

# DIY Flower and Leaf Press

## YOU WILL NEED

Cardboard  
Heavy book(s)  
Parchment paper or newspaper  
Paper towel  
Rubber bands or binder clips  
An assortment of flowers and leaves

## STEPS

1. In a spot where you have permission to pick flowers, carefully pick a section from the plant. Remember to only take what you need so the plant can stay healthy and keep growing.
2. Lay out two pieces of cardboard.
3. On top of each cardboard piece, lay a piece of paper towel and a piece of parchment paper.
4. Arrange your flowers onto the parchment paper however you would like and sandwich the two cardboard pieces together.
5. Secure the cardboard with rubber bands or the binder clips.
6. Find a warm dry place to store your flower press and place a heavy book on top.
7. Check on your pressed plants daily until they are dried and you can use them to learn about the different parts of a plant, make cards, or collect them in your own book and see how many different flowers and plants you can find. Your puzzle picture can be anything you want it to be.

