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**NAMI in the Lobby Training**

**June 17th, 2017**

The **NAMI in the Lobby** program provides specially trained volunteers to be available during visiting hours in the lobbies of Psychiatric Units of hospitals, emergency rooms and crisis centers throughout Los Angeles County. This way we can make sure that families of loved ones with an acute mental illness receive NAMI support and resources at the time they need it the most.

**When:** Saturday, June 17th , 2017

**Time:** 11:00am – 3:00pm

**Where:** NAMI LACC Office

**Address:** 3250 Wilshire Blvd. Suite 1501

**Provided:** Free parking

 Snacks

 Lunch will be provided

 Training Materials

**REQUIREMENTS to become a NAMI in the Lobby volunteer:**

* Completion of the Family to Family class
* Ability to visit an approved site twice per month
* Have personal experience helping a family member recover from mental illness
* Willingness to participate in training
* Familiarity with NAMI programs is helpful, but not required
* Need to fill out NAMI in the Lobby application

**You will receive invaluable life skills training:**

* How to communicate with people in trauma
* Learn verbal de-escalation techniques
* Learn how to handle your loved ones and others with mental illness during challenging times.

 ***PLEASE NOTE: Class size is extremely limited and availability on first come, first served basis after application has been reviewed.***

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