Inland Caregiver Resource Center

Our Mission: Helping families and the community cope with and manage the challenges of caregiving.

Virtual Services
(via phone and internet)

ICRC is now offering Virtual Services to family caregivers. The journey of a caregiver is not an easy one. We are here to care for you. Give us a call today at (800) 675-6694.

Who we Service:

- Family Caregivers: Informal caregivers caring for a loved one who is 18 years and older with an organic brain impairment or caring for a senior over the age of 60.
- Seniors 60 years and older
- Riverside, San Bernardino, Inyo, and Mono County residents

Our Virtual Services:

- Information and Referral: Appropriate referrals and information as needed.
- Family Consultation: Virtual or phone assessment to evaluate caregiver needs.
- Short-term Counseling: 6-10 sessions via virtual setting.
- Support Groups: Family Caregiver support groups via virtual or phone meetings.
- Educational Workshops: Virtual classes on various topics.
- PEARLS: Program to encourage active and rewarding lives for seniors in Riverside County through virtual sessions.
- * Respite Care: Break from caregiving if caregiver is overwhelmed, depressed, etc. is still available in the home.

Contact us:

www.inlandcaregivers.org
(800)675-6694
(909)514-1404

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