Community Education and Stigma Reduction

- **Community Connect**
  Serving: Riverside County
  Contact: 951-686-HELP (4357)
  24/7 Crisis and suicide prevention hotline

- **Visión y Compromiso**
  Serving: Western and Desert Region
  Contact: Marisela Blancas
  Marisela@visionycompromiso.org

- **Special Services for Groups**
  Serving: Western and Mid-County Regions
  Contact: Estee Song esteesong@apctc.org

- **African American Health Coalition**
  Contact: Linda Hart Hartl.aamhc@gmail.com

- **Riverside San Bernardino County Indian Health Inc.**
  Serving: All Regions of Riverside County
  Contact: Vernon Motschman vmotschman@rsbcihi.org

- **RI International**
  Serving: All Regions of Riverside County
  Contact: Ron Hoffman ron.hoffman@riinternational.com
  951-217-5517

Parent and Family Education and Support Programs

- **Strengthening Families Program (SFP)**
  Serving: Western and Mid-County Regions
  Contact: 951-683-6596
  Cesia Alvarenga CesiaAlvarenga@mfirecovery.com
  Maria Alcaraz MariaAlcaraz@mfirecovery.com

- **Riverside Latino Commission**
  Serving: Desert Region
  Contact: Alan Mora-Lopez amora@latinocommission.com
  760-398-9000

- **Triple P (Positive Parenting Program)**
  The Carolyn E. Wylie Center
  Serving: All Regions of Riverside County
  Contact: Lucinda Chagolla ichagolla@wyliecenter.org
  951-683-5193

Transition Age Youth (TAY) Programs

- **Operation SafeHouse**
  Serving: Western and Desert Regions
  Contact: Nicole Watson nwatson@operationsafehouse.org
  760-285-1740

- **Victor Community Support Services**
  Serving: Mid-County Region
  Contact: Shaterra Mahone Shaterra.mahone@victor.org
  951-436-5312

Older Adult Programs

- **Cognitive-Behavioral Therapy (CBT) for Late-Life Depression**

- **The Scott Hines Mental Health Clinic at The Center**
  Serving: Desert Region
  Contact: 760-416-7899

Older Adult Programs continued
Program to Encourage Active Rewarding Lives for Seniors (PEARLS)
Inland Caregiver Resource Center
Serving: All Regions of Riverside County  Contact: 800-675-6694

Care Pathways – Caregiver Support Groups
Riverside County Office on Aging
Serving: All Regions of Riverside County  Contact: 800-510-2020

Specialized Ethnic Community Programs

Mamás y Bebés (Mothers & Babies)
Riverside Community Health Foundation
Serving: Mid-County Region  Contact: Terri Akens Terri@rchf.org
                                951-788-3471 ext. 137

Reach Out
Serving: Western Region  Contact: Gloria Lopez Gloria@we-reachout.org
                                909-982-8641

Keeping Intergenerational Ties in Ethnic Families (KITE)
Special Services for Groups
Serving: Western and Mid-County Regions  Contact: Karen Lim kchnglim@apctc.org

Riverside University Health Systems – Behavioral Health
Crisis Supports & Services

Mental Health Urgent Care

MHUC Riverside:
9980 County Farm Rd, Bldg. 2, Riverside 92503  Phone: 951-509-2499
MHUC Perris:
85 Ramona Expressway, Ste. 1-3, Perris 92571  Phone: 951-349-4195
MHUC Palm Springs:
2500 N. Palm Canyon Dr., Ste. A4, Palm Springs 92571  Phone: 442-268-7000

Behavioral Health Access Lines

CARES line for Medi-Cal beneficiaries seeking Mental Health Services  Phone: 800-706-7500
Substance Use CARES Line Call  Phone: 800-499-3008

Online and Telephone Supports

Take My Hand
24/7 Peer support chat

Essential Staff Support line
Individual coaching, counseling and listening 24/7 for:
Health care workers, first responders and any essential staff  Phone: 951-955-7015