

# Helping Our Children **Make Gains** During a Challenging Time

Let's Bolster Their Personal Agency

A Discussion With Psychologist

**DR. ANTHONY RAO**



**Wednesday May 4, 2022**  
**Old South Church, Boston**  
**6:00PM**

**The pandemic – and other unfolding crises – have disrupted our families, our work, and especially the lives of our children. Despite its difficulties, disruptive change offers**

- **opportunities for growth and development. It can be a valuable catalyst when we help children**
- **adapt to - not simply cope with - significant change. Dr. Rao will facilitate a discussion on ways**
- **we can help children grow and stay grounded in the face of disruption and high demands.**

**Learning to move beyond the current challenges, allows us to imagine opportunities for constructing a better life.**

**REGISTER TODAY!**



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