to be sung. *[Refrain]*

Should the threats of dire predictions cause us to withdraw in pain,
may your blazing phoenix spirit, resurrect the church again. *[Refrain]*

Prayer of Confession *from Psalm 130*

Out of the depths I cry to you, O LORD.

Lord, hear my voice!

Let your ears be attentive to the voice of my pleading!

If you, O LORD, if you took our faults and wrong actions into account,
Lord, who could stand before you?

**But in you there is a deep well of forgiveness,
so that you may be held in holy awe.**

I wait for you, O LORD, I wait with deep longing,
and in your word I stand, waiting in hope.

**My deep longing for the Lord
is more than those who watch for the morning,
more than those who wait for an end to the night.**

In your unfailing love do we place our hope.

[a time of silent prayer]

With God there is great power to save.

It is Jesus, the Christ, who will save us from our wrongdoing.

Thanks be to God!

Children's Message

Children of Trinity

Prayers of the People

Our prayer will conclude with:

**Our Father who art in heaven, hallowed be thy name.
Thy kingdom come, thy will be done, on earth as it is in heaven.
Give us this day our daily bread, and forgive us our trespasses
as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil,
for thine is the kingdom, and the power and the glory forever. Amen.**

(Continued on page 2)

Offering

*Our offering is received as we pass the plates, but you may also give online at
<http://umtrinity.org/give> or through our app.*

Offertory

Come, Ye Disconsolate (Webbe)
My God Is So High (Hogan)

Catherine Wethington (8:30)

Chancel Choir (10:30)

soloists: Catherine Wethington, Brendon O'Donnell

Reading from the Scriptures

John 11, selected verses

David Case (8:30)

Meredith Faust (10:30)

Now a certain man was ill, Lazarus of Bethany, the village of Mary and her sister Martha.

So the sisters sent a message to Jesus, "Lord, he whom you love is ill."

When Jesus arrived, he found that Lazarus had already been in the tomb four days.

When Martha heard that Jesus was coming, she went and met him, while Mary stayed at home. Martha said to Jesus, "Lord, if you had been here, my brother would not have died. But even now I know that God will give you whatever you ask of him." Jesus said to her, "Your brother will rise again." Martha said to him, "I know that he will rise again in the resurrection on the last day." Jesus said to her, "I am the resurrection and the life. Those who believe in me, even though they die, will live, and everyone who lives and believes in me will never die. Do you believe this?"

When Mary came where Jesus was and saw him, she knelt at his feet and said to him, "Lord, if you had been here, my brother would not have died." When Jesus saw her weeping, and the Jews who came with her also weeping, he was greatly disturbed in spirit and deeply moved. He said, "Where have you laid him?" They said to him, "Lord, come and see."

Then Jesus, again greatly disturbed, came to the tomb. It was a cave, and a stone was lying against it. Jesus said, "Take away the stone." Martha, the sister of the dead man, said to him, "Lord, already there is a stench because he has been dead four days." Jesus said to her, "Did I not tell you that if you believed, you would see the glory of God?" So they took away the stone. And Jesus looked upward and said, "Father, I thank you for having heard me. I knew that you always hear me, but I have said this for the sake of the crowd standing here, so that they may believe that you sent me." When he had said this, he cried with a loud voice, "Lazarus, come out!" The dead man came out, his hands and feet bound with strips of cloth, and his face wrapped in a cloth. Jesus said to them, "Unbind him, and let him go."

This is the Word of God, for us, the People of God. **Thanks be to God.**

Message

The Unbinding

Dave Rochford

Communion (8:30)

* Closing Hymn

This is a Day of New Beginnings (verses 1-4)

UMH 383

This is a day of new beginnings,
time to remember and move on,
time to believe what love is bringing,
laying to rest the pain that's gone.

For by the life and death of Jesus,
God's mighty Spirit, now as then,
can make for us a world of difference,
as faith and hope are born again.

Then let us, with the Spirit's daring,
step from the past and leave behind
our disappointment, guilt, and grieving,
seeking new paths, and sure to find.

Christ is alive, and goes before us
to show and share what love can do.
This is a day of new beginnings;
our God is making all things new.

* Benediction

* Postlude

Rondeau (de la Guerre)

Jerry Rich

(At the conclusion of our service, you are welcome to depart or to remain seated to enjoy the Postlude.)

* Please stand as you are able.

Grow — Pray — Study

Our weekly devotional is available at <https://bit.ly/TrinityGPS>



Monday, March 23 — Ezekiel 37:1–14

Ezekiel is brought into a valley filled with dry bones, a place that reflects not just death, but a long acceptance of hopelessness. When God asks, “Can these bones live?” the question does not point to what is visible, but to what God may still do beyond what *seems* final.

