

# St. Andrew's Episcopal Church

Sunday 14	Monday 15	Tuesday 16	Wednesday 17	Thursday 18	Friday 19	Saturday 20
Draw a human figure in the sand. What does it mean to you that Jesus has felt everything that you have?	Read about and make Lenten Pretzels: <a href="https://buildfaith.org/making-pretzels-a-traditional-activity-for-lent/">https://buildfaith.org/making-pretzels-a-traditional-activity-for-lent/</a>	Take a moment to get outside and appreciate God's creation.	Call or text someone who needs encouragement today.	Go for a walk and pick up trash along the way. Think about ways to take care of God's creation.	Donate something from their wish list to Alabaster Jar Project**	Pray for the women and volunteers in the Alabaster Jar** project.
21	22	23	24	25	26	27
Begin to color your Alleluia butterfly, and think about how God transforms your life.	Put your phone or other electronics down for 10 minutes and just be.	Review the final 8 saints in Lent madness.	Think of 10 things you are thankful for today and write them down or share them with a family member.	Clean up a mess that someone else made.	Purchase something to the Alabaster Jar** Etsy site.	Write the Lord's prayer on a blank piece of paper and then decorate it.
28	29	30	31 April 1		2	3
Palm Sunday Make a palm cross or twig cross and hold it in your hands while thinking about Jesus's last week.	Create a piece of art or do a creative project that glorifies the Lord.	Check in with or pray for your Lenten partner.	Read about and make hot cross buns: <a href="https://buildfaith.org/hot-cross-buns/">https://buildfaith.org/hot-cross-buns/</a>	Prepare a simple meal to share with family or friends (in person or virtually).	Pray the Stations of the Cross.	Read the baptismal covenant on page 304 of the BCP. If you are baptized, renew your covenant by saying it aloud.
4						

Happy Easter Alleluia the Lord is Risen! Bring your Alleluia Butterfly to Worship this morning.

*\*CERRC is a substance use recovery program. To donate see enclosed flyer. \*\*Alabaster Jar is a program that supports survivors of human trafficking. You can access their amazon wish list at: <https://amzn.to/36E0Dsk>. Items on their ETSY site are made by women in the program and help support the program while the women gain job skills and experience. <https://www.etsy.com/shop/AlabasterJarProject> Contact: [jjyoti@osten.net](mailto:jjyoti@osten.net)*



