Accessing
MENTAL HEALTH SUPPORT
During Summer Break

1. **BPS Hotline: 617-635-8873**
   - Social Workers will be on call Monday-Friday during summer break from 8:00am-4:00pm. If you need mental health support for your student, please call the hotline.

2. **Contact Your Doctor**
   - For additional support, please call or message your child's primary care doctor.

3. **BEST TEAM: 1-800-981-HELP (4357)**
   - The Boston Emergency Services Team (B.E.S.T.) sends mobile crisis clinicians to homes, schools, outpatient clinics and many other community locations.

4. **Go to Urgent Care**
   - In the case of an emergency, local urgent care centers or clinics can help. The centers below recommend you call ahead of your visit: 1-800-981-4357

   - **BEST Bay Cove Urgent Care**
     Solomon Carter Fuller Mental Health Center
     85 East Newton St, 1st Floor
     Boston, MA 02118

   - **BEST North Suffolk Urgent Care**
     Erich Lindemann Mental Health Center
     25 Staniford St, 2nd Floor
     Boston, MA 02114

   - **BEST North Suffolk Urgent Care**
     140 B South St
     Jamaica Plain, MA 02130

Last Updated February 2022
IMMEDIATE DANGER: 911

EMERGENCY HOTLINES
- Samaritans suicide prevention: 877-870-4673 call or text 24/7
- DCF: 617-748-2000
- Domestic Violence: 877-785-2020
- Child Advocacy Center of Suffolk County: 617-779-2146

FAMILY RESOURCES
- Helping Children Cope with Emergencies (CDC)
- Taking Care of Your Behavioral Health (SAMHSA)
- Apps to Help with Mental Health (Common Sense Media)

COMMUNITY RESOURCES
For more resources, please go to the City of Boston Resources page, which is frequently updated

FOOD
- 311 (Boston) | 211 (State)
- DTA: 877-382-2363

HEALTHCARE
- Mayor’s Healthline 617-535-5050

UNEMPLOYMENT
- MA Department of Unemployment Assistance (877) 626-6800
  - Rental Relief Fund
  - For more support call 311 (Boston)
  - 211 (Statewide)

HOUSING
- Office of Housing Stability 617-635-4200
  - For further housing support, please contact the BPS Opportunity Youth Department: 617-635-8037

IMMIGRATION
- Office of Immigrant Advancement 617-635-2980
  - City of Boston Resource Guide for Immigrants

BPS OFFICE OF SOCIAL WORK
Department of Student & Community Impact
Division of Student Supports