City of Salisbury

North Carolina

Office of the Mayor

PROCLAMATION

WHEREAS, mental health is an essential factor to the overall health and well-being of our bodies; and

WHEREAS, a majority of Americans have been touched by a mental health illness at some point in their lives, and approximately one in five Americans will experience mental illness either directly or through someone they care about; and

WHEREAS, 1 in 20 adults live with a mental illness, and it is estimated that one-half of chronic mental illness transpires by the age of 14 and three-quarters by age 24 regardless of geography, politics, or economics; and

WHEREAS, it is important to maintain our mental wellness and identify key symptoms in order to successfully manage and treat mental illness; and

WHEREAS, investments made in the prevention, early identification, and recovery can provide substantial positive social outcomes that affect every aspect of our communities; and

WHEREAS, public education and civic activities can encourage mental well-being and help improve the lives of individuals and families affected by mental illness.

NOW, THEREFORE, I, Karen K. Alexander, Mayor of the City of Salisbury, North Carolina, on behalf of Salisbury City Council, DO HEREBY PROCLAIM May 2023 as

MENTAL HEALTH AWARENESS MONTH

in Salisbury, and to increase public understanding of the importance of mental health and fight stigma, provide support and be advocates for equal care and opportunities.

This the 23rd day of May 2023.

Karen K. Alexander, Mayor