SHAKER HEIGHTS HIGH SCHOOL

WINTER BASEBALL CAMP / JANUARY 2018

CAMP OVERVIEW

Join the Shaker Heights High School baseball program for its annual 'Winter Baseball Camp' which aims to prepare hitters and pitchers of all ages and ability levels to compete at a high level. Individualized and group instruction will emphasize hitting and pitching fundamentals, development of mental and physical skills, and focus on baseball-specific and age-appropriate core, speed, and agility drills for all ages and ability levels.

Instruction will take place in individual and small/large group settings to provide each camper with the instruction, evaluation, and encouragement needed to develop individual skills to a greater level. This two-day camp is an incredible chance for young baseball players, regardless of skill level/experience, to improve their skills and get a jump start on the spring season.

DATES: January 4 and January 5, 2018

TIMES: 9:00a – 12:00p - <u>each day for all grades</u>

LOCATION: Shaker Heights High School / meet in South Gymnasium

FOCUS: Hitting and Pitching

AGES: Boys and girls <u>currently</u> in grades 1-8

COST: \$65 per camper

CAMP STAFF: Current and former SHHS coaching staff and players.

EQUIPMENT: Campers are responsible for proper clothing and equipment for activities that will require

physical activity and range of motion. Campers with their own bats and gloves should bring

them for both days of camp.

REFUNDS: Refunds of any kind (partial or full) will be handled on an individual basis. All decisions

regarding refunds are at the discretion of the SHHS coaching staff.

EXTRAS: Each camper will receive the following:

★ Daily snack and drink★ Shaker baseball souvenir★ Certificate of participation

REGISTRATION: Complete and sign the waiver on the next page and return with payment to the address

listed on the registration form. For more information or to register your son or daughter,

contact Mike Babinec at babinec m@shaker.org or at (216) 295-4284.

DEADLINE: Registrations are requested by <u>Friday</u>, <u>December 29</u>, <u>2017</u>. Late and/or walk-up registrations

will be accepted after the deadline or on the first day of camp \underline{if} space remains. Due to space

limitations, early registration is encouraged.

PAYMENT: Cash or check payable to SHAKER HEIGHTS HIGH SCHOOL

Please write 'Winter Baseball Camp' on the memo line. Payment and a completed and signed

registration form and waiver may be mailed to the following address:

SHAKER HEIGHTS HIGH SCHOOL

c/o Winter Baseball Camp 15911 Aldersyde Drive Shaker Heights, OH 44120

SHAKER HEIGHTS HIGH SCHOOL

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REGISTRATION FORM / COMPLETE ALL SECTIONS

Date

CAMPER NAME	L							
CURRENT GRADE IN SCHOOL (CIRCLE)	1	2	3	4	5	6	7	8
HOME ADDRESS								
HOME PHONE								
PARENT/GUARDIAN NAMES								
PARENT/GUARDIAN CELL PHONE ★ LIST MULTIPLE NUMBERS IF AVAILABLE								
EMAIL ADDRESS								
EMERGENCY CONTACT / NAME & PHONE								
EMERGENCY CONTACT / NAME & PHONE								
PEDIATRICIAN / NAME & PHONE								
PREFERRED HOSPITAL CHOICE								
CAMPER MEDICAL CONCERNS * RELEVANT INFO TO ASSIST STAFF * FOOD & MEDICAL ALLERGIES * MEDICATIONS								
WAIVER FORM / READ, PRINT & SIGN The undersigned, as parent or guardic participate in the Shaker Heights High offered by the SHHS Baseball Program; rules of conduct and use of equipments for the benefit of my child. In considerate do hereby voluntarily assume all risk of my child's participation in the SHHS Raider release and discharge the SHHS Raider Baseball Camp and Program in case of account of the state of the second sec	School (SH and by exect set forth by to ion of the SH accident, injuder Baseball Baseball W	tution of the coach HHS Raid jury, dan l Winter Tinter Ca	der Bas this re hing sta der Base nage, ar Baseba mps an	seball V lease I a aff, and eball Pro ad/or lo all Cam d all pe	Vinter E agree th any use ogram's ss of pro p / Janu ersonne	Baseball at my control of equivers efforts operty vary 201	l Camp hild mu ipment on my which n 8, herel	/ January 20 ast abide by the or facilities and child's behalf may arise out on by intending t
Parent/Guardian Name (print)			Pare	ent/Gua	rdian S	ignatur	e	