Many people carry quiet places like this—areas where hope has faded and change feels unlikely. Over time, it becomes easier to accept things as they are. Lent invites us to notice where we may have grown used to what feels lifeless, and to remain open to the possibility that God is still at work there.

- Where have you quietly accepted something as unchangeable?
- What might it mean to remain open to God’s work in that place?
- **Prayer:** God of life, meet me in the places where I have settled into what feels final. Keep my heart open to your renewing presence. Amen.

Tuesday, March 24 — Psalm 130

Psalm 130 begins with a cry from the depths. It gives voice to longing, regret, and the weight of what cannot be undone. It does not rush to resolution but stays with honest waiting, holding onto hope even when answers do not come quickly.

This reflects the “if only” moments we carry—things we wish had been different, words we wish we had said, outcomes we wish we could change. Lent does not ask us to ignore these thoughts. Instead, it invites us to bring them honestly before God and to wait with trust, even when life feels unresolved.

- What “if only” thought have you been carrying?
- How might honest prayer reshape the way you hold that experience?
- **Prayer:** God who hears from the depths, receive what I carry with regret and longing. Teach me to wait with honesty and trust. Amen.

Wednesday, March 25 — Romans 8:1–11

Paul speaks about a life shaped not by condemnation or fear, but by the Spirit of God. This passage acknowledges the reality of struggle, yet insists that life is no longer defined by what leads to death, but by the presence of God at work within us.

It can be easy to become accustomed to anxiety, as if it were simply part of life. We may begin to organize our choices around fear or self-protection. Lent invites us to notice these patterns and to ask whether we are living as though fear has the final word, or whether we are allowing God’s Spirit to lead us into life.

- Where has anxiety or fear become a normal pattern for you?
- What would it look like to trust God’s Spirit in that area?
- **Prayer:** God of life, where fear has shaped my thinking, lead me again into your peace and freedom. Amen.

Thursday, March 26 — Isaiah 43:14–21

Isaiah reminds the people of God’s past acts of deliverance, yet quickly shifts their attention: “Do not remember the former things... I am about to do a new thing.” God’s work is not limited to what has already happened. Sometimes we avoid transformation by holding tightly to what is familiar. At other times, we assume that God’s work must look like it did before. This passage challenges both. God is able to bring life even in wilderness places, creating something new where we least expect it.

- Where are you holding onto what feels familiar rather than open to change?
- What might it look like to notice the new thing God is doing now?
- **Prayer:** God of new life, help me not to remain only in what I already know. Open my eyes to your work unfolding around me. Amen.

Friday, March 27 — Hebrews 4:14–5:10

This passage presents a picture of prayer that is deeply honest. It speaks of Christ’s prayers offered with vulnerability and trust, showing that faith does not remove struggle but brings it fully into God’s presence. We often hide from transformation by avoiding what feels difficult. Yet Lent invites us to bring even our most vulnerable places before God. Growth does not begin when everything feels resolved, but when we are willing to be honest about where we are.

- What part of your life have you been hesitant to bring before God?
- How might honesty in prayer open the way for transformation?
- **Prayer:** Faithful God, receive my struggles and uncertainties. Teach me to come before you with honesty and trust. Amen.

Saturday, March 28 — Philippians 3:4–14

Paul reflects on how his understanding of life has changed. What once defined him no longer holds the same importance, because he is now focused on moving forward in Christ.

This movement requires letting go. Sometimes we resist transformation not because we reject it, but because we do not know who we will be *in the absence* of what we have always held onto. Lent invites us to consider what may need to be released so that we can more fully follow Christ into new life.

- What might you need to let go of in order to move forward and become the person whom God made you to be?
- What discouragement would you need to confront, to keep pressing on in this holy season?
- **Prayer:** God who leads me forward, give me courage to release what holds me back and to walk into the life you are calling me toward. Amen.

Holy Week Worship Schedule



Sunday, March 29
8:30 & 10:30 a.m.

We begin Holy Week by celebrating Jesus' entry into Jerusalem with palms and shouts of "Hosanna," then turn to the story of his suffering and sacrifice. The service moves from joy to solemn remembrance, preparing us for the journey to the Cross.



Thursday, April 2
6 p.m.

Come and enjoy a potluck supper together, as we worship around tables in the Fellowship Lobby, and explore how Christ's gift of forgiveness and example of humble service open for us a new way to befriend others.

