Our Approach

WHAT IS PSYCHOTHERAPY AND IT'S BENEFITS?

Psychotherapy involves communication between patients and therapists that is intended to help individuals find relief from emotional distress, seek solutions to problems in their lives, and modify ways of thinking and acting that may prevent them from productivity.

OUR APPROACH TO COUNSELING

We take a client-centered approach and person-first approach. At Partners In Learning we strive to do what is best for the client and find the best fit for them. We also take an integrated therapy approach, which uses a mix of different therapies to find what works best for each client.





OUR MISSION:

"Partnering with families and communities to promote the development of all children through early care, education, intervention, and family support services."

2386 Robin Rd. Salisbury, NC 28144
Phone 704-638-9020 Fax 704-638-0918

Partners In Learning @ Novant
519 Best St. Salisbury, NC 28144
Phone 704-216-1502 Fax 704-216-1498

www.epartnersinlearning.org



Mental Health Services

Who We Are

We are a 501(c)3 non-profit organization that provides center, community, and home-based services for children and families across 16 counties. We are unique in that, we go to children and families where they live, work, or play or they can choose to come to our state-of-the-art facility to receive their individualized services. Partners In Learning continues to advocate for inclusion and early intervention by raising awareness and continually adding services, resources, and support for families.



"Johnny has always had a strong personality. he takes after me and tends to have a pessimistic point of view. Since starting Kindergarten this year, I knew he needed help to gain the skills for staying positive and excited about school. He enjoys going to weekly visits with Abby and seems to get excited about all the creative ways that she gets him to express his feelings! He's already come a long way in just a few weeks of sessions with Abby."



Our Services

- **INDIVIDUAL PSYCHOTHERAPY**
- **VIRTUAL GROUP THERAPY**
  - **Teacher Support Groups**
  - **Parenting Support Groups**
  - **In-Person Group Therapy and Social Skills**
  - **Training: School-Ager Support Group**
- **ASSESSMENTS**
- **Area of Expertise is: Children (3-10 years) & Adults*, Anxiety, Depression, Grief Diagnosing and Assessments**

**As requested.*

Payment Options,

- **PRIVATE PAY**
- **INSURANCE**
- **LIMITED SCHOLARSHIPS**
- **EMPLOYEE DISCOUNTS**

Referral Form