

Mental Health Awareness Month

Mental Health & Co-Occurring Intellectual and Developmental Disabilities (IDD): A Guide for Families to Access Services

Many children, teens, and adults with intellectual or developmental disabilities (IDD) also experience mental health conditions such as anxiety, depression, ADHD, trauma, or mood disorders. These co-occurring needs are common, real, and treatable, but they may look different in individuals with IDD. This presentation is designed to raise awareness and help families better understand what co-occurring mental health needs can look like. We'll discuss common co-occurring conditions, available resources, where families can begin seeking support, and how to better understand crisis services

Session 1 – English Presentation

Thursday, May 7, 2026,

10:00 – 11:30 am

Mental Health & Co-Occurring Intellectual and Developmental Disabilities (IDD)

Zoom Link: [MentalHealthAwareness1](#)

Webinar ID: 854 4129 6590

Sesión 2 – Presentación en Español

Jueves, 14 de Mayo, 2026

10:00 – 11:30 am

Salud Mental y Discapacidades Intelectuales y del Desarrollo Concurrentes (IDD).

Zoom Link: [MentalHealthAwareness2](#)

Webinar ID: 827 4017 5216

Panel #1 – English Only

Thursday, May 21, 2026

10:00 – 11:30 am

Panel Discussion on Behavioral Health and IDD

Zoom Link: [MentalHealthAwareness3](#)

Webinar ID: 881 8159 9369

Panel #2 – Solo en Español

Jueves, 28 de Mayo, 2026

10:00 – 11:30 am

Panel de discusión sobre salud conductual y discapacidades intelectuales y del desarrollo

Zoom Link: [MentalHealthAwareness4](#)

Webinar ID: 897 5526 6910

More Information: orangecounty@scdd.ca.gov