Change of time and format!



Friday, April 3
7 p.m.

A day of deep reflection on Christ's suffering and crucifixion. Through Scripture, prayer, and silence, we remember the depth of God's love shown in Jesus' sacrifice. This service will include readings and moving music led by the Chancel Choir.



Sunday, April 5
7 a.m. Sunrise Service
8:30 & 10:30 a.m.

We rejoice in the good news of the Resurrection and the promise of new life! The day begins with our Sunrise Service at 7 a.m., followed by festive worship at 8:30 and 10:30 a.m. All are welcome to celebrate the hope and joy of Easter!

THE CREATION STORY



Mother's Day
May 10, 2026
10:30 Service



CONTACT

Meredith Faust
(703)-635-6322
meredith.r.faust@gmail.com

All children are invited to be part of this special presentation on Mother's Day. Rehearsals begin today and continue on Sundays through May 3, except April 5 & 12. Rehearsals are 11:35 a.m. - 12:05 p.m. in Room 402-403. Use the QR code on page 7 to learn more or contact Meredith Faust.

Today at Trinity

Fellowship Hosts

9:30 a.m. Melanie & George McBride
11:30 a.m. Staff Parish relations Committee

Chancel Choir, 10 a.m.

The Chancel Choir meets each Sunday at 10 a.m. to prepare to lead worship at 10:30 a.m. New singers are always welcome. If you'd like to know more about Trinity's music ministry, please contact Jerry Rich, jrlich@potomacschool.org.

Children's Worship, 10:30 a.m. (ages 4 - 6th grade)
Children's Worship takes place following the Children's Message in our Fellowship Building across the Breezeway.

The Creation Story Rehearsal, 11:35 a.m.
Children participating in the Mother's Day skit will meet in Rooms 402-403 for a 30-minute rehearsal.

Youth Group, 4:30 p.m.
Youth Group, grades 7-12, meets 4:30 - 6 p.m. in the Fellowship Building.

Celtic Service (special), 5 p.m.
Come to experience the holy at our Celtic Evensong, as we explore the life and expressed faith of St. Patrick. The service will be at 5 p.m. in the Chapel; it is also live streamed. We will conclude our Celtic Services after this month, but reprise them at some time in the future.

This Week

Tuesday, 10:30 a.m.
Wednesday, 7 p.m.: Lenten Bible Study
Sessions for **Walking the Bible** meet weekly on Tuesdays at 10:30 a.m. (Church Library & Zoom) and Wednesdays at 7 p.m. (Zoom) continues through March 31 / April 1..

Wednesday, 9 a.m.: Prayer Group
A dedicated community that meets via Zoom to lift up the needs of our church family, community and world. If you'd like to know more or to participate, please speak to one of our pastors or call the office, 703-356-3312.

Coming Up

March 29: Children's Easter Egg Hunt
The children's egg hunt will be after the 10:30 worship service on **Sunday, March 29**. You may donate candy that fits in plastic eggs; please bring it by **March 27**.



April 5: Martha's Table Snack Packaging
Following both worship services, we will gather in the Fellowship Lobby to make bags of trail mix for weekday distribution by Martha's Table in Washington, D.C. The snack bag assembly line is fun and also makes a difference in the lives of hundreds of people in our community. All supplies provided!

April 11: SHARE New Beginnings
Imagine being able to help someone to make a new beginning – even against great odds. That is exactly what we as a Church will do again this year, in partnership with SHARE of McLean. Be on watch for several ways that you can be part of our SHARED effort to enable a new person/family to get established in their new safe, fully furnished apartment home. Some of us may shop, others make a meal for the day, and still others help our Youth with the Move-In! It will take us all to become somebody's good news that day, and God's Good News.

April 11: Youth Retreat & SHARE New Beginnings!
The Youth Group will join Church & Society to create a welcoming and homey environment for one of Share's previously unhoused clients. After the volunteer event the Youth will return to the church for a day retreat on the theme of New Beginnings. There will be fellowship, games, Bible study, and an exciting opportunity to unleash our 'inner artists' with a paint experience led by Gillian Grunenfelder. It's a day you won't want to miss!

April 14: Book Chat
Book Chat will meet on Zoom at 6:30 p.m. to discuss *Tell Me Everything* by Elizabeth Strout. For more information, contact Suzanne Hamilton.

April 18: Christ House Meal Mission
Christ House is a place of healing; a residential, medical facility for homeless men located on Columbia Road in the Adams Morgan area of Washington, DC. We prepare lunch on the third Saturday of every month. Contact Connie Jeremiah for more information, 703-307-4635 or dcjeremiah@verizon.net.

