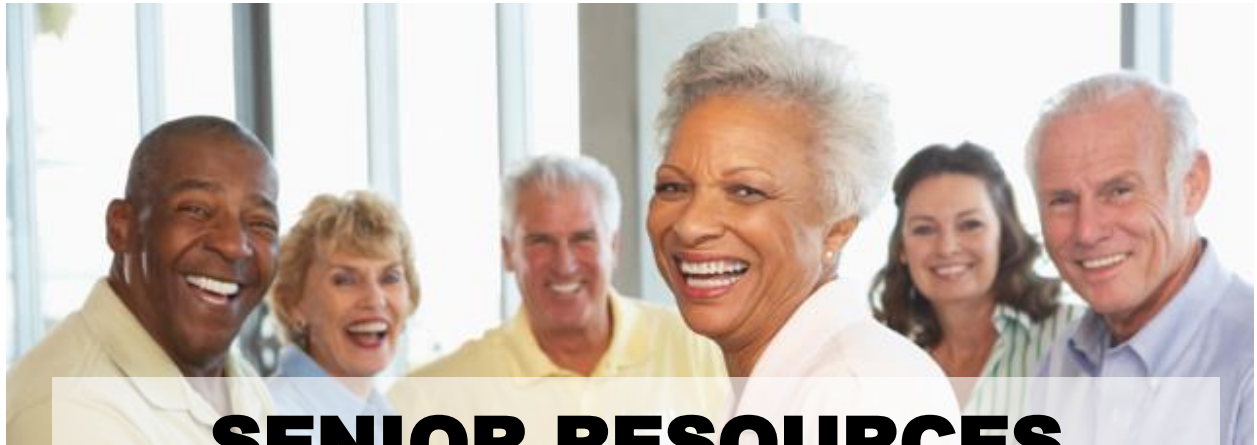




SENIOR RESOURCES

**Click on any of the following links to access the flyers
for each resource**

[Seniors Online Education Community Connection 2021 Webinars](#)

[January Caregiver Educational Workshop](#)

[Having difficulty hearing or seeing on your smartphone? Attend Free online training and make your smartphone work better for you! Call 1-866-271-1540](#)

[Dementia Online Support Group held every 3rd Saturday Click for more information](#)

[Inland Caregiver Resource Center-Bilingual](#)

[No Cost Programs for Older Adults-Bilingual](#)

[Riverside County Volunteer Action for Aging \(VAA\) Friendly Caller Program-Bilingual](#)

[Understanding-Alzheimer's and Dementia](#)

[Independence at Home-BH Services for Seniors and Caregivers](#)

[Alzheimer Association Support Services-English, Spanish, and Mandarin](#)

[COVID-19 San Bernardino County Office of Aging and Adult Services Elderly Nutrition Program Public Notice](#)

[COVID-19 San Bernardino County Office of Aging and Adult Services Senior Support Services Public Notice](#)

[COVID-19 San Bernardino County Office of Aging and Adult Services Disease Prevention and Health Promotion Public Notice](#)

[COVID-19 San Bernardino County Office of Aging and Adult Services Family Caregiver Support Program](#)

[Legal Assistance for Older Americans & COVID-19](#)

[Department of Older Adults-Independent Living Skills](#)

[Department of Older Adults Spanish](#)

[Community Health Promotion](#)

[Stay Healthy and Independent at Home](#)

[Communication Education Single Lecture Topics](#)

[VAA Telephonic and Video Conferencing Groups](#)

[Care Pathways Jan 2021 Class Schedule](#)