

## **Food Drive for Boston Food Bank organized by UEA Project Gratitude**

### **Most Desired Food Items (no glass please)**

#### **Dairy**

Milk - dried, evaporated, and boxed (such as Parmalat)

#### **Protein**

Beef stew, beans, and peas (dried or canned), chili, tuna fish, chicken, salmon (canned)

#### **Vegetables**

Tomato sauce, diced tomatoes, spaghetti sauce, vegetables (canned), tomato juice

#### **Fruit**

Raisins and other dried fruit, applesauce, any canned fruit in its own juice

#### **Grain**

Crackers, oatmeal, whole grain rice, all types of pasta, ready to eat low sugar/high fiber cereal (Cheerios, Raisin Bran, etc.)