

Grow A Sock Garden

YOU WILL NEED

Pair of old socks
Magnifying lens
Crayons, markers, pencil
Journal
Seed growing container (*recycled plastic, glass jar or flower pot*)
Soil

STEPS

1. Most yards are full of seeds even if they can't be seen. Send your child on a outdoor adventure in an old pair of socks. Make sure she/he walks, runs and dances in the yard to get the socks really dirty – the dirtier the better.
2. When your child returns indoors, have them carefully remove the socks and use the magnifying lens to look at what seeds the socks have collected.
3. Try to guess the types of seeds and predict what plants will grow. Write down the answers in the journal.
4. Place the socks in a seed growing container, cover with soil and water lightly.
5. Over the next few days you and your child can observe, write and draw, what is growing in the journal. Label each drawing with words that best describe the daily growth changes.

