



**Click on any of the following links to access the flyers
for each resource.**

[Adult Mental Health First Aid](#)

[Alcohol and Drug Treatment Available during COVID-19](#)

[American Cancer Society-Breast Cancer Screening](#)

[American Cancer Society-Cervical Cancer Screening](#)

[American Cancer Society-Colorectal Cancer Screening](#)

[American Cancer Society-Lung Cancer Screening](#)

[American Cancer Society-HPV Vaccination](#)

[Black Infant Health Program- We're Virtual](#)

[CAHELP-Outreach Resources at your fingertip](#)

[C.H.C. Family Dental Services-Riverside County-Bilingual](#)

[C.A.L. Select Dental of Riverside Now Booking Appointments!](#)

[Cal Fresh Benefits-Click for Assistance](#)

[CAPtain Customer Intake Form](#)

[CAPtain Customer Intake Form Spanish](#)

[Community Health Worker-Indian Health Inc. San Bernardino and Riverside
County](#)

[Corona Community Health Center Same Day Clinic-Now Open!](#)

[County of Riverside-Community Action Cares Free Services](#)

[Covered California Fact Sheet-Bilingual](#)

[***Do you have uncontrolled Asthma? Breathe I.E. Can Help! Click to learn more***](#)

[Easter Seals Now Enrolling Ages 0-5 and Pregnant Moms](#)

[***Education Awareness Support Empowerment \(EASE T1D\) Know the Top 4 Symptoms- Click to learn more***](#)

[EHS-HS Center and Home Base I.E. Combo](#)

[Every Woman Counts-When should you be screened for Breast and Cervical Cancer? Click for more Details](#)

[Family and Collaborative Services-Bilingual](#)

[FREE Parenting Support Group for Riverside Residents for Children 0-5-Certificate of Completion Provided, 8-week Support Group](#)

[Get W.I.C. Services by Phone](#)

[HeRCARE High Risk Care Access and Resource Program](#)

[***Know your Labor Rights Event! Click to learn more about your rights***](#)

[Knowing the Symptoms for Diabetes-T1D](#)

[***Looking for Assistance Paying for Child Care Services? Click to register***](#)

[Medical Insurance Assistance True Care-Click for more details](#)

[Medi-Cal Has Dental Covered-English](#)

[Medi-Cal Has Dental Covered-Spanish](#)

[Mentorship Program for Kids-Bilingual](#)

[NP-Happy Parents=Happy Children Enrichment Classes](#)

[Nurse-Family Partnership is here to support Pregnant Moms! Bilingual](#)

[Nurturing Parenting Programs](#)

[Operation House Offers Stress and Your Mood \(S.A.Y.M.\) Treatment-Click for more Details](#)

[Parenting with L.O.V.E. Program](#)

[Peer Navigation Help Line](#)

[Programs for Pregnant Moms-English](#)

[Programs for Pregnant Moms-Spanish](#)

[Project K.I.N.D. Kids in Need of Doctors](#)

[Question Persuade Refer Gatekeeper Training](#)

[Reach Out-Mom's Wellness Group-FREE Diapers!](#)

[Riverside County and National Mental Health Resources](#)

[San Bernardino Child Passenger Safety Class \(Car Seat Program\) Click for more details](#)

[San Bernardino County Public Health-Updates](#)

[Sobering Center Riverside-Click to learn more](#)

[Social Services Assistance for the Community at no cost](#)

[Sound the Alarm-Save a Life-American Red Cross Click for more details-Bilingual](#)

[Special Health Care Enrollment-Bilingual Click to learn more](#)

[Stress and Your Mood-Free Mental Health Resource for Managing Depression Ages 16-25 Click to register for a 12-week program](#)

[TASK-Helping Families Navigate](#)

[**TAYBA Foundation-Freedom Through Education- Offering Education, Life skills, Reentry Services for Formerly Incarcerated Men and Women- Click to learn about Services and Resources**](#)

[Together. One Community What is a Community Health Worker?](#)

[UCR School of Medicine Grow Well-Study on Healthy Feeding and Infant Growth-Click for more details](#)

[Warning Signs of Type 1 Diabetes-Bilingual](#)

[WIC is for Dads too-Bilingual](#)

[Youth Mental Health First Aid](#)

[1st Responder Suicide Prevention Program Assessment Checklist](#)

[1st Responder Suicide Prevention Risk Screening Tool](#)