April 19: Youth Group
Youth Group, grades 7-12, meets 4:30 - 6 p.m. in the Fellowship Building.

Our Prayer List

Aldridge family, Annie Ruth, Barb & JR, Billy & Susie, Carina, Carol & Rich, Carol & David, Carol, Carolyn, Carrie, Cathey, Chris, Daniel, Dara, Darlene & Steve, Dan, Davey, David, Dick, Emily, Gail, Gregg, Jack, Jane, Jennifer & Carrie, Jenny, Jimmy, Joanna, Judi, Linda, Maddy & Bill, Marciene, Margie, Marilyn, Marina, Marguerite, Mark, Matthew, Meri, Nancy, Norman & Teresa, Peg & Dick, Rich family, Richard, Roh family, Ruth & Mickey, Silva, Tami, Thomas, Tom, Vanna, Vicki, Viviana, Wayne family, Winie & Joseph, Yancey, and peace in the Middle East and efforts of those seeking peace, our nation's leadership and unity, people experiencing natural disasters, those without housing, those who are hungry, those trying to do the right thing, peace in our nation, Spring Break travelers.

About Our Ministries

Nursery

The **Nursery** is staffed during both our Sunday worship services for children 3 years old and under. Our nursery is located in the Fellowship Building; simply speak to an usher and they will provide assistance.

Children's Worship Folders

Folders are available during worship services and are categorized by age and reading ability. Please return your folder to the "used bin" so it can be replenished.

Fellowship: Getting Connected

You are invited to meet friends and neighbors after each of our worship services! Join us in the Fellowship Lobby across the breezeway. Each week individuals, families or ministry teams host our refreshments. Please consider signing up for the 8:30 service's Fellowship time. Scan the QR code under Quick Links at the right to sign-up.

Trinity Preschool of McLean

TPoM welcomes all students ages 2-6. Please visit umtrinity.org/preschool to learn more about this vibrant ministry or to schedule a tour for your child.

Ushers Needed

Ushers are needed each Sunday to greet people, answer questions and hand out bulletins. Use the QR code below to volunteer for this essential ministry of hospitality, or speak to one of the pastors.

Quick Links

Scan QR code with your phone's camera & click the link.

- > Worship attendance
- > Children & Youth registration
- > Book Chat discussion group
- > Christ House wish list
- > Children's Creation Story Skit
- > Fellowship Hour hosts
- > Ushers



Share a Smile



Needed Items for
Children's Dental Kits:

Child's Toothpaste
Child's Toothbrush (individually wrapped)
Children's Flossers

Our dental kit collection continues through March. Collection bins are in the Fellowship Lobby and Narthex. These kits will go to Share of McLean.



Lenten Bible Study: *Walking the Bible*

Join us for a journey through the Books of Moses, as we explore the story of the Exodus, as well as take a close-up look at the places where these events unfolded. Using Bruce Feiler's *Walking the Bible* video series, supplemented with mementos from Pastor Dave's travels, we'll reflect on how these ancient stories shape our own walk with God along the footsteps that lead to the Cross.

Sessions meet weekly on Tuesdays at 10:30 a.m. (Church Library & Zoom) and Wednesdays at 7 p.m. (Zoom). We'll continue through March 31 & April 1 (no foolin'!). Whether you've traveled to the Middle East or hope to someday, come enjoy this visual and spiritual "walk through the Holy Land." Bring your Bible and your walking shoes!

Trinity Church Staff

Dave Rochford
Taehwan Roh
Harriet Latta
Jose Nuñez
Jerry Rich
Angi Oxendine
Catherine Wethington
Laurie Strollo

Lead Pastor
Associate Pastor
Office Manager
Facilities Manager
Director of Music
Preschool Director
Director of Youth Ministry
Director of Children's Ministry

drochford@umtrinity.org
troh@umtrinity.org
hlatta@umtrinity.org
703-356-3312
jrich@potomacschool.org
angio.trinitypreschool@gmail.com
umtrinityyouth@gmail.com
lstrollo@umtrinity.org

Office Hours: Monday – Friday 9 a.m. - 3 p.m.

Worship is in-person and livestreamed on Sundays from our Chapel at 8:30 a.m. and from our Sanctuary at 10:30 a.m. on YouTube: youtube.com/UMTrinity. Our 5 p.m. Celtic Service is in-person and streamed on the last Sunday of the month. If you're not yet receiving our Friday weekly events e-mail, please send us your address at info@umtrinity.org